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# Te Korowai Whakaruruhau

Health, Safety and Wellbeing Service

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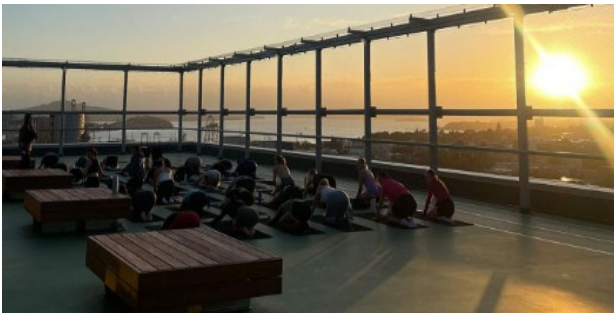
April 2026

Flu vaccinations are now available at the Campus Pharmacy. The University popups commence 20 April and run through to 11 May.

*Protect Yourself and Other individuals, such as the elderly, young children, and those with underlying health conditions.*

[Make a Booking](#)

## WELLBEING DOMAIN



### World Day for Safety and Health at Work on 28 April 2026

This year's World Day for Safety and Health at Work on 28 April 2026 focuses on healthy psychosocial working environments. It provides an opportunity to reflect on how we continue to strengthen our approach, aligned with global good practice.

The psychosocial working environment is shaped by how work is designed, organised, and managed across the University of Auckland | Waipapa Taumata Rau. Factors such as workload, role clarity, autonomy, support, and fair and transparent processes influence how work is experienced and impact people's health, safety, and wellbeing.

When not well managed, these factors can present as psychosocial hazards and, like physical risks, require a proactive and consistent approach to ensure a safe and healthy working environment for all.

For more information and resources, please visit the [International Labour Organization](#).

# 2026 INFLUENZA VACCINATIONS

## 2026 Staff & Student Influenza Vaccination Details

Safeguarding the health of our staff and students is a priority for the University.

As we approach the winter months, we encourage all of you to get the flu vaccination.

### Eligibility, Access and Process

All staff with a permanent or fixed term employment agreement are eligible for a vaccination, to be paid for by the University.

All students currently enrolled are also eligible for free flu vaccination.

More information on the flu vaccine can be found by following this link:

<https://www.tewhatauora.govt.nz/for-health-professionals/clinical-guidance/diseases-and-conditions/influenza>

### City Campus Flu Vaccination

Staff and Students can obtain the flu vaccination from Unichem Campus Pharmacy with no upfront cost. **Bookings are not required!**

### Campus Pharmacy Only

If you have any questions, you can contact Campus Pharmacy on 09-377-1991 or Email [campus.pharm@xtra.co.nz](mailto:campus.pharm@xtra.co.nz). They are located at 9 Symonds Street, Kate Edger Information Commons

**Students registered with University Health & Counselling Service can obtain vaccinations from:**

#### University Health & Counselling Service

Level 3, Kate Edger Building  
2 Alfred Street  
Auckland 1010

**Throughout City, Grafton, Newmarket and Tai Tonga campuses, pop-up vaccination centres will be held on the following dates:**

○ Grafton Campus Building 507	Staff only 20 & 21 April 9am-4pm	<a href="#">Book Here</a>
○ Grafton Campus Building 507	Students 22 & 23 April 9am- 4pm	<a href="#">Book Here</a>
○ Grafton Campus Building 507	Staff & Students 28 April 9am-4pm	<a href="#">Book Here</a>
○ City OGGB Building 260	Staff & Students 29 April 10am-2pm	<a href="#">Book Here</a>
○ City OGGB Building 260	Staff & Students 30 April 9am-1pm	<a href="#">Book Here</a>
○ City Arts & Edu Building 201	Staff & Students 4 May 9am -1pm	<a href="#">Book Here</a>
○ City Arts & Edu Building 201	Staff & Students 5 May 1pm -4pm	<a href="#">Book Here</a>
○ City Eng & Design Building 402	Staff & Students 6 May 10-2pm	<a href="#">Book Here</a>
○ Newmarket Campus Building 903	Staff & Students 7 May 10am- 2pm	<a href="#">Book Here</a>
○ Tai Tonga – South Auckland	Staff & Students 11 May 12-1pm	<a href="#">Book Here</a>

