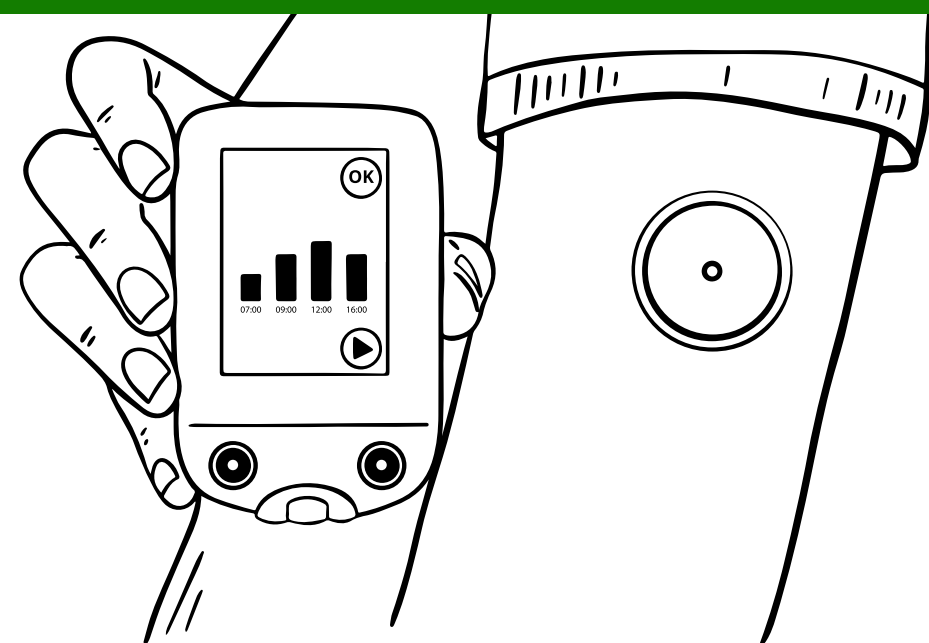


Continuous Glucose Monitoring for Type 2 Diabetes in Pregnancy

We want to understand how using Continuous Glucose Monitoring (CGM) devices may help people with type 2 diabetes during pregnancy.



We are looking for hapū māmā who would be interested in taking part in our research. Your involvement would include wearing a continuous glucose monitor device for 20 days, and answering some questions before and after wearing the device. You will still continue with finger-prick tests and regular diabetes care.

In the study, we will have two groups. One group will see their blood glucose readings in real time. The other group will not see their blood glucose readings in real time. There is a 50/50 chance to be in one group or the other. Both groups will have full access to their blood sugar data at the end of the study.

You can take part if:

- You are pregnant, with a single baby and your baby does not have any known health concerns.
- You were diagnosed with type 2 diabetes before pregnancy, or your blood tests early in pregnancy showed high blood sugar levels (HbA1c greater than 49 mmol/mol).
- You are taking diabetes medicine (such as metformin or insulin) to help manage your blood sugar levels.

Taking part will help improve the design of larger studies in the future, which could lead to better diabetes care for pregnant people and their babies. The findings may contribute to long-term improvements in diabetes care during pregnancy, potentially leading to healthier outcomes for mothers and babies. You will receive two Dexcom ONE+ sensors for free and regular support and contact from the study team.

You will receive a **\$100 supermarket or fuel voucher** to thank you for your time and contribution to this study.

If you are interested in participating in the study speak to your doctor or midwife at your diabetes clinic visit. You can also contact the study team directly via the contact information below. You can change your mind any time and will receive the same best possible care whether you take part or not.

Contact us

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Te Whatu Ora
Health New Zealand
Counties Manukau



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