

## Welcome to Newsletter 21 for the C\*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

# 800

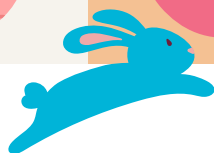
## BABIES RECRUITED

We have reached our next big milestone, **800 C\*STEROID babies recruited.**

Well done everyone! This is a great achievement and we hope you are able to celebrate this success at your sites.



## MARCH *Easter* NUMBER HUNT



The March Easter Number Hunt is well underway!

Congratulations **Tracey Williams from Waikato Hospital** who was the lucky winner of the 'hunted' recruitment number '8'. A \$50 voucher is on its way to you soon!

**We still have five more numbers left to be 'hunted' this month so don't miss out on your chances to win a prize.** There are four \$50 vouchers left, and one \$100 voucher for whoever recruits our monthly target number '55'. We will keep announcing winners throughout March as each number is 'hunted'. Good luck and happy recruiting everyone!



Carlene Farnhill

**Congratulations Carlene Farnhill for being our February C\*STAR of the month!** Carlene is a midwife from Christchurch Women’s Hospital who has done an outstanding job with recruitment efforts. Carlene has kindly shared a few words with us:

*“I have been fortunate to be part of the Christchurch Womens' research team this past year, and I have thoroughly enjoyed being part of the C\*STEROID Trial. As clinicians, we are aware of the risk of short-*

*term breathing issues in newborn babies born via elective caesarian section. This can have a significant impact on whānau and the crucial bonding period between mother and baby. I look forward to seeing the final results and whether giving corticosteroids will make a difference to future families! Thank you to the Auckland and Christchurch research teams for all their support this year.”*



C\*STEROID and PRECeDe  
**INVESTIGATORS MEETING**



**Remember to join us at PSANZ 2024 for our next investigators meeting.**

- Lunchtime session  
12:30 - 1:30pm
- Room:  
Dobson D1/D2
- Zoom available



**Please RSVP here:**  
<https://forms.gle/XgquHfZwh7UqoSks6>

**CONTACT US**  
 Prof Katie Groom [k.groom@auckland.ac.nz](mailto:k.groom@auckland.ac.nz)  
 Elisa Tam, Clinical Trial Manager  
 Ph: +64 22 431 1988 [elisa.tam@auckland.ac.nz](mailto:elisa.tam@auckland.ac.nz)  
 Australia  
 Prof Joanne Said [jsaid@unimelb.edu.au](mailto:jsaid@unimelb.edu.au)  
 Lee-anne Lynch [lee-anne.Lynch@wh.org.au](mailto:lee-anne.Lynch@wh.org.au)

Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
★ 1	Oct 2020	National Women's Health (Auckland)	16	350	11
2	Feb 2021	Christchurch	4	107	8
3	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	47	4
★ 4	Jun 2022	Middlemore (Auckland)	4	25	3
★ 5	Jul 2023	Ipswich Hospital (QLD)	4	10	3
★ 6	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	4	3
7	Nov 2020	Waikato	8	124	2
8	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	11	2
9	Oct 2021	Wellington	4	33	1
★ 10	Jun 2023	Royal Brisbane and Women's (QLD)	4	2	1
11	Apr 2023	Mercy Hospital for Women (VIC)	4	17	0
12	Apr 2023	St George (NSW)	4	12	0
13	Jun 2023	Monash Health (VIC)	4	13	0
14	Apr 2023	Royal Hospital for Women (NSW)	4	11	0
15	Mar 2021	Tauranga	-	28	0
16	Apr 2023	Royal Women's (VIC)	4	5	0
17	Apr 2021	Northland	-	5	0
18	Oct 2023	Waitematā	4	2	0
19	Apr 2023	Royal North Shore (NSW)	4	2	0
20	Jun 2023	Townsville Hospital (QLD)	4	1	0
21	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
22	Jun 2023	Liverpool Hospital (NSW)	4	0	0
23	Jun 2023	Northern Hospital (VIC)	4	0	0
24	Sep 2023	Epworth Hospital	4	0	0
		<b>Total</b>		<b>809</b>	★ <b>38</b>

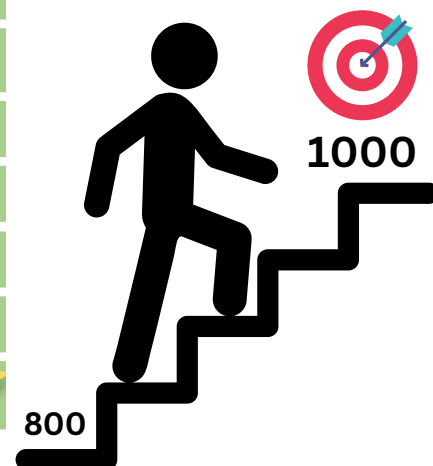


**National Women's Health** have managed to get back on top of the leaderboard! Well done team with a double digit recruitment month.

**Other sites that have moved up the leaderboard this month are:**

- Royal Brisbane and Women's
- Middlemore
- Ipswich Hospital
- Women's and Children's Hospital Adelaide

**With another big milestone achieved, we look onwards to the next big recruitment target. Can we reach 1000 babies recruited by the middle of the year?**



★ = Moved up the leader board