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The University of Auckland,
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PARENT/CAREGIVER PARTICIPANT INFORMATION SHEET

Project title: Evaluation of the Power Up Programme: novel interventions to encourage children's active travel to school

Name of Principal investigator: Associate Professor Melody Smith

Co-investigator: Dr Niamh Donnellan

Team: Jena Western, Auckland Transport, Matt Fordham and Matt van Roijen, CRANK Communications

Kia ora, talofa lava, malo e lelei, kia orana, fakaalofa lahi atu, bula vinaka, 嗨, हैलो,
greetings

We are a team of researchers from the University of Auckland, working in collaboration with Auckland Transport, CRANK Communications and Waka Kotahi | New Zealand Transport Agency.

Project description and invitation

The Power Up Programme is an innovative combination of activities aimed at increasing children's active school travel. Five schools in Tāmaki Makaurau Auckland will be enrolled into the programme, which will run in the first half of 2021. The programme will run for approximately one month per school. Broadly, programme elements will include:

1. Set up of community-led walking and/or wheeling programmes (e.g., walking school buses, bike trains, scooter squads)
2. An app-based competition for walking/wheeling programmes
3. Street trials (e.g., trials of temporary parking changes outside schools; trials of up to five timed road closures outside the school)
4. Play street event at end of month, including road closure of up to 8 hours outside each school

Findings from this research (with no-one identified) will be shared with Auckland Transport, CRANK Communications and Waka Kotahi | New Zealand Transport Agency so that children's needs can be considered in urban planning. We are interested in learning about you and your child's general walking, cycling and wheeling habits, and also how your child travels to and from school. Your child's school was selected because we want to understand any enablers or barriers to allowing your child to walk or cycle to school. Taking part in this project is entirely voluntary. Any decision to participate or not will have no impact on you or your child's relationship with your school. If you have more than one child attending this school, please choose the child with the next birthday when you are answering these questions.

Project procedure

You are invited to participate in an online survey. Completing this survey is voluntary and your responses will be anonymous. The survey will take about 10 minutes. There are no right or wrong answers, we are interested in what you think. All completed parent/caregiver surveys are eligible to go into a draw for one of eight \$50 Prezzi card vouchers. **If you would like to go into the draw for a \$50 Prezzi voucher, you will be asked to enter your contact details at the end of the online survey. This is optional. Your details will not be linked to your survey answers.**

Data storage/retention/destruction/future use

We will store your survey data on an encrypted folder, on MS and ND's personal researcher network drive at the University of Auckland server and permanently delete the data after 6 years. Data from the survey will be used to generate reports for participating schools, Auckland Transport, CRANK Communications and Waka Kotahi | New Zealand Transport Agency. In addition, data will be used for publications in academic journals and conference presentations. If you would like a summary of results, please include your email below.

Right to withdraw from participation

Because the survey is completely anonymous, we will not be able to link any information that has been completed by you. This means that data submitted cannot be withdrawn after the survey has been completed. You do not have to answer any questions that you don't want to.

Contact details

If you have any questions or want to know more about our study, our contact details are:

Associate Professor Melody Smith, lead investigator, melody.smith@auckland.ac.nz, phone: +64 9 923 7388, School of Nursing, University of Auckland, 85 Park Road, Grafton, Auckland, New Zealand, 1023.

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For any concerns regarding ethical issues you may contact the Chair, the University of Auckland Human Participants Ethics Committee, at the University of Auckland Research Office, Private Bag 92019, Auckland 1142. Telephone 09 373-7599 ext. 83711.
Email: humanethics@auckland.ac.nz

Approved by the University of Auckland Human Participants Ethics Committee on 4 February 2021 for 3 years.
Reference Number UAHPEC21639.