

GENERAL EDUCATION

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Transdisciplinary Courses

Transdisciplinary course prescriptions can be found in the listings for the lead faculty of each, as stated below. They may be used to satisfy General Education course requirements.

Course Code	Title	Faculty
TDAIS	Artificial Intelligence and Society	Transdisciplinary (Engineering and Design)
TDDEM	Democracy in the 21st Century	Transdisciplinary (Arts and Education)
TDENVF	Our Environmental Futures: Te Taiao Tāngata	Transdisciplinary (Science)
TDFOOD	The Future of Food	Transdisciplinary (Science)
TDMIGR	Migration Futures	Transdisciplinary (Medical and Health Sciences)
TDMOANA	Tagata Moana, Tangata Whenua: Hawaiki Futures	Transdisciplinary (Arts and Education)

General Education

Academic Integrity

ACADINT A01

0 Points

Academic Integrity Course

An online course designed to increase student knowledge of academic integrity, university rules relating to academic conduct, and the identification and consequences of academic misconduct. Students work through a series of modules, outlining scenarios that they may encounter while studying at university. Each scenario provides information on relevant rules, resources and expected behaviour.

Accounting

Stage I

ACCTG 151G

15 Points

Financial Literacy

People who understand the basic principles of finance are likely to get much more mileage out of their money – whether spending, borrowing, saving or investing – than those who do not. Develop an understanding of how to be in control of spending and saving; understand borrowing; make informed investment decisions; know broadly what to insure and what not to; recognise scams and consider whether money is the key to happiness.

Restriction: May not be taken by students with a concurrent or prior enrolment in Accounting or Finance courses

Arts General

Stage I

ARTSGEN 103G

15 Points

Ko Wai Tātou? Who Are We?

Ko wai tātou? Who are we? Who are our people and communities? What do our ideas about who we are mean for relations of in/equality or how we experience belonging individually and collectively? In addressing these questions, this course considers how knowledge of place enhances your learning, the significance of Te Tiriti o Waitangi, and how knowledge systems frame understanding.

Astrosiences

Stage I

ASTRO 100G

15 Points

Planets, Stars and Galaxies

The story of our place in the Universe. Key topics are the exploration of the solar system, searches for planets around other stars, the structure and evolution of stars and galaxies, high-energy astrophysics, and the origin and overall properties of the Universe. No background in physics or mathematics is assumed.

Restriction: PHYSICS 107, 107G

Stage II

ASTRO 200G

15 Points

Astrobiology

Astrobiology examines the potential of the universe to harbour life and is interdisciplinary, combining Geology, Biology, Astronomy, Chemistry, Physics, Philosophy, Ethics. Course focus is on how these disciplines combine with

technology, addressing questions of life in the universe. Key topics include origin and evolution of life, definitions and environmental limits of life, and how to search for life beyond Earth.

Prerequisite: 60 points passed

Biological Sciences

Stage I

BIOSCI 100G

15 Points

Antarctica: The Frozen Continent

A general introduction to Antarctica and its environs including the Southern Ocean and the sub-Antarctic islands. Emphasis will be placed on the evolution of Antarctica and how resident plants, animals and micro-organisms have adapted to cope with the extreme environment. Specific topics to be addressed include: the history of Antarctic exploration and its impact on the development of Antarctic science, Antarctic ecosystems, Antarctica as a wilderness region, and the impact of humans including the exploitation of resources and the effects of pollution. This course is suitable for students with both science and non-science backgrounds.

Chemistry

Stage I

CHEM 100G

15 Points

Molecules that Changed the World

The impact of chemistry on the modern world will be explored by focusing on the stories of specific molecules, including penicillin, DDT and nylon. Their discovery, the underlying chemical principles that explain their behaviour, their impact on our lives including social and scientific issues that arise from their use, and their likely impact on the future will be investigated. No formal prerequisite, but the course assumes a science background at Year 11 or higher.

Chinese

Stage I

CHINESE 100G

15 Points

Beginning Modern Chinese 1

Introduces students to modern Standard Chinese (Mandarin, *Putonghua*) through exercises and activities to develop speaking, listening, reading and writing skills. Also introduces the social and cultural background of the language.

Restriction: May not be taken if a more advanced language acquisition course in this subject has previously been passed

Classical Studies and Ancient History

Stage I

ANCIENT 110G

15 Points

Classical Mythology

A study of ancient mythology – its gods, heroes and monsters – through the works of major writers and artists from Greece and either Rome or Egypt.

