



THE UNIVERSITY OF  
**AUCKLAND**  
Te Whare Wānanga o Tāmaki Makaurau  
NEW ZEALAND

COMBINING  
PARENTING AND  
A CAREER AT  
THE UNIVERSITY  
OF AUCKLAND

## CPC Consultative Group

The Combining Parenting and a Career Consultative Group is a joint initiative and includes members of the Equity Office, TEU, Human Resources, and academic and professional staff representatives.

Their contact details can be found on the CPC website.



[www.equity.auckland.ac.nz/cpc](http://www.equity.auckland.ac.nz/cpc)

The University of Auckland is committed to providing a supportive working environment for our staff. We do this by actively promoting information, policies and guidelines that can help our employees integrate work, life and family responsibilities.

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The Equity Office - Te Ara Tautika, HR and the TEU work collaboratively to ensure Combining Parenting and a Career (CPC) seminars and initiatives meet the interests of our staff combining parenting and a career.

## Combining Parenting and a Career (CPC) Toolkit

The CPC Toolkit provides information on:

- Pregnancy
- Preparing and applying for parental leave
- Returning to work after parental leave
- Resources to help our staff successfully combine parenting and a career

To read or download the CPC Toolkit visit:

[www.equity.auckland.ac.nz/cpc](http://www.equity.auckland.ac.nz/cpc)

## CPC seminars

Our CPC seminars are held throughout the year and are a chance for staff to hear from leading researchers about topics that are relevant to those combining parenting and a career.

Recent seminars include:

- Food allergies and intolerances
- Gifted and talented students in schools
- Living in a stepfamily: the rewards and challenges
- Parenthood, employment and the “child penalty”

Videos and summaries of all the CPC seminars can be viewed on our website.

If you would like to join the CPC mailing list please email: [equity@auckland.ac.nz](mailto:equity@auckland.ac.nz)

## Frequently asked questions

### Who can I talk to about parenting and work?

Members of the CPC Consultative Group are available to discuss questions you may have about combining your work and parenting responsibilities.

### What resources are available for breastfeeding on campus?

The Equity Office has mini-fridges available to loan for storing expressed milk. There are also breastfeeding spaces at the City, Epsom, Grafton, Newmarket and Tāmaki campuses.

### Are men entitled to parental leave?

Partners and fathers (including those in same-sex relationships) may be eligible for Unpaid Parental Leave, University Paid Parental Leave and Government Paid Parental Leave. Parental Leave is the time taken off work to care for a newborn or an adopted child under the age of five.

To read or download the CPC Toolkit, watch our CPC videos, contact a member of the Consultative Group, borrow a fridge, and find out more about how the University supports our staff who are parents, visit our website:

[www.equity.auckland.ac.nz/cpc](http://www.equity.auckland.ac.nz/cpc)

