

Welcome to Newsletter 34 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

In March, we welcomed a total of 45 babies to the C*STEROID trial, increasing our cumulative total to 1320 babies.

Northern Hospital welcomed their first participant to the trial. Great job team!

Also, a warm welcome to **Mater Mothers' Hospital** who joined us as a new site last month.

Well done to **six sites who met their targets in March**. Please check out the '❤️' in the monthly leaderboard. Excellent work everyone – let's continue this momentum!

PSANZ 2025 - JOINT INVESTIGATORS MEETING



C*STEROID & PRECeDe team

Thank you to those who joined our investigators meeting at PSANZ 2025, whether in person or via Zoom.

It was a successful session complemented by delicious cookies and a crowd of many familiar faces. 😊

Congratulations to the two prize draw winners, Kirsten Palmer and Madi Wyatt, from Monash Health!



COMING UP IN MAY -

CELEBRATING INTERNATIONAL CLINICAL TRIALS DAY



We invite you to join us in celebrating International Clinical Trials Day next month on **Tuesday, 20th May**, by organising a local event to increase awareness about the trial.

To support your efforts, we will provide you with useful resources that you can use to engage with local clinicians and potential participants, along with innovative event ideas to ensure active participation!

Please stay tuned for more info.



C★STAR CLINICIAN OF THE MONTH

Congratulations to Midwives at Te Puna Wairua for being our C*STAR of the month!

Te Puna Wairua is an Iwi lead maternity hub in Porirua, Wellington, New Zealand.

Midwives at Te Puna Wairua often help by giving the second dose of study drug to our C*STEROID participants and let us use their rooms for study visits so that wāhine don't need to travel into town and to allow them to participate in the trial.

We're truly grateful for this vital support from local community in Porirua.

Here is what they shared about their experience working on this research:

*"Thank you so much for this honor! At Te Puna Wairua - Hapu Mama Hub, we had the privilege of facilitating the c*steroid trial: allowing wāhine to participate in clinical trials within their local community, without the need for extra visits to Wellington. We are eager to see the results of this research and to determine whether administering antenatal steroids closer to term before a planned C-section is the right approach."*



Fiona Barriball (Te Puna Wairau Midwife)

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Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1	Feb 2021	Christchurch	10	213	12
2	Oct 2020	National Women's Health, Auckland	14	471	7
3	Jun 2023	Monash Health (VIC)	5	40	5
4	Feb 2023	Sunshine/Bacchus Marsh (VIC)	9	103	4
5	Apr 2023	Royal Women's Melbourne (VIC)	5	36	4
6	Apr 2023	St George (NSW)	2	23	3
7	Nov 2020	Waikato	4	142	2
8	Jun 2024	Campbelltown Hospital (NSW)	2	14	2
9	Oct 2023	<u>Waitematā</u> (Auckland)	2	12	2
10	Oct 2021	Wellington	3	50	1
11	Jun 2023	Royal Brisbane and Women's (QLD)	3	11	1
12	Jan 2025	Barwon Health (VIC)	4	7	1
13	Jun 2023	Northern Hospital (VIC)	1	1	1
14	Apr 2023	Royal Hospital for Women (NSW)	4	34	0
15	Jun 2022	Middlemore (Auckland)	3	34	0
16	Apr 2023	Mercy Hospital for Women (VIC)	4	34	0



17	Mar 2021	Tauranga	-	28	0
18	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	3	19	0
19	Jul 2023	Ipswich Hospital (QLD)	3	19	0
20	Jun 2023	Women's and Children's Hospital Adelaide (SA)	3	18	0
21	Apr 2021	Northland	-	5	0
22	Apr 2024	Fiona Stanley Hospital (WA)	1	1	0
23	Mar 2024	John Hunter Hospital (NSW)	1	1	0
24	Jun 2023	Townsville Hospital (QLD)	-	1	0
25	Mar 2025	Mater Mothers' Hospital (QLD)	1	0	0
26	Jun 2023	Liverpool Hospital (NSW)	-	0	0
27	Jun 2023	Eastern Health Box Hill (VIC)	-	0	0
*	Apr 2023	Royal North Shore (NSW)	-	3	-

= New sites = Moved up leaderboard = Met monthly site target

1320



Superb work **Christchurch** for getting on top of the leaderboard again this month!

Other sites to celebrate this month:

- Sunshine
- St George
- Waikato
- Campbelltown
- Waitematā
- Royal Brisbane and Women's
- Northern Hospital



mater mothers' hospital

New site -
Mater Mothers' Hospital
(activated on 25 March 2025)

Welcome onboard team, we're excited to have you join us!