Restriction: CLASSICS 110, 110G

Cook Islands Māori

Stage I

COOKIS 101G

15 Points

Introduction to Cook Islands Māori

Gives students an introduction to the structure of Cook Islands Māori as well as allowing them to develop basic skills in listening, speaking, reading and writing. Designed for students with little or no knowledge of the language, and for those with some fluency wishing to understand simple sentence structure and composition.

Restriction: May not be taken if a more advanced language acquisition course in this subject has previously been passed

Dance Studies

Stage I

DANCE 101G

15 Points

Introduction to Dance and Creative Processes

To develop an understanding of our moving bodies through movement awareness, dance improvisation, choreography and creative and analytic writing. Students will undertake both theoretical and practical classes focusing on a range of practices that dancers and movement practitioners use to facilitate kinaesthetic awareness, experimentation, communication and choreography. Students will explore somatic theory and practice, improvisation scores, choreography and dance analysis. DANCE 101G not available for BDanceSt.

Design

Stage I

DESIGN 102G

15 Points

Design for Sustainable Futures

New opportunities are continually emerging in the field of design. This course introduces design as strategy, demonstrating how contemporary design practices have evolved, responded to, and influenced change. By developing a design project that responds to the United Nations Sustainable Development Goals, students will learn how design thinking complements current practice and expands career prospects.

Disability Studies

Stage I

DISABLT 113G

15 Points

Making Disabilities: The Construction of Ideas

Examines the expression of social and cultural ideas of disability in popular culture through film, television and print media. The course aims to develop skills to examine the construction and maintenance of concepts of disability and disabling identities in popular culture. The consequences of these processes are also discussed and their implications for perpetuating social devaluation, discrimination, and disadvantage.

Drama

Stage I

DRAMA 100G

15 Points

Presentation and Performance Skills: Taking the Stage

Focuses on enhancing oral communication and performance skills through interactive workshops with speakers and performers highlighting the transferable skills of acting in three main areas: public speaking, improvising and group-devised performance.

Earth Sciences

Stage I

EARTHSCI 105G

15 Points

Earth's Natural Hazards

New Zealand experiences many natural hazards caused by the Earth's natural processes through earthquakes, volcanic eruptions, weather bombs, storm surge, tsunami, flooding and wildfires. Focuses on spatial and temporal occurrences of disasters, hazard preparedness and recovery, and societal responses that affect and, sometimes, compound the magnitude of disasters. Case studies are drawn from contemporary and ancient societies.

Economics

Stage I

ECON 151G

15 Points

Understanding the Global Economy

Economics affects our daily lives and the global environment in many ways. Through the media we are constantly made aware of price increases, interest rate changes, exchange rate movements and balance of payments problems, growth and recessions, standard of living comparisons, regional trading agreements. What does it all mean and how does it all work?

Restriction: ECON 101, 111, 152, 191

Education

Stage I

EDUC 100G

15 Points

The Creative Process

Theories and practices of creativity will be examined and practically explored through a variety of disciplines, such as the arts, biology, psychology, sociology, philosophy and education. What is creativity? Can creativity be learnt? What happens in the brain when we are creative? These are some of the questions addressed in this course.

EDUC 105G

15 Points

Teaching: Tales and Traditions

Introduction to key ideas on teachers and teaching. Explores teaching traditions, their origins, stories of teaching in New Zealand; stories of teachers that generate change; and how teaching and teachers are understood in a variety of disciplines such as Science, Health, Arts, and Sport. Considers the following: How should we teach? What counts as knowledge? What contradictions do teachers encounter?

EDUC 121G**15 Points****How People Learn**

Focuses on learning in formal and informal settings and addresses such questions as: why do some things seem easier to learn than others, why do we forget things we once knew, and why do some people learn faster or better than others? Examines the nature of intelligence and how to help personal learning or the learning of others.

English**Stage I****ENGLISH 121G****15 Points****Reading/Writing/Text**

Develops University-wide skills of reading, writing and analysis. Addresses the needs of students in both English and other disciplines where both writing and reading have an important role in learning. The course fosters personal writing skills and also introduces writing as a subject of study in itself.

