

Welcome to Newsletter 38 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE



Another **exciting milestone** reached - the C*STEROID trial has now recruited over **1500 babies!**

This is undoubtedly a tremendous team effort. Congratulations to all of our C*STEROID teams across Australia and New Zealand. We hope you take this opportunity to celebrate with your teams - you've absolutely earned it!

We have more exciting news to share. We have broken our highest monthly recruitment record in July with **69 recruits!!** This is an outstanding achievement. Congratulations again to us all.

Let's maintain this momentum and boost recruitment for the **Trans-Tasman Recruitment Challenge**. This is your chance to shine and win some exciting prizes. Let's make every effort count!



MONASH HEALTH CELEBRATES 50 RECRUITS

The Monash team recently celebrated reaching a milestone of recruiting 50 C*STEROID participants. Congratulations team!

The Monash team would like to highlight Madi, research midwife, for her remarkable contributions to the recruitment process, alongside her exceptional team.

Once again, congratulations for reaching this significant milestone. We appreciate your enthusiasm and continued efforts in support of this important research.



Back row (L to R):

Jessica Mulhall, Thao Nguyen, Georgie Hunter, Madi Wyatt, Prof Kirsten Palmer.

Front row (L to R):

Anthony Nisi, Nikki Brownlie, Harriet Dinning.

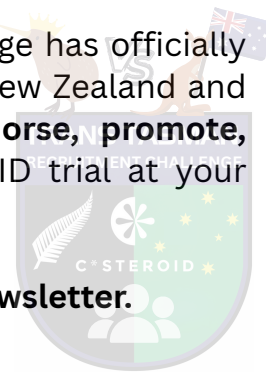
Do you have snaps of your team celebrating your recent achievement or any other events? Send them our way (trials.admin@auckland.ac.nz) and we will feature them in our upcoming newsletter.

THE TRANS-TASMAN CHALLENGE HAS BEGUN!



The August Trans-Tasman Recruitment Challenge has officially started! Please ensure that you display your New Zealand and Australian-specific posters and **actively endorse, promote, and encourage participation** in the C*STEROID trial at your site.

Winners will be announced in the upcoming newsletter.
Best of luck to everyone!



IMPORTANT REMINDER:

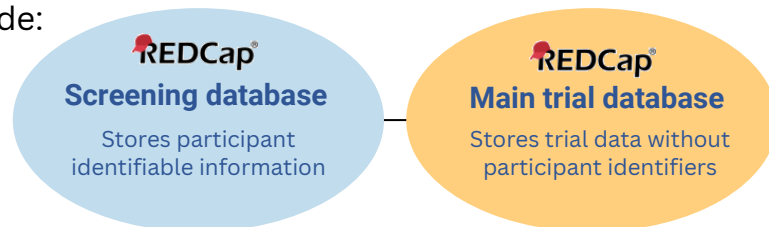
REMOVE PARTICIPANT IDENTIFIERS BEFORE UPLOAD

We recently noticed that 49% of documents uploaded on REDCap require data redaction and subsequent re-upload. Please **remove participant identifying details** before uploading supporting documents to the main trial database (for example, nursery admission notes or discharge summaries) AND include the **study ID**.

If using Adobe Acrobat, please use the **'Redact' function** to remove these details permanently. Simply drawing over the text digitally is insufficient, as it is reversible.

Examples of participant identifiers include:

- Name of mother/baby
- DOB of mother
- NHI or URN of mother/baby
- Contact details



We will continue to monitor this and raise data queries in the REDCap database to resolve future issues.

C*STAR CLINICIAN OF THE MONTH



Congratulations to the Billy Callinan-Sands for being our C*STAR of the month!

Billy is a midwife from John Hunter Hospital, NSW, Australia who has shared:

"Working in a high risk midwifery group practice model, I am able to build a very good rapport with my patients. Most of the women are very interested in participating in the study if it helps improve health outcomes for mums and babies."

CONTACT US

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Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1	Feb 2021	Christchurch	10	250	14
1	Oct 2023	Waitematā (Auckland)	2	42	14
2	Oct 2020	National Women’s Health, Auckland	14	504	11
3	Apr 2023	Royal Women’s Melbourne (VIC)	5	52	6
4	Feb 2023	Sunshine/Bacchus Marsh (VIC)	9	117	5
5	Nov 2020	Waikato	4	149	4
6	Jun 2023	Monash Health (VIC)	5	60	4
7	Jan 2025	Barwon Health (VIC)	4	21	4
8	Jun 2024	Campbelltown Hospital (NSW)	2	17	2
9	Jun 2023	Northern Hospital (VIC)	1	7	2
10	Oct 2021	Wellington	3	54	1
11	Mar 2025	Mater Mothers’ Hospital (QLD)	1	4	1
12	Mar 2024	John Hunter Hospital (NSW)	1	3	1
13	Apr 2023	Mercy Hospital for Women (VIC)	4	37	0
14	Jun 2022	Middlemore (Auckland)	3	36	0
15	Apr 2023	Royal Hospital for Women (NSW)	4	34	0



16	Mar 2021	Tauranga	-	28	0
17	Apr 2023	St George (NSW)	2	26	0
18	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	3	22	0
19	Jul 2023	Ipswich Hospital (QLD)	3	20	0
20	Jun 2023	Women’s and Children’s Hospital Adelaide (SA)	3	18	0
21	Jun 2023	Royal Brisbane and Women’s (QLD)	3	12	0
22	Apr 2021	Northland	-	5	0
23	Apr 2024	Fiona Stanley Hospital (WA)	1	1	0
24	Jun 2023	Townsville Hospital (QLD)	1	1	0
25	May 2025	Frances Perry House (VIC)	1	0	0
26	Jun 2023	Liverpool Hospital (NSW)	-	0	0
27	Jun 2023	Eastern Health Box Hill (VIC)	-	0	0
*	Apr 2023	Royal North Shore (NSW)	-	3	-
<div><div></div> = New sites</div> <div><div></div> = Moved up leaderboard</div> <div><div></div> = Met monthly site target</div>				1523	<div>69</div>



Congratulations to both **Christchurch** and **Waitemata** for achieving the top ranking this month! Exceptional work, teams!

Also, high-fives to the **nine sites** that successfully met their monthly targets.



Other sites to celebrate this month:

- Waikato
 - Barwon Health
 - Campbelltown
- Wellington
 - John Hunter