

Welcome to Newsletter 19 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

Happy New Year to all our C*STEROID collaborators! We hope many of you were able to have a restful break during the holiday season, or have time off planned soon if you had to work through this period.



RECRUITMENT UPDATE



Congratulations to our Australian sites for reaching 100 recruited participants!!

It is lovely to see you celebrating with cupcakes to mark the occasion. **A big thank you to Mel Sutton, Von Brown and Kaitlin Constable** who were all involved with recruiting the 100th participant for Australia.



Von Brown & Kaitlin Constable



Mel Sutton

Mel has been flying the C*STEROID flag amazingly in between her other job as the Mercy Tissue Bank Midwife. Von and Kaitlin have also been doing do a fantastic job in their role as research midwives.

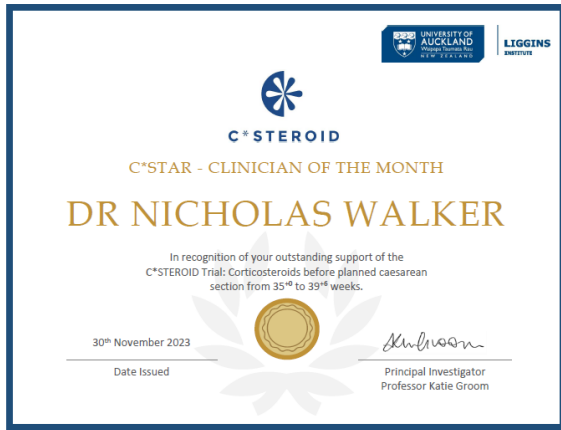
Across all of our Australian and New Zealand sites we have reached the milestone of over...

700 BABIES RECRUITED

At the end of last year we started a new monthly initiative to celebrate our amazing clinicians that contribute to the C*STEROID Trial. In December we had **our first C*STAR of the month - Dr. Nicholas Walker**, who is a private obstetrician based at National Women's Health Hospital in Auckland.



Jenny Lee (Clinical Research Coordinator), Dr. Nicholas Walker, Rebecca Hay (Research Midwife).



Dr. Walker has shown outstanding support for the C*STEROID Trial since the beginning and is one of our top recruiters from Auckland. He believes the research is beneficial, and understanding the study helps him be motivated to support the trial.

You can be our next C*STAR!

If you want to nominate a colleague to become our next monthly C*STAR, please email us at csteroid@auckland.ac.nz.

Clinician/LMC support is hugely important for many women when deciding to participate in research, so please keep supporting C*STEROID, especially when discussing the mode of birth or when booking elective caesareans.

C*STEROID INVESTIGATORS MEETING



Don't forget we have a **New Zealand investigators meeting** coming up at the end of the month on **Wednesday 31st January at 4pm (NZST)**. We look forward to seeing you all there on zoom.



Zoom Meeting ID: 924 8519 3846
Passcode: 186340



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Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
★ 1	Feb 2021	Christchurch	4	89	6
2	Oct 2020	National Women's Health (Auckland)	16	334	6
★ 3	Apr 2023	Mercy Hospital for Women (VIC)	4	16	4
4	Nov 2020	Waikato	8	116	4
★ 5	Apr 2023	Royal Hospital for Women (NSW)	4	11	3
★ 6	Jun 2022	Middlemore (Auckland)	4	21	2
7	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	8	2
8	Jul 2023	Ipswich Hospital (QLD)	4	6	2
9	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	35	2
10	Apr 2023	St George (NSW)	4	11	1
★ 11	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	1	1
★ 12	Jun 2023	Townsville Hospital (QLD)	4	1	1
13	Jun 2023	Monash Health (VIC)	4	12	0
14	Oct 2023	Waitematā	4	2	0
15	Oct 2021	Wellington	4	30	0
16	Mar 2021	Tauranga	-	28	0
17	Apr 2023	Royal Women's (VIC)	4	5	0
18	Apr 2021	Northland	-	5	0
19	Apr 2023	Royal North Shore (NSW)	4	2	0
20	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
21	Jun 2023	Royal Brisbane and Women's (QLD)	4	0	0
22	Jun 2023	Liverpool Hospital (NSW)	4	0	0
23	Jun 2023	Northern Hospital (VIC)	4	0	0
24	Sep 2023	Epworth Hospital	4	0	0
		Total		733	★ 34

Congratulations **Christchurch Hospital** for getting to the top of the leaderboard again! With 6 new recruits during the last month of the year, you have exceeded your recruitment target. Well done!



Our other sites to celebrate for moving up the leaderboard include:

- Mercy Hospital for Women
- Royal Hospital for Women
- Middlemore Hospital
- Ipswich Hospital
- Women's and Children's Hospital Adelaide
- Townsville Hospital



and an extra shout out to...

Women's and Children's Hospital Adelaide and **Townsville Hospital** on their **first recruits.**

Keep up the great work everyone!