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PARTICIPANT INFORMATION SHEET

Project Title: Thriving at Crossroads – a study on intersectional ethnic minority youth wellbeing

Principal Investigator: A/Prof Roshini Peiris-John

Research Team: Dr Rodrigo Ramalho (Co-PI), Kristy Kang, Dr Renee Liang, Professor Shanthi Ameratunga, Dr Arier Lee, Associate Professor Rachel Simon-Kumar and Dr Vartika Sharma.

Project description

The project aims to understand the lived experience of ethnic minority youth living with additional minoritised identity/ies and the impact of these experiences on their wellbeing.

This project is part of a larger study of four phases which aims to use creative means to further discuss and represent young people's experiences of living with multiple minoritised identities. This study represents the phase 3 of the larger study. There is a possibility that a post graduate student will use this data as part of their Masters' studies.

We are inviting ethnic minority youth (i.e., those who self-identify with an Asian, Middle Eastern, Latin American and African ethnic identity) living in Aotearoa New Zealand, to participate in this study. We are specifically looking for ethnic minority youth who also self-identify with other minoritised identity/ies, such as gender-diverse, living with disability, refugee background, etc.

What does study participation look like for you?

For this project, you will participate in a one-on-one interview of approximately 60 – 75 minutes. This interview can be conducted in person at a location convenient to you and interviewer or via Zoom. The interview will be audio-recorded and transcribed verbatim by a professional transcriber, who will sign a confidentiality agreement. You

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will receive koha, in the form of a gift voucher worth \$50, for your time and participation in the interview.

You can choose to receive a summary of the findings of this project via email, in which case we will ask you for your email address. We would also like to invite you to the fourth phase of the larger study. If you agree to be contacted for this future activity, we will ask you for your email address and share more information closer to the beginning of the next phase. This information will be kept separately (in a password protected excel sheet) from the interview notes and will be used only for the purpose/s noted above.

We would also like to offer to send you the summary of the overall findings of the project via email. You can choose to indicate your interest in receiving it by ticking the relevant box on the consent form. If you choose this option, your email address will be collected and stored and used only for this purpose.

Do I have to participate?

No, your participation is voluntary. Your participation or non-participation will have no impact on your relationship with the research team or the University. If you are a student (past or current) of any of the research team member/s, your participation or non-participation will not affect your grades or relationship with the University.

If you agree to participate, you can still withdraw your participation at any time without giving a reason. You also do not have to respond to all questions during the interview. If you would feel more comfortable, you can also choose to turn off the recording during the interview. If you have any doubts or concerns about this project, please let us know. We are happy to answer any questions.

What happens to the information collected?

All collected information and consent forms will be stored securely in password protected files and locked filing cabinets that are accessible only to the research team. This will be stored for a period of six years after the study completion, after which they will be deleted and destroyed.

We intend to publish the project's findings in academic journals, academic and community presentations, and reports to be shared with organisations working in this area. These findings may also be used to inform the thesis project of a post graduate student involved in the project.

This data, and the findings from this study, will also inform the next phase of the larger study. This next phase involves using creative arts to continue the discussion about

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the experiences of young people with multiple minoritised identities, and develop potential recommendations to healthcare providers, policy makers, and other key stakeholders.

Confidentiality

The confidentiality of all participants is very important to us. To ensure your confidentiality, the professional transcriber transcribing the interview will sign a confidentiality agreement, which means they will not be able to share any information (including any personal details) that you provided during the interview. The data we collect will not be shared outside the research team, and no information that could identify you will be used in any publication, report, or presentation on this project. The data collected during this phase will be used to inform the study procedures/ data collection in following phase, however no information that could identify you (e.g your name, where you live etc.) will be used.

After the interview, we will share with you the interview transcript. You will have up to two weeks from the date of the transcript being sent to review/edit the transcript or withdraw it from the project.

Are there any risks from participating in this project?

We don't expect that participating in this interview will cause any harm or distress, however, there is a small possibility that the questions may trigger some feelings of distress. If you become upset or distressed during the interview, please let the interviewer know so they can stop the interview immediately. We will also offer and can help refer you to appropriate psychological support. If you feel upset/distressed after the interview, please get in touch with the helpline 1737, see your general practitioner, or seek other necessary support.

If you want to talk to a counselling service, you can contact Healthline on 0800 611 116. This is a free service.

Contact details: If you want to ask any questions about the project or offer any comments, please, feel free to contact:

1. Roshini Peiris-John, Department of Epidemiology and Biostatistics, School of Population Health, Faculty of Medical & Health Sciences, University of Auckland, Private Bag 92019, Auckland. Email: r.peiris-john@auckland.ac.nz
2. Rodrigo Ramalho, Department of Social and Community Health, School of Population Health, Faculty of Medical & Health Sciences, University of Auckland, Private Bag 92019, Auckland. Email: r.ramalho@auckland.ac.nz

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MEDICAL AND HEALTH SCIENCES

You can also contact the Head of Department, Associate Professor Judith McCool, if you feel like we have not kept to what we have promised in this participation sheet or if you have any concerns about this project.

Head of Department contact details: Judith McCool, Section of Epidemiology and Biostatistics, School of Population Health, Faculty of Medical & Health Sciences, University of Auckland, Private Bag 92019, Auckland. Email: j.mccool@auckland.ac.nz

Chair contact details: For concerns of an ethical nature, you can contact the Chair of the Auckland Health Research Ethics Committee at ahrec@auckland.ac.nz or at 373 7599 ext 83711, or at Auckland Health Research Ethics Committee, The University of Auckland, Private Bag 92019, Auckland 1142.