Environmental Physics**Stage I****ENVPHYS 100G****15 Points****Sun, Sand, Surf: Science of Aotearoa**

The atmosphere, oceans and land make up the dynamic environment of Aotearoa New Zealand. A range of phenomena with natural beauty can be described elegantly with simple scientific laws. This course establishes the physical principles underlying nature, empowering students to explain everyday environmental phenomena. These principles provide the foundation to unravel the science of Earth, climate and environmental change, and energy systems.

Exercise Sciences**Stage I****EXERSCI 100G****15 Points****Exercise and Fitness: Myths and Reality**

An introduction to the principles of physical exercise, with a focus on understanding how the body moves and responds to exercise, how performance can be measured, and how fitness can be developed and maintained to optimise health. Particular emphasis will be placed on the debunking of common myths about exercise, and offering evidence-based advice on the benefits of appropriate physical activity.

Restriction: BIOSCI 107, EXERSCI 101, 105, SPORTSCI 100G, 101, 105, MEDSCI 142

Fine Arts**Stage I****FINEARTS 109G****15 Points****Introduction to Photographic Practice**

Introduces the methods, concepts and contemporary contexts of photographic practice alongside the development of a photographic portfolio. Students will use their own camera, (this can include cell phone cameras) to develop a portfolio of photographic work and explore the ways in which contemporary arts and cultural practices

in Aotearoa enable a critical reflection on the production of images.

Stage II**FINEARTS 211G****15 Points****Understanding Contemporary Fashion Design**

Investigates the relationship between fashion design and identity to build understanding of the increasing rapidity of clothing change as both the product of individual choice and the manifestation of a need for community. The emphasis will be on the consumption of fashion and its relationship to the human body with reference to fashion theory in the context of the broader literatures of gender, class and ethnicity.

Prerequisite: 60 points passed

French**Stage I****FRENCH 101G****15 Points****Introductory French Language 1**

Introduces students to spoken and written French. It is delivered through two 90-minute sessions per week on campus, blended with an on-line component that uses up-to-date methodology and extensive multimedia materials. It is open to beginners or near beginners. Students who have achieved 24 recent credits in Level 1 NCEA French or 12-16 recent credits in Level 2 NCEA French (or equivalent previous study) should enrol in FRENCH 102. FRENCH 101 does not count towards a major in French. May not be taken if a more advanced language acquisition course in this subject has previously been passed.

Gender Studies**Stage I****GENDER 101G****15 Points****Gender: Global and Local**

Develops an understanding of key concepts that underlie gender analysis, and how they are expressed in politics, culture and society. Examines the meaning of gender across a range of subjects and issues on the global stage and in our everyday lives.

Restriction: GENDER 100

Geography**Stage I****GEOG 104G****15 Points****Cities and Urbanism**

What makes a great city? This course explores 'urbanism' in both historical and contemporary cities to determine the essence of urbanity and the way that citizens (and visitors) experience city life. The dynamics and character of cities are considered in terms of their built environment, environmental systems, population, social diversity, and planning policies and practices.

German

Stage I**GERMAN 101G****15 Points****German Language Introductory 1**

Written and oral use of German for students with no previous knowledge of the language or with fewer than 16 credits in NCEA Level 2 German.

Restriction: May not be taken if a more advanced language acquisition course in this subject has previously been passed

Global Studies

Stage I**GLOBAL 101G****15 Points****Global Issues, Sustainable Futures**

The basis for sustainability – social issues such as population and consumption, environmental issues such as climate change, limited resources and environmental degradation. Discusses the roles that various disciplines (law, business, engineering and urban planning) will play in developing solutions, including consideration of human rights and good governance, new concepts in economics and business management which will lead to sustainable businesses, developments in science and technology which will change how we manage resources and new visions for cities and communities which will support sustainable ways of life.

Restriction: GENED 101G

History

Stage I**HISTORY 103G****15 Points****Global History**

It is only since the fifteenth century that a truly global dimension to history can be identified. This course examines key determinants that have bound the fate of peoples together including the emergence of world trade networks, the growth of world religions, the spread of epidemic diseases, the formation of empires, and the migration of peoples across continents.

Innovation

Stage I**INNOVATE 100G****15 Points****Innovation through Design**

Introduces design thinking and develops a user-centred approach to innovation, emphasising the importance of a deep understanding of user needs throughout an iterative ideation and prototyping process. Utilising the maker space at the Unleash Space and a range of digital tools, students will develop practical making and early stage prototyping skills.

