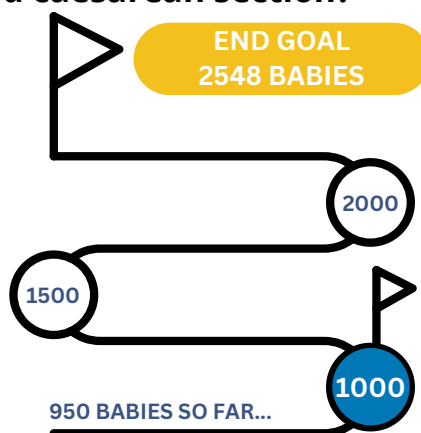


Welcome to Newsletter 25 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

We have almost reached our next milestone of 1000 babies. Currently we have **950 babies** recruited across New Zealand and Australia. To celebrate this next milestone, we have prepared a small gift for all sites. Keep an eye out for this coming your way soon. Reaching milestones is a great opportunity to host a local promotional event or celebration at your site. If you want any ideas or support with this, please reach out to csteroid@auckland.ac.nz.



BREAK THE WINTER WILDERNESS CHALLENGE

The 'Break the Winter Wilderness Challenge' is now complete! Congratulations to our winner in New South Wales, Australia:



CAMPBELLTOWN HOSPITAL!!

They are one of our new sites who successfully broke their record by recruiting their first participant. A prize will be on its way to your team shortly. Special mentions go to **Christchurch Hospital** and **Waitematā** for getting so close to breaking their record!



National Women's Health hosted a morning tea with hot chocolate and treats to promote the C*STEROID Trial during our June recruitment challenge. The research team in Auckland found this event very beneficial for increasing awareness about the trial, talking with women and their families, and strengthening their rapport with hospital staff.

Congratulations Carolina Servente for being our June C*STAR of the month! Carolina is a obstetric registrar working at National Women's Health who actively discusses and offers information about C*STEROID to her women in antenatal clinic. Carolina has shared:

"It's nice to offer the woman the choice to participate in a trial that may change clinical guidelines and may improve the health of babies born by elective caesarean section, a practice that is increasingly common in our population. I always felt very supported by the trial staff, and there are always brochures handy to aid my explanations to the patient. Thanks for the handy lanyard card!"



Carolina Servente

PARTICIPANT STORY



Head to our Facebook page to read more C*STEROID participant stories.



Photo and story shared with consent.

“It was easy to participate, and more participation will help our future babies.”

We share participant stories to show that **research is for everyone**, and people considering taking part in research can see how others have found it. One of our previous C*STEROID participants, Sunny, has kindly written a few words to explain how she found the C*STEROID Trial:

*“We learnt about the C*STEROID Trial after receiving a brochure, and through communications from the University as my wife was studying there at the time. We decided to take part to help with research. We were keen from the outset and did not have any reservations. We found the experience of taking part a lovely and easy process. We would take part again if we could. On reflection, the trial involved nothing complicated, it was easy to participate, and more participation will help our future babies.”*

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MONTHLY RECRUITMENT LEADERBOARD

Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1	Feb 2021	Christchurch	4	136	11
2	Oct 2020	National Women's Health (Auckland)	16	390	7
3	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	67	6
4	Apr 2023	Royal Hospital for Women (NSW)	4	20	2
5	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	9	2
6	Oct 2023	Waitematā	4	4	2
7	Apr 2023	Mercy Hospital for Women (VIC)	4	26	1
8	Nov 2020	Waikato	8	130	1
9	Jul 2023	Ipswich Hospital (QLD)	4	14	1
10	Apr 2023	St George (NSW)	4	15	1
11	Jun 2023	Royal Brisbane and Women's (QLD)	4	6	1
12	Jun 2024	Campbelltown Hospital (NSW)	4	1	1
13	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	14	0
14	Apr 2023	Royal North Shore (NSW)	4	3	0
15	Jun 2022	Middlemore (Auckland)	4	27	0
16	Oct 2021	Wellington	4	36	0

CONTINUE TO THE NEXT PAGE FOR MORE RESULTS



17	Jun 2023	Monash Health (VIC)	4	13	0
18	Mar 2021	Tauranga	-	28	0
19	Apr 2023	Royal Women's (VIC)	4	5	0
20	Apr 2021	Northland	-	5	0
21	Jun 2023	Townsville Hospital (QLD)	4	1	0
22	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
23	Jun 2023	Liverpool Hospital (NSW)	4	0	0
24	Jun 2023	Northern Hospital (VIC)	4	0	0
25	Sep 2023	Epworth Hospital	4	0	0
26	Mar 2024	John Hunter Hospital (NSW)	4	0	0
27	Apr 2024	Fiona Stanley Hospital (WA)	4	0	0
Total				950	35

 = New sites
  = Moved up the leader board



Congratulations Christchurch Hospital for getting back on top of the leaderboard this month with 11 new recruits! The other five sites to celebrate this month are: Sunshine/Baccus Marsh, Royal Hospital for Women, Women's and Children's Hospital Adelaide, Waitematā, and Royal Brisbane and Women's.

We also have a new site that has joined the C*STEROID team. Welcome **Campbelltown Hospital**, it is lovely to have you involved with the C*STEROID Trial. Well done on your first recruit already!

