

MATES Junior Activity Resource Guide

Goal: Relationship Building

Activity Type: Individual
Relationship Stage: Early

Activity Name:

"Us and Venn"

Objective:

Create a venn diagram of shared and separate interests

Preparation Time:

None

Activity Duration:

30 minutes for creating and discussing

Required Material:

- A3 sheet of paper
- Scrap paper for brainstorming
- Markers/pencils

Instructions:

- Draw a 2-circle venn diagram on the A3 sheet of paper. Above one side of the venn diagram, write your name and on the other side, your mentees name. Above the centre (the shared space) write Us
- Take 5 minutes each to separately brainstorm as many things you like as possible (do on the scrap paper). Aim for about 20 things each.
- Once you both have a list, take turns naming one thing on the list. If the other person has it on their list too (e.g., you might both have dogs, or sushi, or Stan Walker) write that in the shared Us part of the venn diagram. If the other person doesn't have it on their list, write it in the non-shared space. At the end, you should have something that looks like this:

