



# EDUCATION AND SOCIAL WORK

# **MATES Junior Activity Resource Guide**

Goal: Communication Skills

Activity Type: Individual, small group Relationship Stage: mid-late

# **Activity Name:**

"Funny Voices"

#### **Objective:**

To practice reading out loud in a fun, safe environment

#### **Preparation Time:**

5-10 minutes

# **Activity Duration:**

30-40 minutes, depending on number of participants

#### **Required Material:**

- Book/s
- Game cards (see supplementary materials)

# **Instructions:**

- Print off the game cards and choose a book players will have to read from.
- Place the cards face-down on a table or chair for players to draw from.
- Each player takes turns pulling a card from the top of the deck and then reading a paragraph from the book in the style of the person or emotion on the card.
- Once they have finished reading, other players try and guess what the voice was.
- Keep taking turns until you get to the end of the deck.
- Alternatively, you can play in pairs, where one person in the pair draws the card and the other person is the only one who guesses what the voice or emotion is. If they get it right, it is a point for their team. The team with the points at the end of the deck wins!
- Try incorporating a free pass: if the player is really unsure how to do the voice, they can pass to the other team (or another player of their choice if you are playing without teams) to have a try. But limit the number of free passes players can have to one.

# **Further Notes:**

• Speaking out loud can be scary for mentees, but it is an important skill to have. Try and make the environment as safe as possible – encourage positive feedback, consider taking yourselves away from the group so other non-participating people aren't watching, and make yourself vulnerable or look silly as well.