

Welcome to Newsletter 12 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

We have a lot to celebrate this month!! Across all our sites, we reached a big milestone of...

500 BABIES RECRUITED!

Well done to all our C*STEROID sites for your hard work and continued efforts with recruitment. We look forward to celebrating many more milestones.

MONTHLY RECRUITMENT LEADERBOARD

Ranking	Site	Last month	Total (babies)
1	National Women's Health (Auckland)	12	288
2	Waikato	4	95
3	Christchurch	2	50
4	Wellington	2	22
5	Sunshine/Bacchus Marsh (VIC)	2	12
6	Middlemore (Auckland)	1	8
7	Royal Women's (VIC)	1	1
8	Tauranga	0	28
9	Northland	0	5
10	Mercy Hospital for Women (VIC)	0	0
11	Royal North Shore (NSW)	0	0
12	Royal Hospital for Women (NSW)	0	0
13	St George (NSW)	0	0
Total		24	509

 = New Australian sites!

We also reached a new monthly record of 24 babies recruited!!

Can your site move up the leaderboard with the most recruits next month?



Te Toka Tumai Auckland, Ward 98 team enjoying celebratory cake.



Merchandise sent to all our C*STEROID sites.

AUSTRALIAN SITE REMINDER



A friendly reminder for all our Australian sites:

Please don't forget when consenting your participants to the C*STEROID Trial, also ensure the C*STEROID Medicare consent forms are signed off for both mother and baby/babies. This is an important process to assist in the collection of long term Health Information outcomes for mothers and babies and should be completed at the consenting/randomisation visit.

PRECeDe Pilot Trial

The PRECeDe Pilot Trial was designed to determine the feasibility of undertaking a multicentre randomised controlled trial to assess the efficacy of antenatal corticosteroid administration within 7 days prior to elective caesarean section. in women with **pre-gestational diabetes or gestational diabetes**

(GDM). This is the same goal as **C*STEROID** but for women with diabetes in pregnancy (the group who usually get excluded from corticosteroid but those who potentially are most likely to benefit!)



A/Prof Joanne Said has kindly provided a summary of their findings and you can access the full manuscript by scanning the QR code or using this link: <http://doi.org/10.1111/1471-0528.17513>



On the basis of these findings, funds were secured from the NHMRC to undertake the **PRECeDe** multicentre trial planning to recruit participants at over 30 sites in Australia and New Zealand. This trial will commence at Joan Kirner Women's & Children's Hospital in the next few months. It is the perfect accompaniment to the **C*STEROID** trial. If you haven't yet expressed interest in joining **PRECeDe**, please get in touch with A/Prof Joanne Said jsaid@unimelb.edu.au or Lee-anne Lynch lee-anne.Lynch@wh.org.au

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