



MEDICAL AND HEALTH SCIENCES

Improving wellbeing outcomes for Pacific families

15-point Micro-credential

Are you ready to make a real difference in the health and wellbeing of our Pacific communities? With our unique 15-point micro-credential you will broaden your understanding of the key healthcare challenges facing our Pacific communities in Aotearoa. Learn about best practice models of care and how this can be applied to ensure better wellbeing outcomes for Pacific whānau to thrive. With a 95% success rate, more than 110 adult learners have completed this micro-credential, successfully juggling study with other commitments.

What is a Micro-credential?

Our micro-credentials are industry-endorsed and recognised by leading health employers. Designed for working professionals, they allow you to study for a short period of time in a hybrid learning environment and will provide you with additional skills and knowledge to complement your existing qualifications or experience.

Course structure

Over 15 weeks, you will enjoy a combination of online and on-campus learning, from weekly learning modules, face-to-face time, and facilitators. Over the course, there are 3 in-person block days, with the remaining weeks consisting of online lectures and tutorials. Course assessments interweave academic knowledge, workplace tools, and personal reflections.

What will you learn?

- Pacific Migration and Talanoa
- History of Pacific Migrants into Aotearoa New Zealand
- The State of Pacific Peoples in Aotearoa New Zealand
- Pacific Whānau Ora history and Pacific Models of Care
- The Cultural Context that Frames Our Narrative
- The Art of Storytelling, Talanoa and Origin Story
- Foundational Academic Skills including Academic Writing and Referencing

Entry requirements

- Extensive relevant work experience is required for applicants who have no prior tertiary qualification.
- Currently available to NZ citizens and permanent residents.

Course benefits

Learners who complete this micro-credential will be able to:

- Understand and describe what Pacific definitions of individual-collective wellbeing are.
- Explain how the cultural and historical context of Pacific families in New Zealand has shaped Pacific wellbeing outcomes and impacted Aotearoa New Zealand's overall wellbeing outcomes today.
- Describe the models of care used to improve social and wellbeing outcomes with Pacific communities in Aotearoa.
- Evaluate family stories as knowledge sources of wellbeing and social impact.
- Critically reflect on relational positionalities in the workplace and community settings.

Upon completion of the course, you will be awarded with 15 credit points from the University of Auckland. Completing with a B+ enables learners to progress to future Postgraduate study with the University of Auckland.

"The course has allowed me to improve my nursing practice and to be a better navigator, by increasing my knowledge in 'talanoa' and applying theories to our Pasifika culture and values."

Micro-credential Graduate – Setaita Ha'unga



Enquiries

To speak to someone about this course please contact:

Yvonne Sinclair – Programme Manager

yvonne.sinclair@auckland.ac.nz

For more information, visit the course page on our website via this link auckland.ac.nz/pacific-health-microcredential

Disclaimer: The information in this document is a general guide only for students and is subject to alteration. All students enrolling at the University of Auckland must consult its official Calendar to ensure that they are aware of and comply with all regulations, requirements and policies.
Publication date: September 2025 | Course code: FMHS HLTHSCI 7001MC