



# IT IS **OK** TO ASK FOR HELP

The University affirms that family violence is unacceptable. Every person is entitled to respect, and to live free from fear and abuse.

If you are affected by family violence, we can help.

For contact information and other resources visit [www.equity.auckland.ac.nz/itsnotok](http://www.equity.auckland.ac.nz/itsnotok)

Scan for  
student contacts:

