

Welcome to Newsletter 18 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

November Recruitment

Challenge

What a month it has been! Well done to all our NZ and Australian sites for an amazing month of recruitment. It was great to see many different events in action to help promote and endorse the trial. Staring at these photos is making me hungry!! Waikato also celebrated their 100th recruit this month which is a great achievement.



Featured here we have National Women's Health, Waikato Hospital, and Christchurch Hospital having a morning tea each, Ipswich Hospital hosting a staff sausage sizzle, and Royal Hospital for Women with a delicious luncheon.



NOVEMBER CHALLENGE

RESULTS



Congratulations Team New Zealand!

You are our **winning country** for the November recruitment challenge! The Kiwis have come out on top with a total of 28 recruits for the month compared to a total of 13 from our Australian sites.



Well done **Sunshine/Bacchus Marsh** in Australia and **National Women's Health** in New Zealand for winning the prize of top recruiting sites during the challenge!

5 RECRUITS



10 RECRUITS



Christchurch Hospital in New Zealand is also a winner!! More than double their monthly target with a total of 9 recruits and only just missing out on the top spot. Our winner for Top Recruiter award easily goes to **Carlene Farnhill** – Research Midwife Extraordinaire, what an incredible job you have done!

Congratulations to all our winners. **Keep an eye out in the mail for your prizes (coming soon).** All your efforts have made a real difference to recruitment this month and we hope this can continue into 2024.



Check out the full recruitment table on the next page for the individual site numbers. We almost beat our previous monthly record with a total of...

41 NOVEMBER BABIES RECRUITED

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MONTHLY RECRUITMENT LEADERBOARD

Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
★ 1	Oct 2020	National Women's Health (Auckland)	16	328	10
2	Feb 2021	Christchurch	4	83	9
★ 3	Nov 2020	Waikato	8	112	5
4	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	33	5
5	Jun 2023	Monash Health (VIC)	4	12	2
★ 6	Apr 2023	St George (NSW)	4	10	2
★ 7	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	6	2
★ 8	Oct 2023	Waitematā	4	2	2
★ 9	Oct 2021	Wellington	4	30	1
★ 10	Jun 2022	Middlemore (Auckland)	4	19	1
11	Apr 2023	Mercy Hospital for Women (VIC)	4	12	1
12	Jul 2023	Ipswich Hospital (QLD)	4	4	1
13	Mar 2021	Tauranga	-	28	0
15	Apr 2023	Royal Hospital for Women (NSW)	4	8	0
15	Apr 2023	Royal Women's (VIC)	4	5	0
16	Apr 2021	Northland	-	5	0
17	Apr 2023	Royal North Shore (NSW)	4	2	0
18	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
19	Jun 2023	Royal Brisbane and Women's (QLD)	4	0	0
20	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	0	0
21	Jun 2023	Liverpool Hospital (NSW)	4	0	0
22	Jun 2023	Northern Hospital (VIC)	4	0	0
23	Jun 2023	Townsville Hospital (QLD)	4	0	0
24	Sep 2023	Epworth Hospital	4	0	0
Total				699	★ 41

★ = Moved up the leader board

As well as our November challenge site winners, **seven of our sites have jumped up the recruitment leaderboard!**

WELL DONE



- Waikato
- St George
- Ballarat Base
- Waitematā
- Wellington
- Middlemore
- National Women's Health

Congratulations

to National Women's Health for also being our top NZ recruiting site AND hopping back into first place on the leaderboard.



Waitematā got their first two recruits!!

Thank you everyone for a brilliant year of C*STEROID recruitment.

We look forward to celebrating many more milestones with you all in 2024. We hope everyone enjoys the holidays and has a

MERRY CHRISTMAS
 & HAPPY NEW YEAR