**These pop-up centres are open to all cohorts across each campus**

## Tai Tokerau Campus Kensington Pharmacy Whangarei - 4 Kensington Ave

Eligible staff and students may obtain their flu vaccination from the pharmacy with no upfront cost, just present your staff or student ID. [Bookings](#) are strongly suggested.

## Leigh, Goldie, UniServices (remote) and other Staff only

Unfortunately, we are not able to offer flu vaccinations at these locations, therefore eligible staff working at Leigh, Goldie and UniServices (remote) are able to obtain the vaccine off campus at their local medical centre or pharmacy and claim reimbursement using Concur.

All permanent staff and those with fixed-term employment agreements are eligible for reimbursement. The standard refund amount is \$35.

A full set of Concur guides relating to reimbursement is available [here](#). Please use this link to log directly into [Concur](#) and claim your reimbursement.

## Other vaccines available to eligible staff and students include:

COVID 19 Booster, MMR- Measles Mumps Rubella, Boostrix (tetanus, diphtheria, and whooping cough - pertussis), HPV, Meningococcal- MenQuadfi- MenB- Shingles

# OUT AND ABOUT WITH HEALTH AND SAFETY

At the end of March 2026, the University welcomed an external, third-party audit by the Ministry for Primary Industries (MPI). This visit provided a valuable opportunity not only for independent assurance, but also to showcase the strength and maturity of our **biosafety systems**.

Such audits build confidence that our frameworks are responsive, risk-based, and fit for purpose. They confirm that biosafety risks are being effectively managed, while continuing to support and enable our core mission of teaching and research.

Following MPI's recent transition from Food Safety to Biosecurity, two managers accompanied the verifiers to gain firsthand insight into how our large and complex facilities operate in practice and how our systems translate policy into outcomes. We valued the constructive discussions held throughout the day and appreciated the opportunity to showcase how our systems actively support safe, compliant, and forward-looking research, which benefits Aotearoa New Zealand.



Photo from our visit to the Animal Facility (VJU) at the Faculty of Medical and Health Sciences.

From left to right, James Read (Manager Verifications & Programmes), Elizabeth Buckley (Second Verifier), Courtney Maingay (first verifier), Miguel Navarro (Team Manager CAT), Erica Zarate (Biological Safety Adviser) and Francesca Casu (Hazards & Containment Manager)

# WHAT'S NEW, FOR YOU?

## Say hello to the refreshed UoA Alert app!

We're excited to share that the UoA Alert app has been updated to align more closely with the Health, Safety and Wellbeing webpages. This includes refreshed Emergency Information and several new subsections designed to make it easier for all of us to find clear, consistent guidance—whether we're responding to an emergency or preparing ahead of time.

This relaunch is a great opportunity to explore the app's fresh new look and handy features.

*While UoA Alert plays a vital role in delivering emergency information and notifications, it also includes emergency contacts and resources that support everyday health and safety awareness across the University.*



If you already have the UoA Alert app, now's a great time to open it up, have a look around, and make sure it's ready when you need it most. And if you don't have the app yet, we encourage you to download it and give it a try—it's a simple way to stay informed and connected. Thanks for helping keep our University community safe and well.

## Emergency Information changes

The Health and Safety Emergency Response Booklet has now been retired. It has been replaced with a comprehensive [Emergency Information](#) page on the University of Auckland internet. We would encourage everyone to familiarise themselves with this information so you're prepared if an emergency situation arises.

