

Reason

Research at the School of Nursing
The University of Auckland

Winter 2023



Major awards for our researchers

Dr Deborah Raphael & Ashlea Gillon:
Health Research Council Early
Career Research grant recipients

Inside:

Exploring Māori assisted dying
Covid-19 paradoxes in patient safety
Our research impact goes global

Editor's note

Let me put first what comes last, meaning the two latest news items we couldn't fit into this edition of Reason. Honorary Professor Jenny Carryer presented a public lecture sponsored by the School titled, 'Reimagining nursing through a feminist lens'. Her talk resonated with the audience who agreed with her assessment of how nursing could change. And congratulations to Dr Gigi Lim for winning the faculty's Butland Teaching Award for Leadership in Teaching.

News you can read more about in this issue centres first on the grants the Health Research Council (HRC) has awarded our researchers. The cover story (p.3) features Dr Deb Raphael and Ash Gillon and news about their important emerging researcher grants. In the column immediate right is news on Dr Tess Moeke-Maxwell's groundbreaking HRC-funded research on Māori experiences of assisted dying. Rounding out our HRC research news are two stories on activation grants. Read on p.7 about the four new activation grants just awarded to staff members and about Miriam James-Scotter's recent grant, p.9.

We're also featuring in this issue two full pages and a bit more (p.12-14) on the many ways our staff have been making an impact with our research. We have literally been telling the world.

Finally, the 'in-between' pages are packed full of information on published results of our research as well as awards and honours.

– Lisa Williams

Reason Magazine Winter 2023, Issue 23

Reason is published biannually by the School of Nursing, Faculty of Medical and Health Sciences, The University of Auckland, Private Bag 92019 Auckland, NZ 1142. Reason editor: Dr Lisa Williams, Email: la.williams@auckland.ac.nz. Co-associate Heads (Research): Professor Merryyn Gott and Associate Professor Jackie Robinson. Head of School: Associate Professor Julia Slack



Dr Tess Moeke-Maxwell

Major HRC grant to explore Māori and assisted dying

Dr Tess Moeke-Maxwell and her co-investigators will explore the experiences of whānau Māori with assisted dying (AD) in a new project funded by the HRC. The idea for the \$1.2 million grant arose from consultation with the Te Ārai Palliative and End of Life Care Research Group's Kāhui Kaumātua and the research communities Tess has worked with before in the North and South Islands.

Support also originated with members of the National Assisted Dying Research Network, the Ministry of Health and the Funeral Directors Association of New Zealand. Kanohi-ki-te-kanohi interviews with whānau, health professionals, rongoā practitioners, tōhunga and funeral directors will form the backbone of the research. Māori from throughout the country will be invited to take part in the project.

The Te Ārai Kāhui Kaumātua titled the study 'Waerea', which means incantation (clearing process) that takes care of everyone. The intent of the name is to spiritually cover and protect Māori participants involved in AD and also extends to bereaved whānau, other research participants, the research team, the research processes and data.



Dr Deborah Raphael and Ashlea Gillon

Emerging researchers earn prestigious grant awards for their research

Dr Deborah Raphael and Research Fellow Ashlea Gillon's research projects have been given a huge vote of confidence by the HRC. Both have earned highly competitive early career researcher grants. Deb's \$245,000 award will allow her to work with an existing online intervention designed to decrease distress in cancer survivors. She will be adapting the Australian Finding My Way (FMW) intervention to the New Zealand context for haematological cancer survivors. Finding My Way uses a multi-pronged approach that includes psycho-education, cognitive behaviour therapy and survivor testimonials.

Her focus on the topic stems from her PhD research in which she explored haematological cancer survivors post-treatment distress. She found that many reported being significantly distressed and needed more support from the

health system.

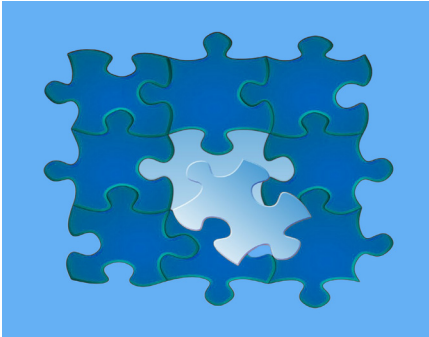
Deb's project includes scope to adapt FMW in a culturally appropriate way for Māori. SoN researchers Professor Merryn Gott, Dr Rosemary Frey, Dr Tess Moeke-Maxwell and Dr Lisa Williams will join her as co-investigators. Associate Professor Lisa Beatty from the College of Education, Psychology and Social Work at Flinders University in Australia is also joining the team.

Ashlea will use the \$250,000 from her Māori Health Emerging Researcher First Grant

for her project titled 'Mana Mōmona: Exploring fat (bias) within health spaces for Māori'. She will be looking at the pervasiveness of fat bias in healthcare and its life-threatening implications for fat Māori, who, she says, 'must navigate multiple systems of oppression'. She also indicated that fat bias and healthism 'often perpetuate ideas that 'fatness is a punishable moral failing that must result in ill-health and disease.'

The grant will allow her to interrogate such questions as 'what role do fat stigma and oppression play as a social determinant of health'? In the healthcare system, fat bias, similar to racism, operates by restricting access to wellness and healthcare opportunities.

Her research tuākana are Professor Terryann (TC) Clark and Professor Melinda Webber (Te Puna Wananga). She is completing a PhD in Te Wānanga o Waipapa and the School of Psychology with Professor Tracey McIntosh and Dr Jade Le Grice. Learn more about her project [here](#).



Gaps in services hinder kids

In Aotearoa New Zealand, gaps in the uptake of child healthcare services vary by ethnicity, service, and time-point. A team of researchers including Professor Terryann (TC) Clark, found that compared to NZ Europeans, Asian and Pacific children had higher timeliness and completeness of immunisation. Indigenous Māori had lower timeliness of first-year vaccines despite high intentions to immunise.

Māori and Asian mothers were less likely to be satisfied with their general practitioner (GP) at 2-years. Socio-economic, mobility and social factors including ethnic discrimination, strongly influenced healthcare use. In a comparison of Māori and NZ Europeans, household composition and household were most indicative of timely first-year immunisations and GP satisfaction.

‘There is a growing body of evidence that the health system is not designed to meet the needs of Māori and ethnic minority groups,’ TC said. ‘In this case it is our children who are missing out.’

The Growing Up in New Zealand birth cohort study, including children born between 2009 and 2010, served as the researchers’ data source. The results were published earlier this year in the [International Journal for Health Equity](#).



Covid-19 paradoxes

New research explores the paradox of patient safety for people in hospital during Covid-19 restrictions. The research team, including School of Nursing staffs Associate Professor Rachael Parke and Dr Eileen Gilder, investigated hospital visiting for people with palliative and end of life care needs.

After analysing data from their in-depth interviews with families and clinicians, they concluded that patient safety measures put in place to prevent harm inadvertently caused it. ‘Family members play a central role in patient safety,’ they wrote in their paper published in [BMJ Quality & Safety](#). ‘Sociopolitical structures put in place as a result of the pandemic resulted in the marginalisation of family members from the care of people in hospital even at the end of life.’

They urged the development of new, evidence-based end of life visitor rights and visitor policies guidelines. ‘We want to avert a legacy of disenfranchised grief in future pandemics.’ Former staff members, Dr Deborah Balmer and Dr Aileen Collier (first author), contributed to the project.

To provide input into the nation’s Covid-19 response, go to the [Royal Commission website](#).

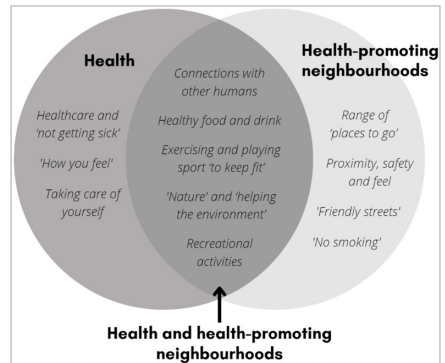
Health and health environments for children: the research focus in diverse projects

by Professor Melody Smith

Tiffany Williams explored the question, ‘how do children perceive and define health and healthy environments?’ in her latest PhD study. She analysed comments from nearly 100 children and generated a framework of child-centred meanings of health, health-promoting neighbourhoods, and features common to both. She found three threads in children’s thinking which aligned with more-than-human theory: (1) care for humans and non-humans, (2) vital interdependence of human–non-human relations, and (3) understanding complex urban environments through everyday activities. Read the full article [here](#).

We welcome Jutarat Kongpet who is starting her PhD. She is exploring the health communication needs of children of South East Asian Migrants in Aotearoa New Zealand.

Increasingly we are looking for creative ways to share our research to a diverse audience. In [this new article](#) published in Visual Communication, we share our methods for developing a graphic



Framework of child-centred topics for health and health-promoting neighbourhoods

novel about children’s perceptions of their neighbourhoods during COVID-19 lockdowns, and provide an overview of a range of creative dissemination methods. Summer student Catherine Ma led the paper, supervised by Melody Smith.

New evidence from the Adolescent Health Research Group has revealed a range of inequities for Indigenous adolescent health in Aotearoa. Critical Te Tiriti analysis revealed rangatahi Māori-specific policies, Māori leadership, and political support aligned with improved outcomes and narrowing of inequities – you can [read the full study here](#) and see the range of publications and presentations from the group at youth19.ac.nz.



Head of School Julia Slark

The Council of Deans Nursing and Midwifery (CDNM), Australia and New Zealand has elected Head of School Julia Slark to chair the organisation. The CDNM represents the Deans and the Heads of Schools of Nursing and Midwifery in universities that offer undergraduate and postgraduate programs. The organisation provides advice on workforce issues and fosters quality standards of University education.



What is the competency of nurses to provide clinical opinions to the court?

Under Aotearoa New Zealand's current Mental Health Compulsory Assessment and Treatment Act registered nurses are often tasked with the Second Health Professional (SHP) role. Among their duties, SHPs provide clinical opinions to the court as part of the review of applications for compulsory treatment orders.

In a first-of-its kind study, Master's degree graduate Rachael Muir evaluated the nurses' work against an established competency framework modified to include whānau involvement in the MHA process. This was an important addition given Māori over-representation by population under MHA assessment or treatment.

The results of the evaluation of 156 case reports completed between 1 January and 30 June 2021 indicated that in most cases reports achieved a good standard. However, whānau were often not consulted in the process.

What was not clear was whether this indicated a lack of engagement with them or that engagement was not captured in the case reports. Rachael and her co-authors, writing in the [Journal of Psychiatric and Mental Health Nursing](#), concluded that nurses need more education, support and ongoing development to ensure they meet the expectations of the MHA. Helen Butler was Rachael's supervisor.



PhD student Keiko Oda

Keiko Oda shines as HOPE Foundation scholarship awardee

For the second time, PhD student Keiko Oda has been awarded a \$6,000 HOPE Foundation Charitable Trust Research on Ageing scholarship. The scholarship will continue to support her research into the oral health of older adults living in aged residential care.

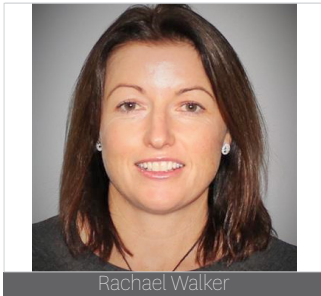
'I'm honored to receive a Hope Foundation Scholarship again,' Keiko said. 'It means a lot as it's also an acknowledgement of my collaborators – researchers, participants and frontline nursing staff

who worked tirelessly for older New Zealanders throughout the pandemic.'

Keiko added that the Hope scholarships she has received are helping her 'get closer to my goal of improving oral care for older Kiwis.' Currently she is assessing the long-term sustainability of the nursing oral health care training protocols she and her colleagues have developed as well as their effects on clients' oral health.

The HOPE Foundation established the Scholarship in 2003, and it aligns with their mission to encourage research on ageing and its effects on Aotearoa New Zealand communities.

Keiko is also a recipient of the Faculty's Senior Health Doctoral Scholarship and the NZ Nurses Organisation's (NZNO) new Maranga Mai! Scholarship. Her supervisors are Associate Professors John Parsons and Dr Michal Boyd.



Rachael Walker

Welcome to new nurse practitioner course director Rachael Walker

Associate Professor Rachael Walker has joined the School of Nursing as course director for the Nurse Practitioner Training Programme (NPTP) team. Before taking up this post she led the NP programme at Te Pukenga, Eastern Institute of Technology, Hawkes Bay. She has also worked in collaboration with Victoria University as an academic mentor since 2017.

Rachael has been an NP since 2009 and currently works one day a week clinically at the Te Whatu Ora, Hawkes Bay. Rachael's research primarily involves improving experiences for people with renal disease, focusing on equity of outcomes, service and policy delivery. Rachael replaces Professional Teaching Fellow Sandy Oster who is stepping down from the role.



Lifestyle programme to help irritable bowel syndrome sufferers

Dr Bobbi Laing and Auckland-based Registered Nutritionist, Nikki Hart, have teamed up to help New Zealanders with Irritable Bowel Syndrome (IBS). Using data from their interviews with people with IBS, IBS health professionals and researchers, they developed a lifestyle programme for IBS sufferers based on the [Women's Wellness Program](#). It is available as an online book for use by gastro-intestinal clinical

nurse specialists, registered nutritionists, dietitians and other health professionals with training in IBS. The book contains five sections: Healthy Eating & Gut, Healthy Thinking & Feeling; Healthy Activity; Healthy FODMAP diet, and Healthy Living. Health professionals keen to access the programme [may lodge an expression of interest](#).



Researchers score 100% success rate in round 1 of HRC activation grants

Four staff members earned HRC activation grants in 2023's first round of applications. Associate Professor Rachael Parke's grant is titled, 'Exploring virtual visiting to improve equity of family access to intensive care.' Dr Victoria Egli was awarded a grant for her project titled, 'Advertising 101: marketing unhealthy commodities to children.'

Dr Stephen Jacobs' study is titled, 'Creating workplaces that support early career nurse thriving and retention, and Dr Lisa Williams' grant is titled 'TLGBTQI+ views on palliative and end of life care, including assisted dying.' The purpose of the HRC activation grants is to assist researchers as they assess the need for health delivery research evidence in a particular field of research.



Dr Lesley Doughty

Lesley Doughty earns EdD for thesis on Nurse entry to practice (NETP)

Deputy Head of School Lesley Doughty was awarded a Doctorate of Education for her thesis exploring aspects of Nurse Entry to Practice (NETP) programmes. She sought to determine their influence on new graduates' nursing capabilities and whether including a university postgraduate course in a NETP programme enhanced capability development. Her study involved two districts, one setting offered a post-graduate course as part of NETP while the other did not. Her

findings indicated that both NETP programmes supported the development of new graduate capabilities.

On completion of the programme, those with formal post-graduate education were significantly stronger in two capability factors: explaining practice and applied diagnostic reasoning directly reflecting the content of the PG course in relation to the development of knowledge, patient assessment skill and diagnostic reasoning. Nurse educators who participated in the research agreed that new graduate capabilities increased as a result of completing NETP. However, they felt conflicted about when, if and how a postgraduate course should be introduced. Overall, patients in both settings indicated their satisfaction with the new graduate nurses' care and spoke highly of their capabilities.

How do generalist community nurses contribute to palliative care in the community?

A new peer-reviewed paper by Associate Professor Jackie Robinson and co-authors points to the lack of evidence concerning generalist community nurses' contributions to palliative care. Their paper, published in the International [Journal of Palliative Nursing](#), details their retrospective case note review of 1,284 people enrolled in a community nursing service.

Their goal was to identify those with palliative care needs and explore key aspects of their management. They found that 21% did indeed have such needs. Yet this mostly went unrecognised in referrals to community nursing care. Furthermore, the majority of palliative care referrals to community nurses were for people with a non-cancer illness and that such referrals were often triggered by the need for a particular nursing task. Overall, there was little evidence of a palliative approach being incorporated into community nursing care.

The authors concluded that nursing has a significant role to play in the provision of palliative care in the community. However, more research is needed to identify the barriers community nurses face in identifying needs and providing palliative care support. They also emphasised the need for a focus on education and support in implementing screening tools to assist community nurses in recognising and delivering palliative care in this setting. More flexible models of community nursing are needed which can better meet the needs of those living in the community with life-limiting illness. Other SoN staff who contributed to the paper were Dr Rosemary Frey and Professor Merryn Gott.



Miriam James-Scotter

Models of nurse practitioner-led urgent care focus of activation grant

Answering the call to help alleviate the stretched healthcare workforce, Professional Teaching Fellow Miriam James-Scotter will explore models of Nurse Practitioner (NP)-led urgent care in Aotearoa New Zealand. The Health Research Council has awarded her a \$30,000 activation grant to pursue the topic. She and her co-investigators will work with existing NP-led urgent care health providers, asking questions about their services. ‘We’ll focus on issues like their process for creating their clinic, the populations they serve and challenges they faced setting up their practice or currently experience running it.’

Joining her on the research team from the School of Nursing are Sue Adams, co-leader of the Nurse Practitioner and Enrolled Nurse (EN) workforce programme; Professional Teaching Fellow Josephine Davis, National co-leader Tangata Whenua for the NP and EN workforce programme; Professional Teaching Fellow Ebony Komene; and research assistant William Giacon. Nicky Burwood, an urgent care NP from Queenstown is also a co-investigator.



Youth19 report feeds back on health and wellbeing of young people in alternative education

A new report published by Professor Terryann (TC) Clark and the Youth19 Rangatahi Smart Survey team focuses on the health and wellbeing of young people in alternative education. [The Health and Wellbeing of Young People in Alternative Education \(AE\) report](#) provides an overview of AE students current health and wellbeing in general, compared to secondary

school students, and changes overtime.

It stresses the positives as well as the negatives that AE students experience. Students self-reported good levels of wellbeing but also significant need around substance abuse, and sexual and reproductive health. A higher proportion of students in AE have a disability. Of major concern was serious mental health issues. Yet despite these considerable health issues, AE students have poor access to healthcare and supports.

The report reiterates the need for equitable educational opportunities for AE students. This includes ‘responsive, coordinated systems that help them to grow, connect and be healthy.’ Also of importance is an environment that fosters ‘the inherent mana of AE students by growing their gifts, talents and skills to live fulfilling, happy lives.’



Professor Melody Smith

Youth mental health under the spotlight in new faculty grant

Professor Melody Smith has been awarded a Faculty Research Development Seeding Grant for 2023. The grant is funded for \$50,000 over two years.

Melody and her co-investigators will use the grant to fund activities whose core purpose is to present up-to-date evidence on youth mental health from a socio-ecological perspective. Their focus stems from findings in the Youth2000 survey series that revealed the rapid and unequal decline in adolescent mental health in recent years.

‘The drivers of mental health problems are complex and reasons for this decline are not well understood,’ Melody said. ‘The grant will enable us to use a variety of approaches to address the problem, backed up by our high-quality research evidence.’

From the School, Professor Terryann (TC) Clark and Research Fellow Esther Yao will serve as co-investigators. Associate Professor Roshini Peiris-John from the Faculty and Dr Jude Ball, Otago University are also on the team.



Dr An Yu

What is the potential for social investment in Aotearoa New Zealand?

An Yu was awarded her PhD for her exploration of social investment through international and Aotearoa New Zealand lenses. She contextualised social investment within the Organisation of Economic Cooperation and Development (OECD) environment and conducted interviews with key social investment stakeholders in New Zealand. She also combined big data with the Government’s Living Standards Framework and used the Integrated Data Infrastructure to uncover the

extent of evaluation possible in New Zealand. Her results highlighted core themes involving social investment. These related to societal problems, human behaviours and the potential for social investment in New Zealand. An concluded that social investment can be seen as a way to address complex social problems within societies. Within New Zealand, social investment is an attempt to integrate humanitarian and economic perspectives and improve well-being.

First cohort of Victoria League scholars finish their degrees

In 2019 the Victoria League Charitable Trust Auckland began funding scholarships for nurses to undertake Master’s of Nursing degrees in the School. Despite the challenges of studying during the Covid-19 pandemic, the recipients of these first scholarships have completed the programme. They are: Caroline Donaldson, an Emergency nurse at Te Whatu Ora Counties Manukau; Shindy Fu, a PaR (Patient at Risk) Specialty Nurse at Te Whatu Ora, Waitemata; Cyrene Villocillo, Clinical Manager at St Andrews Village (Aged Care and Residential Living); and Tom Salmond, a Nurse Practitioner Intern/Clinical Nurse Specialist-Adult Emergency Department, Auckland Hospital, Te Toka Tumai.



Dr Kim Ward

Dr Kim Ward goes global with research

Dr Kim Ward will join academics from around the world for the Universitas 21 (U21) 2023 Mid-Career Researcher Programme. Titled ‘Reset, Reimagine, Reframe’, the programme promotes a global creative and collaborative research culture. During the four-week course, participants will focus on real-world contexts, engage in skill development and share knowledge and perspectives. The course involves individual, interactive content and live discussions

with leaders in business, industry and higher education. Kim was one of four researchers selected by the University for guaranteed placement on the programme. She is looking forward to the cross-cultural dialogue with researchers from different countries and ‘exploring innovative solutions to complex research challenges.’



Dr Lisa Williams

Travel scholarship nets rewards for palliative care research

Dr Lisa Williams received a 2023 University of Auckland International Central Partnerships and Networks Grant (ICPNG) to explore research opportunities with colleagues in the UK and Switzerland. She gave invited presentations at the University of Birmingham and the University of Lausanne. Her talks focused on some of the projects and creative resources developed by the Te Ārai

Research Group. While at the University of Birmingham, Lisa met with co-researchers Dr Ping Guo, Alison Gayton and Ashwini Deshmukh on their U21-funded project evaluating nursing students and lecturers views on the graphic novel, *Vivian*. ‘After two years of Zoom meetings, meeting face-to-face was fantastic,’ Lisa said.



CCREATE-AGE Directors

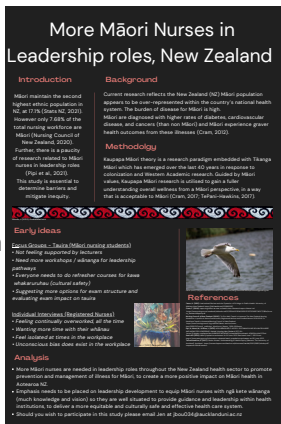
New Centre building capacity for ageing and dementia research

The Centre for Co-Created Ageing Research (CCREATE-AGE) is ramping up to support globally competitive ageing and dementia research. It is focusing on building the infrastructure necessary to enable Aotearoa New Zealand’s leading researchers to explore issues critical in these areas. The Centre is encouraging international multi-disciplinary and transdisciplinary approaches that meet the self-identified needs and aspirations of older people. Co-

creation of research with local communities is key to this approach. The four directors of the Centre are (above, from left): Professor Vanessa Burholt, Dr Joanna Hikaka (Ngāruahine) and Professor Ngaire Kerse, Faculty of Medical and Health Sciences; and Dr Tia Reihana (Ngāti Hine), Faculty of Creative Arts and Industries. [Find out more.](#)

Staff making an impact with their research at home and abroad

Master's student **Qianhui Zhou** gave three presentations titled, 'Operating room nurses' perspective of patient centred care in intra-operative setting'. These occurred at the Annual Cardiothoracic Surgery Meeting of Aotearoa New Zealand; at the Auckland Perioperative Nurses Day and at the School Research Showcase. **Dr Dianne Marshall** and **Dr Cynthia Wensley** were her master's supervisors. PhD student **Jennifer Woods** presented 'More Māori nurses in leadership roles, New Zealand' at the University's Graduate Services research showcase. PhD student **Tessa Pockock** gave a presentation titled 'School neighbourhood assessment and active transport to school' at the 2023 Built Environment and Active Transport to School (BEATS) Symposium in Wellington. **Dr Michelle Honey** was an invited speaker at the Nurse Executives Aotearoa National Meeting in May. She spoke about 'Digital health and what it means for nursing and midwifery.' Masters of Nursing student **JM Burgess**, who Michelle supervised, was also listed on the presentation. **Michelle** was an invited speaker at the NZ Nursing Leaders' Summit in February. Her talk was titled, 'The



From left: Dr Cathleen Aspinall, Dr Jenny Parr (Te Whatu Ora Counties Manukau), Dr Julia Stark and Bobbie-Jo Pene at the 2023 ILC conference in Maine.

impact of technologies on patient care'. **Professional Teaching Fellow Rubina Bogati** presented a poster titled, 'Later life work decisions: A critical review and model for ethnic minority older people' at the Ageing in Aotearoa: The New Zealand Health, Work & Retirement Study symposium. **Professor Vanessa Burholt** and **Associate Professor John Parsons** were named on the poster. Overseas, **Rubina, Vanessa and John** presented a poster titled, 'A model of later-life work decisions of older Asian workers' at the British Society of Gerontology 52nd Annual Conference: Inclusive Ageing – A Society for All, East Anglia & Virtual. PhD student **Keiko Oda** and **Rubina** gave a workshop presentation at the 9th International Clinical Skills Conference, Prato Italy titled 'Oral health assessment education: Together putting the mouth into a head-to-toe assessment'. **Michelle Honey** was also named on the presentation. **Keiko** presented work from her PhD project titled, 'Integrating nursing oral care

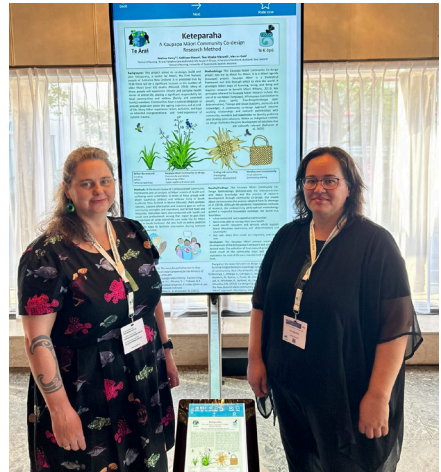


From left: Sarah Majeed (University of Otago), PhD student Keiko Oda and Professional Teaching Fellow Rubina Bogati at the 9th International Clinical Skills Conference, Prato, Italy.

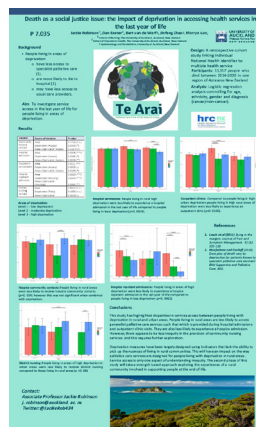
from home care to care home’ at the International Association of Geriatrics and Gerontology Oceania and Asia conference in June.

Dr Catherine Bacon gave an oral presentation at the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS) conference in Boston titled, ‘Can we determine microinstability before surgery? Analysis from 2303 hip arthroscopies. **Dr Barbara Daly** attended the American Diabetes Association 83rd Annual Sessions in San Diego in June. Her abstract titled, ‘Risk factors for women identified with gestational diabetes – a matched case control study’ is available [here](#).

PhD student **Bobbie-Jo Pene** and **Dr Cathleen Aspinall** presented on Bobbie-Jo’s HRC-funded research at the International Learning Collaborative (ILC) conference in Maine. Their presentation reported on the use of the Fundamentals of Care framework to explore interactions between nurses and patients. Te Ārai



Dr Melissa Carey and Kat Mason stand with their poster that won the ‘Best Abstract’ award at the European Association of Palliative Care (EAPC) conference in Rotterdam.



Palliative Care and End of Life Research Group members’ work featured at the European Association of Palliative Care conference in Rotterdam in June. **Dr Melissa Carey** and **Kat Mason** (pictured above) won the Best Abstract

Award for their poster ‘Keteparaha’.

Dr Lisa Williams, Professor Merryn Gott, Susan Waterworth and Dr Natalie Anderson’s poster –developed with overseas colleagues funded by Universitas 21 – explored undergraduate nursing students’ views on the graphic novel Vivian.

Continues p.14



From left: Associate Professor Carina Werkander Hårstade, Linnaeus University, Sweden; Professor Merryn Gott; Dr Lisa Williams and Associate Professor Ping Guo, University of Birmingham with their poster at the EAPC Conference, Rotterdam.

Associate Professor Jackie Robinson's poster was titled, 'Death as a social justice issue: The impact of deprivation in accessing health services in the last year of life.'

Dr Tess Moeke-Maxwell gave an oral presentation on Māori and the Covid-19 lockdown. **Jackie Robinson, Kat Mason, Merryn Gott** and **Professor Linda Nikora** (Māori and Pacific studies) were co-presenters. **Tess** and her co-investigators **Merryn Gott** and **Kat Mason** also presented a poster at the conference. It was titled 'Rongoā, potentiality of Peace: Indigenous healing practices from Aotearoa New Zealand'.

Merryn, Kat, Tess and **Associate Professor Janine Wiles** (Population Health) presented a poster titled 'Creating safe spaces: barriers and facilitators to culturally safe palliative and end of life care'.

Finally, **Tess Moeke-Maxwell** gave an invited presentation at the University of Glasgow, Dumfries, titled 'Dying matters – Exploring Māori New Zealanders end of life cultural care customs.'



Ebony Komene

Māori nurses experience heavy cultural workloads

Professional Teaching Fellow **Ebony Komene** and colleagues reported in the [Journal of Advanced Nursing](#) about Māori nurses working and caring for whānau Māori in acute hospital settings. In the wānanga (learning through discussion, deliberation, and consideration) conducted, they found that Māori nurses grounded themselves in Indigenous values, knowledge, and theories. Yet they routinely experienced being compromised in their workload to deliver such care, which disadvantaged Māori patients and whānau.

Already underrepresented in the workforce, Māori nurses faced 'cultural loading': an expectation to fill Indigenous knowledge gaps to educate their non-Māori colleagues. The time and resources required to care for Māori patients and whānau was unsupported and often came on top of their other work.

The authors recommended that Indigenous nurses lead the development of nursing modes of practice for working with Indigenous peoples. Dr. Cathleen Aspinall and PhD student Bobbi-Jo Pene were among the paper's co-authors.

Research Study:
**Experiences of the End of Life Choice
2019 Act amongst families and whanau**



To improve the new assisted dying service in Aotearoa New Zealand, we would like to invite you to participate in a research interview if you have supported a family member who passed away since the 7th November 2021, when the End of Life Choice Act (EOLC Act) was enacted. The family member you supported may have:

- (i) used the EOLC Act; or
- (ii) considered using the EOLC Act but ultimately did not; or
- (iii) did not use the EOLC Act.

We sincerely acknowledge your loss and respect that your grief is still very recent. We would like to interview you when you feel comfortable with talking about your family member. This study will provide you with an opportunity to reflect on your journey of supporting your family member during the last part of their life.

Participation is entirely voluntary and would involve:

- One 60-minute interview for one Māori family or one 120-minute for Māori whānau (or family group interview if you wish to have your family member(s) present).
- Interview conducted via Zoom/MS Teams or a face-to-face interview if you are based in Auckland.
- The interview will be audio-recorded and transcribed.
- You will have the chance to review your transcript (only for individual interviews) and a study summary to ensure your views are accurately represented and that your confidentiality is preserved.

Please contact Dr Aida Dehkhoda at a.dehkhoda@auckland.ac.nz or on 09 923 9491 if you would like more information regarding the study's procedure, funds, and Ethics approval, have any questions, or if you might wish to participate.

Principal Investigators: Rosemary Frey: r.frey@auckland.ac.nz and Dr Gary Cheung: g.cheung@auckland.ac.nz - The University of Auckland



**MEDICAL AND
HEALTH SCIENCES**
SCHOOL OF NURSING