



Bachelor of Dance Studies

BDanceSt

Why Dance?

Build your physical and intellectual prowess and move with confidence.

Learn how to critically engage with and analyse dance practices, while expanding your skillset and network through collaborative learning and community building. Discover ways to articulate your ideas through choreography and writing, and let your movement tell your story.



Career possibilities

Our graduates are educators, performers, choreographers and researchers. Whether you prefer the spotlight or want to be part of something bigger, allow movement to catalyse endless possibilities. Perform, choreograph, teach, lead, inspire.

“Dance Studies is a whānau. The connections you make with your lecturers and classmates become essential in your career... many of the people I work with in the industry studied with me.

“We learned practical professional skills such as writing funding applications, advocating for ourselves and networking. It provided a great basis to jump into the ‘real world’.”



EMMA BROAD
Development Manager at NZ Opera and freelance contemporary dancer and choreographer
Graduate: Bachelor of Dance Studies (Hons)

“Our students are exposed to a broad range of creative, collaborative, pedagogical and movement ideas throughout their education and they become innovative, community-minded leaders in dance. They learn more about what dance can do within different communities and cultures and discover how they can use dance as a tool to create change in their worlds. We value the unique identities our students bring and the rich and inspiring place they make Dance Studies.”

SARAH KNOX
Senior Lecturer



You will complete a range of core courses. These stimulating courses explore practical and theoretical elements of a holistic approach to dance. Make the most of the rich opportunities its leading dance teachers and professionals, creative multicultural environments, experiential learnings and internships have to offer.



STAGE 1 COURSE*

DANCE 101 – Introduction to Dance and Creative Processes

Develop an understanding of our moving bodies through movement awareness, dance improvisation, choreography and creative and analytic writing. You will undertake both theoretical and practical classes focusing on a range of practices that dancers and movement practitioners use to facilitate kinaesthetic awareness, experimentation, communication and choreography. You will explore somatic theory and practice, improvisation scores, choreography and dance analysis.

STAGE 2 COURSE*

DANCE 215 – Styles and Techniques: Street Dance and Jazz

Immerse yourself in the dynamic world of street dance, exploring its powerful cultural narratives, diverse styles, and unique social impact. Through both practical and theoretical work, you'll engage with forms like breaking, vogue, and other hip-hop and street dance traditions, discovering how these styles express and shape identities, including their celebrated presence in Aotearoa New Zealand.

STAGE 3 COURSE*

DANCE 302 – Dance in Aotearoa New Zealand

An examination of dance in New Zealand including Māori, Pacific Island, European, and Asian influences. Emphasis will be on developments during the 20th century of traditional form into contemporary practice, indigenous forms in New Zealand society, the developments in ballet, contemporary and popular dance.



Get excited about your course options:

- Choreography and Performance
- Community Dance
- Dance History and Contexts
- Safe Dance Practices

**Course availability may be subject to change.
For a full list of courses and up-to-date information visit our website.
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“I am in my element when I can choreograph dance. I truly met myself and my movement during DANCE110 Contemporary Dance and Choreography 1. I was able to start to learn how I operate as a choreographer and collaborator, which not only was fun, but also equipped us with essential skills to move forward in our studies.”

BOUDICCA FARQUHAR
Student: Bachelor of Dance Studies