# SLIPS, TRIPS AND FALLS: STAYING SAFE ON CAMPUS



With wetter weather setting in, the risk of slips, trips and falls increases across campus. These incidents are one of the most common causes of injury and can happen to anyone, often when we least expect it. A little extra awareness and some simple precautions can go a long way in keeping everyone safe.

Wet conditions can make many surfaces more hazardous. Footpaths, steps, ramps and entryways can quickly become slippery when it rains, especially when combined with fallen leaves, moss or mud. Wet leaves are particularly dangerous, as they can be very slippery and hide uneven surfaces underneath. Take extra care when walking under trees or through garden areas, and slow down if surfaces look wet or covered.

Footwear also plays an important role in preventing slips. Shoes with good tread and grip provide better stability on damp or uneven surfaces. Smooth-soled shoes or worn footwear can significantly increase the chance of losing your footing, especially on tiles, concrete and metal stair treads.

Being alert to your surroundings is key. Watch where you're walking and avoid distractions such as using your phone while moving between buildings. Take extra care on stairs by using handrails where available and never rush—most slips and trips happen when people are in a hurry.

Indoors, wet weather can track water inside buildings, making floors slippery near entrances. If you notice water on floors, take care when walking through and report it so it can be promptly addressed. Similarly, report any uneven paving, loose mats, poor lighting or other hazards you notice around campus.

Finally, remember that everyone plays a part in maintaining a safe environment. By slowing down, choosing appropriate footwear, being mindful of surfaces, and reporting hazards, we can reduce the risk of slips, trips and falls and help keep our campus safe throughout the winter months.

Stay aware, take care, and look out for one another.

## Pink Shirt Day 2026 – Friday 15 May

Pink Shirt Day is about reducing bullying by celebrating diversity in all its forms and supporting schools, workplaces, and communities to be safe, supportive, welcoming, and inclusive.

**Pink Shirt Day** is the day Aotearoa comes together to take a stand against bullying. The Mental Health Foundation of New Zealand has run the campaign since 2012, inspiring tangata to **Kōrero Mai, Kōrero Atu, Mauri Tū, Mauri Ora – Speak Up, Stand Together, Stop Bullying!** Learn more about the Pink Shirt Day kaupapa [here](#).

# REGULATORS CORNER

Watch this space: There is nothing to report from the regulators corner this month

## GROW YOUR LEARNING

- [Fire Safety and Warden Training](#)
- [First Aid Refresher](#)
- [Comprehensive First Aid Course \(with Online Pre-Learning\)](#)
- [Health and Safety: Role of a Leader and Manager](#)
- [Risk Assessment](#)
- [Moving and Handling Training \(Manual Handling\): On-demand sessions](#)
- [Chemical Safety Management in Labs](#)
- [An Introduction to Personal Safety & De-escalation: On-demand sessions](#)
- [Incident Management & Investigation course](#)
- [Hidden Disabilities Sunflower workshop](#)
- [Mental Health 101](#)
- [Health and Safety Representative: Initial Training](#)

## REO SPACE

# Ngā marama o te tau – Months of the year



Ngā Marama o te Tau Months of the Year	
Kohi-tātea	January
Hui-tanguru	February
Poutū-te-rangi	March
Paenga-whāwhā	April
Haratua	May
Pipiri	June
Hōngongoi	July
Here-turi-kōkā	August
Mahuru	September
Whiringa-ā-nuku	October
Whiringa-ā-rangi	November
Hakihea	December



Ngā Marama o te Tau Months of the Year		
	<b>Hōtoke</b> Hune Hūrae Ākuhata	Winter June July August
	<b>Kōanga</b> Hēpetema Oketopa Noema	Spring September October November
	<b>Raumati</b> Tihema Hānuere Pēpuere	Summer December January February
	<b>Ngahuru</b> Māehe Āperira Mei	Autumn March April May

## Whakatauki

**Ka pū te ruha,  
ka hao te rangatahi.**

*As the old net withers,  
another is remade.*

(kura.rehia)

[Read Previous Issues of this Newsletter](#)