



Injured?

Wellnz has been contracted by your employer to assist in injury management for you.

Injuries that occur at work

- If you have a workplace injury, make sure you let your Manager know. The incident will also need to be recorded in your employer's health and safety system.
- Seek treatment from a medical provider; this could include a doctor or physiotherapist. The medical provider can help you lodge an ACC claim for your injury.
- If you are given time off work due to the injury, let your Manager know immediately. This includes providing any medical certificates issued by your doctor.
- You can contact Wellnz for advice; alternatively they will contact you if you have been given time off work.

**For more information,
contact the team at Wellnz:**

P: 0508 INJURY (465 879)

E: enquiries@wellnz.co.nz

 [wellnz.co.nz](https://www.wellnz.co.nz)

Wellnz
Better care, better business