International Business

Stage I**INTBUS 151G****15 Points****Business across Borders**

Business on a global scale presents unique challenges and

unrivalled opportunities to companies equipped to cross national boundaries. Set against a background of current events, the course explores the influence of international trade and multinational corporations on the contemporary global economy.

Restriction: BUSINESS 101, 111, INTBUS 201, 202

Italian

Stage I**ITALIAN 100G****15 Points****Introductory Italian Language**

Learn basic Italian language structures and communication skills, including common words and basic phrases concerning everyday life. Acquire skills of interacting verbally by asking and answering straightforward questions on familiar topics. The course is delivered through a combination of class instruction and interactive online activities. For students with no previous knowledge of Italian.

Restriction: ITALIAN 106. May not be taken if an equivalent or more advanced language acquisition course in this subject has previously been passed.

ITALIAN 106G**15 Points****Italian Language for Beginners 1**

Students learn to speak, read and write Italian, studying aspects of contemporary Italian society and thought. This course does not count towards a major in Italian. For students with no previous knowledge of Italian.

Restriction: May not be taken if a more advanced language acquisition course in this subject has previously been passed

Japanese

Stage I**JAPANESE 130G****15 Points****Japanese Language 1A**

An integrated basic course in modern Japanese covering reading, writing, speaking and listening.

Restriction: May not be taken if a more advanced language acquisition course in this subject has previously been passed

Korean

Stage I**KOREAN 110G****15 Points****Korean for Beginners 1**

Basic written and spoken skills in modern Korean. Through the practice of listening to and reading basic Korean sentences, fundamental grammar and vocabulary are taught so that students will be able to carry out basic conversation and comprehend simple Korean texts.

Restriction: KOREAN 100, 250. May not be taken if a more advanced language acquisition course in this subject has previously been passed

Latin

Stage I**LATIN 100G****15 Points****Introduction to Latin Language 1**

An introduction to the vocabulary and the grammar of simple sentences in Latin.

Law

Stage I**LAW 121G****15 Points****Law and Society**

An introduction to theories of the nature, functions and origins of law and legal systems, including sources of law; comparative concepts of law; an overview of constitutional and legal arrangements in New Zealand, including the role of the courts; the operation of the legal system in historical and contemporary New Zealand with a focus on concepts of property rights, the Treaty of Waitangi, Treaty Settlements and proposals for constitutional change. Note: Does not meet the General Education requirement for LLB, LLB(Hons), LLB conjoint or LLB(Hons) conjoint degrees.

Restriction: LAW 101

Linguistics

Stage I**LINGUIST 101G****15 Points****Language, Mind and Society**

A survey of three areas: the interaction between language structure and use on the one hand, and social structure and social norms on the other (sociolinguistics); the relationship between linguistic and cultural knowledge (anthropological linguistics); and the inter-relationship of language and other cognitive structures, especially as it is revealed through language acquisition (psycholinguistics).

Marine Science

Stage I**MARINE 100G****15 Points****The Oceans Around Us**

A multidisciplinary approach to understanding the importance of our oceans in terms of natural processes and human uses and values. It includes an understanding of the physical and biological processes in the ocean and how they are addressed through ocean management in New Zealand and internationally, allowing informed debate about the future of the ocean realm.

Marketing

Stage I**MKTG 151G****15 Points****Essential Marketing**

Introduces fundamental marketing ideas and skillsets. Explores the world of customer value creation and marketing communications through the eyes of marketing and creative experts. Covers current topics in marketing including digital and social media, social entrepreneurship, big data analytics, green marketing and sustainability.

Medical Science

Stage I**MEDSCI 100G****15 Points****Human Mind and Body Relationships**

Humans share with other living things the features of physical self-generation and adaptation to the environment.

Humans also live in a mental (mind) world and maintain relationships with our perceived environments. Minds and bodies mutually affect one another. This mind/body dance, which is explored in this course, is what gives rise to all of human behaviour from simple daily activities to the highest forms of creativity.

MEDSCI 101G**15 Points****Environmental Threats to Human Health**

Our environment sustains our lives but at times threatens our health. These threats may occur naturally, or arise from damage we have inflicted on the environment. This course considers health impacts of climate change, pollution, lifestyle choices, poverty and affluence, workplace hazards, emerging infectious diseases, and dangers affecting cancer risk.

Music

Stage I**MUS 144G****15 Points****Turning-points in Western Music**

A study of significant people, major discoveries and inventions, and key factors (artistic, intellectual, social, technical) that were important agents of change in Western music. No previous knowledge of music is assumed.

MUS 149G**15 Points****Rock to Reggae: Tracking Popular Music in New Zealand**

An introduction to New Zealand's home-grown popular music, from the 1950s to the present day. A broad range of musical styles will be considered and situated within various social contexts. The issue of cultural identity in music – at national and local levels – will also be explored.

Māori Studies

Stage I**MĀORI 101G****15 Points****Introduction to Written Māori**

An introduction to listening, reading, writing and translation techniques used in the composition, reading and understanding of basic Māori. Designed for students with little or no knowledge of the language, and for those with some fluency wishing to understand simple sentence structure and composition.

Restriction: May not be taken if a more advanced language acquisition course in this subject has previously been passed

MĀORI 103G**15 Points****Introduction to Spoken Māori**

An introduction to spoken Māori for those with no previous knowledge of the language. Concentrates on the acquisition of aural and oral skills, developing the ability to understand and speak Māori.

Restriction: MĀORI 106. May not be taken if a more advanced language acquisition course in this subject has previously been passed

MĀORI 130G**15 Points****Te Ao Māori: The Māori World**

An introduction to Māori analyses of topics that are often discussed and sometimes controversial, and that continue to shape contemporary life in New Zealand. Topics include aspects of world view, philosophy and social organisation; the Declaration of Independence, the Treaty of Waitangi and European immigration; and contemporary issues

including Treaty claims, ownership of the foreshore and seabed and constitutional issues.

Pacific Studies

Stage I

PACIFIC 100G

15 Points

Te Moana-nui-a-Kiwa/Pacific Worlds

Introduces students to Pacific Studies and the worlds of Te Moana-nui-ā-Kiwa (The Pacific). Through the study of taonga or cultural treasures drawn from specific cultures and societies, insights into Indigenous Pacific knowledges and practices are developed. Spanning deep history and the contemporary moment, this course provides a critical understanding of change in the Pacific over time and space.

Pharmacy

Stage I

PHARMACY 111G

15 Points

Drugs and Society

The use of drugs in society including historical perspectives. Selected examples of the use of medicines in disease, recreational drug use and drug misuse, and cultural and ethnic influences on drug use. Differences between conventional and complementary medicines. The role of the pharmaceutical industry in drug discovery, manufacture and promotion. Legal and ethical issues pertaining to access to pharmaceuticals.

Philosophy

Stage I

PHIL 105G

15 Points

Critical Thinking

An introduction to reasoning, argument, and explanation that emphasises the development of practical skills and their use in everyday life. The course introduces different forms of reasoning and explains techniques to evaluate them. It will enable students to distinguish good arguments and explanations from bad ones, to explain the difference, and thereby to improve critical thinking abilities.

Physics

Stage I

PHYSICS 100G

15 Points

Models and Reality

Explore the role of models in physical science and what they contribute to our understanding of the world, and the concepts of reductionism and emergence. Topics include particle physics, materials science, and climate; and the use of models that explain dynamics of populations and artificial systems, including epidemiology, flocking in birds and fish, and the spread of information in social networks.

Population Health

Stage I

POPLHLTH 103G

15 Points

Epidemics: Black Death to Bioterrorism

Epidemics have devastated human populations and will

continue to do so. This course looks at how epidemics can run rampant through society and how we can control them. It will include examples from the past and present, as well as outline future threats. A diversity of epidemics will be covered, from the plague, gambling, depression, pandemics, nun-biting and alien abduction.

Psychology

Stage I

PSYCH 109G

15 Points

Mind, Brain and Behaviour

Topics covered may include: the nature of sensory and perceptual processes, the cause of perceptual illusions, the structure and function of the human brain, approaches to animal and human learning, models of human language and memory, and the design of psychological experiments. A laboratory component, in which students are required to participate as subjects, forms part of the course.

Russian

Stage I

RUSSIAN 100G

15 Points

Beginners' Russian 1

A beginner's course using multi-media (computer) materials that presumes no prior knowledge of Russian, with emphasis on a range of language skills –listening comprehension, speaking, reading, writing, and the essential grammar of Russian.

