



INJURED?

Wellnz and the University of Auckland have joined together to provide assistance in injury management for staff.

Injuries that occur at work

- If you have a workplace injury, make sure you let your Manager know. The incident must also be reported via the University's on-line incident reporting system Damstra
- Seek treatment from a medical provider; this could include a doctor or physiotherapist. The medical provider can help you lodge an ACC claim for your injury
- Ask your treatment provider to send the ACC claim for directly to Wellnz
- If you are given time off work due to the injury, let your Manager know immediately. This includes providing any medical certificates issued by your doctor
- You can contact Wellnz for advice; alternatively they will contact you if you have been given time off work

Injuries that occur outside work

- If you have an injury outside of the workplace, where you are given more than seven days off work, Wellnz can manage your injury instead of ACC
- If you are given time off work due to the injury, let your Manager know as soon as possible. This includes providing any medical certificates issued by your doctor

For more information, contact the team at Wellnz:

Email: enquiries@wellnz.co.nz

Phone: 0508 INJURY (465 879)

www.wellnz.co.nz



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