



Waipapa
Taumata Rau
University
of Auckland

Abnormal Uterine Bleeding

Women's Health Short Course

Short course

Ready to elevate your clinical confidence in managing patients with abnormal uterine bleeding? This short course is your opportunity to gain essential, evidence-based skills tailored to the New Zealand public health context, with content guided by the latest national clinical guidelines.

Course structure

This programme includes a flexible self-paced online course, and an optional practical skills workshop designed to complement your learning.

- Learn at your own pace through four interactive online modules, exploring the definition of abnormal uterine bleeding, common causes, patient assessment, initial management, and referral pathways
- Each module includes engaging activities, clinical reflections, and a formative quiz to reinforce your understanding
- Expand your skills with an in-person workshop focusing on Pipelle endometrial sampling and LNG-IUS insertion
- Join a small, hands-on group led by experienced specialists who provide expert feedback and a final formative assessment to ensure you leave confident and competent; enjoy connecting with peers over morning tea.

What will you learn?

You'll gain the skills and confidence to assess, manage, and treat abnormal uterine bleeding in primary care, applying national guidelines and evidence-based strategies. By adding the in-person workshop, you'll also benefit from specialist-led training and peer interaction to deepen your understanding of this important area of women's health.

Course benefits

By completing the online modules, you'll be able to:

- Define AUB and its common causes
- Conduct thorough assessments including history, examination, and investigations
- Identify appropriate initial management options, from medical to surgical approaches
- Communicate risks, side effects, and benefits of treatment options clearly to patients
- Explain the processes and indications for endometrial biopsy and LNG-IUS insertion

Upon completion of the online course, you will be awarded a Certificate of Completion.

By additionally completing the in-person workshop you will:

- Be able to demonstrate the clinical skills needed for Pipelle biopsy and LNG-IUS insertion
- Be awarded a University of Auckland Digital Badge
- Have the opportunity to join a short-term community of practice with colleagues for ongoing learning

This course is endorsed by RNZCGP for CME credits.

Entry requirements

This course is ideal for registered nurses, nurse practitioners, general practitioners, GPEP trainees, and postgraduate students in other specialties focused on women's health, including those on the Nurse Practitioner pathway.

Next start dates

Online course: Open for registration anytime.

In-person workshops: Held on-site at the Grafton campus.

Saturday, 27 September 9.30am-12.30pm SOLD OUT

Sunday, 12 October 9.30am-12.30pm.

Applications close one week before each session.

New or more dates will be added to this ongoing initiative.

Course cost

Online course: \$99

In-person workshop: \$500 (online course is a prerequisite for the workshop)

Enquiries

To speak to someone about this course, please contact:

Dr Helen Fieldes

Course Facilitator

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For more information, visit shortcourses.auckland.ac.nz

Disclaimer: Although every reasonable effort is made to ensure accuracy, the information in this document is provided only as a general guide for applicants and is subject to alteration.
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