Restriction: May not be taken if a more advanced language acquisition course in this subject has previously been passed

Samoan

Stage I

SAMOAN 101G

15 Points

Samoan Language 1

Gives students an introduction to the structure of Samoan as well as allowing them to develop basic language skills in listening, speaking, reading and writing. Designed for students with little or no knowledge of the language, and for those with some fluency wishing to understand simple sentence structure and composition.

Restriction: May not be taken if a more advanced language acquisition course in this subject has previously been passed

Science General

Stage I

SCIGEN 101G

15 Points

Communicating in a Knowledge Society

Effective communication is required for specialists in all fields to engage meaningfully with society. In this course students gain an understanding of the important role communication plays in a knowledge society. Through case studies and practical experience students learn about the responsibilities and skills required to communicate with a variety of audiences. They learn how to effectively manage and present data and practice oral, written, visual and electronic communication.

SCIGEN 102G**15 Points****Contemporary Science in Aotearoa New Zealand**

What does it mean to do science here and now? This course considers how knowledge of place enhances your learning, the significance of Te Tiriti o Waitangi, and how knowledge systems frame understanding. Students will think critically about the relationships between science and our environment, along with the ethics of science in practice.

Sociology**Stage I****SOCIOL 101G****15 Points****Understanding Aotearoa New Zealand**

Provides an introduction to the sociological analysis of New Zealand society. Looks at familiar events, institutions, social processes from a sociological point of view and offers ways to understand them in new and different ways. Focuses on the structure of New Zealand society and on social and political changes which affect the lives of New Zealanders and shape their society.

Spanish**Stage I****SPANISH 104G****15 Points****Beginners' Spanish 1**

Provides a solid grounding in the basic grammar and vocabulary of Spanish for beginners or near beginners, emphasising communicative competence in the present tense. Develops speaking, listening, reading and writing skills, and prepares students at the A1 Level of the Common European Framework of Reference for Languages.

Restriction: SPANISH 107. May not be taken if a more advanced language acquisition course in this subject has previously been passed

Sport Studies**Stage I****SPORT 100G****15 Points****Sport in Society**

Critically examines the socio-cultural, political and economic significance of sport within Aotearoa New Zealand. Examines how sport is embedded in the lives of people, constitutes identities, and is connected to major spheres of social life and various social issues. Through focusing on select sporting issues it analyses how New Zealanders negotiate understandings of self, ethnicity, gender, sexualities, health, and lifestyle.

Restriction: EDUC 104G

Sustainability**Stage I****SUSTAIN 100G****15 Points****Sustainability and Us**

What is sustainability? Discusses what sustainability means, and its underpinning values, history and operation within complex physical systems. Students complete a group project to develop skills in collective decision making with

a solution focus. Two sustainability issues, such as food and water, are discussed in depth.

Theological and Religious Studies**Stage I****THEOREL 101G****15 Points****The Bible and Popular Culture**

An exploration of biblical themes, images, and metaphors in contemporary film, music and cultural arts through which religion and culture intersect. It develops tools appropriate for analysing popular culture, as it moves from the local to the national to the global.

Tongan**Stage I****TONGAN 101G****15 Points****Tongan Language 1**

Gives students an introduction to the structure of Tongan as well as allowing them to develop basic language skills in listening, speaking, reading and writing. Designed for students with little or no knowledge of the language, and for those with some fluency wishing to understand simple sentence structure and composition.

Restriction: May not be taken if a more advanced language acquisition course in this subject has previously been passed

Translation Studies**Stage I****TRANSLAT 100G****15 Points****Translation for Global Citizens**

Covers the foundations of translation and interpreting as an academic discipline and as a critically important communication enabler which serves a multicultural and multilingual society. The course is designed to equip monolingual students, as well as students with language skills, with the literacy in translation and interpreting increasingly needed to navigate today's globalised world and to detect and overcome communication gaps in diverse business and private contexts.

Youth Work**Stage I****YOUTHWRK 152G****15 Points****Understanding New Zealand Youth**

Examines the concept of 'youth' and the historical, economic and political contexts in which young people live and are schooled in New Zealand society. The concept of youth is explored as a fundamental aspect of human development, identity and culture. The ways that we learn about what it is to be a young person in New Zealand today, including sport, body image, media, music, technology and social networking will be explored.