

Welcome to Newsletter 9 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

| Site | Total (babies) | Last month |
|-------------------------|----------------|------------|
| Auckland | 262 | 9 |
| Waikato | 87 | 2 |
| Tauranga | 28 | 0 |
| Christchurch | 41 | 6 |
| Northland | 5 | 0 |
| Wellington | 20 | 0 |
| Counties | 7 | 0 |
| Sunshine (Australia) | 4 | 4 |
| Total | 454 | 21 |

During February, we have had a great boost in recruitment! Well done to all actively recruiting sites.

In last months newsletter, we set the target of 20 recruits for the month of February... WE DID IT!

Congratulations team NZ & now team Australia for reaching this goal.

We hope to be recruiting far larger numbers each week so to keep the momentum going, our **new target for March is 30 recruits across all sites!**

WELCOME TO OUR AUSTRALIAN C*STEROID SITES

It has been a long time coming but we are so excited that this month we got to officially welcome Australia to the C*STEROID trial.

Congratulations **Team Melbourne in Sunshine Hospital** for being the first Australian site to recruit a participant for C*STEROID!

The remainder of our Australian sites will be opening very soon and will be hot on our heels with recruitment numbers.



PSANZ 2023

A big **congratulations** to those who won awards at PSANZ! Learning about new perinatal research and current evidence for best practice is always thought provoking and beneficial. It was also great to connect with some of our new C*STEROID Australian sites in person!



From left to right: Prof Katie Groom, Elisa Tam, A/Prof Joanne Said, Lee-anne Lynch

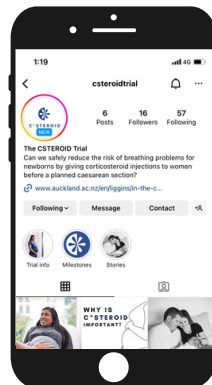
Thank you to everyone who was able to attend our C*STEROID and PRECeDe investigators meeting whilst at PSANZ! Along with the delicious cupcakes, the meeting was a valuable opportunity to discuss progress and updates for both clinical trials.



Prof Katie Groom presenting at the C*STEROID & PRECeDe investigators meeting

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 **@csteroidtrial**



We are now live on Instagram!

Follow us to learn more about the trial, receive recruitment updates and more.

CONTACT US

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