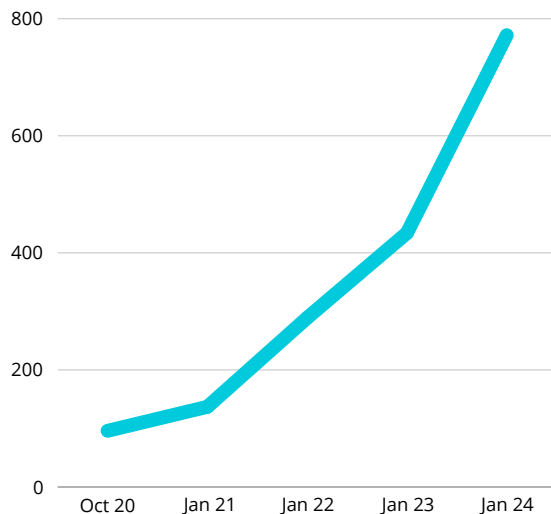


Welcome to Newsletter 20 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

What a great start to year for all our C*STEROID sites! During January we recruited 38 participants. We now have a **total of 771 recruits**. Since we started recruitment for the C*STEROID Trial in October 2020, it is great to look back on our progress. Over the last few years, you can see recruitment is certainly growing! We have almost reached our 800 participant milestone and our numbers are on the up. Keep up the fantastic work everyone!



MARCH *Easter* NUMBER HUNT

Next month we have an exciting new recruitment challenge happening! Our monthly target across all sites is 55, so we have chosen 5 random numbers leading up to this target for sites to 'hunt'. Each participant a site recruits that matches one of the numbers shown below will win a **\$50 e-voucher**.



If any site manages to recruit the 55th participant during March, they will win an even bigger prize of a **\$100 e-voucher**.

Winners will be announced during March as each number is 'hunted' with recruitment.





Dr Kristy Fennessy & Prof Jo Said



Congratulations Dr Kristy Fennessy for being our January C*STAR of the month. Kristy is an obstetrician at Sunshine Hospital in Melbourne. She has shared a few words about her experience working on the C*STEROID Trial.

*"I am very pleased to be part of recruiting women and their babies to the C*STEROID Trial. Undertaking clinical research in obstetrics is vital so that we can improve our care for women and their babies. It remains challenging and pregnant women are often excluded from trials due to their precious cargo on board! This is another amazing trial from Professor Jo Said's research group and we can't wait to find out whether corticosteroids given before a planned caesarean section will improve outcomes for babies between 35⁺⁰- 39⁺⁶ weeks gestation!"*

Join us for the next C*STEROID and PRECeDe investigators meeting at the 2024 PSANZ conference in Christchurch New Zealand. Please RSVP here: <https://forms.gle/XgquHfZwh7UqoSks6>

JOINT INVESTIGATORS MEETING



C*STAR

TUESDAY 9TH APRIL 2024











PRECeDe


**PSANZ CHRISTCHURCH LUNCHTIME SESSION
TIME & ROOM TBC**

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Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1 	Feb 2021	Christchurch	4	99	10
2 	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	43	8
3 	Nov 2020	Waikato	8	122	6
4	Oct 2020	National Women's Health (Auckland)	16	339	5
5 	Oct 2021	Wellington	4	32	2
6 	Apr 2023	Mercy Hospital for Women (VIC)	4	17	1
7	Jun 2022	Middlemore (Auckland)	4	22	1
8	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	9	1
9	Jul 2023	Ipswich Hospital (QLD)	4	7	1
10	Apr 2023	St George (NSW)	4	12	1
11 	Jun 2023	Monash Health (VIC)	4	13	1
12 	Jun 2023	Royal Brisbane and Women's (QLD)	4	1	1
13	Apr 2023	Royal Hospital for Women (NSW)	4	11	0
14	Mar 2021	Tauranga	-	28	0
15	Apr 2023	Royal Women's (VIC)	4	5	0
16	Apr 2021	Northland	-	5	0
17	Oct 2023	Waitematā	4	2	0
18	Apr 2023	Royal North Shore (NSW)	4	2	0
19	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	1	0
20	Jun 2023	Townsville Hospital (QLD)	4	1	0
21	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
22	Jun 2023	Liverpool Hospital (NSW)	4	0	0
23	Jun 2023	Northern Hospital (VIC)	4	0	0
24	Sep 2023	Epworth Hospital	4	0	0
		Total		771	

 = Moved up the leader board

Well Done!

Christchurch Hospital!

Top of the leaderboard again and double digit recruits. Keep up the amazing work!

Mercy Hospital for Women has moved up the leaderboard again, keep climbing and recruiting team!

Our other sites that have moved up the leaderboard this month are:

- Sunshine/Bacchus Marsh
- Waikato
- Wellington
- Monash Health
- Royal Brisbane and Women's

It was also Royal Brisbane and Women's **FIRST RECRUIT!** Great work!



Keep endorsing, promoting and recruiting everyone! Let's reach the 800 milestone next month.