

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

Welcome to Newsletter 7 for the C*STEROID Trial

RECRUITMENT UPDATE

During December, recruitment seemed slow over the festive period. But with a **new year** means a **new goal** for C*STEROID! We want to focus on ways to boost recruitment and ensure all our sites are aware of the multiple resources we have available to help with this.

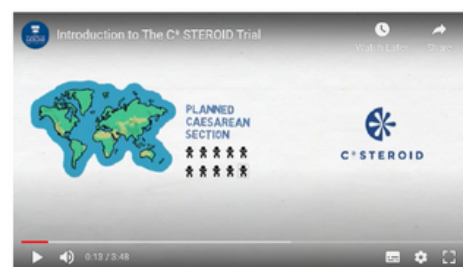
Site	Total (babies)	Last month
Auckland	243	7
Waikato	82	2
Tauranga	28	0
Christchurch	32	0
Northland	5	0
Wellington	19	0
Counties	7	0
Total	416	9

HELPFUL RESOURCES



We have C*STEROID **brochures** available in ten different languages. Engaging with eligible women & whānau early is important and it can be useful to provide information at antenatal visits. Having information available in clinical settings also helps promote and raise awareness about the trial.

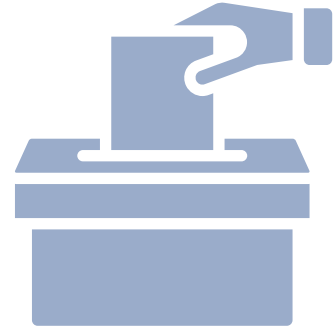
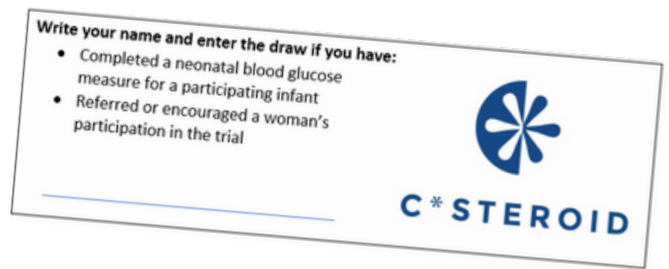
As well as written information, we have **videos explaining the trial** which can also be useful to share with eligible women. These can be found along with the brochure files on our website: <https://www.auckland.ac.nz/en/liggins/in-the-community/clinical-studies/clinical-studies-pregnancy/c-steroid-trial.html>



Engaging in our **investigators meetings** is also a great way to find out more information and updates about the trial. If your site would like an in person educational update, the C*STEROID team are happy to arrange this. Please feel free to contact our clinical trial manager, Elisa Tam, to discuss this further.



Another idea to boost recruitment in your site includes having a **local prize draw**. For example, the Auckland team collect names of staff members who have contributed towards C*STEROID and draw a name each month to award a \$50 Prezzy card. To get in the draw, staff either have to complete a neonatal blood glucose measurement for an infant whose mother is in C*STEROID or refer/encourage a woman's participation in the trial. Having small activities like this helps to keep staff engaged with the trial while promoting recruitment.



If you have any other ideas on ways to boost recruitment, we would love to hear from you! It is important we are able to educate staff and eligible women and their whānau about C*STEROID so they are able to make an informed choice about participating in research.

JOIN US AT PSANZ 2023 INVESTIGATORS MEETING

TUESDAY 7TH MARCH 12:45 - 1:30PM



C*STEROID



PRECeDe



Reminder to join us for the next investigators meeting at PSANZ 2023 in Melbourne.

Location: MCEC Room 103.

A zoom link will also be provided closer to the time for those who are unable to attend.

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