

Welcome to Newsletter 35 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

During April, we successfully recruited a total of 35 babies to the C*STEROID trial across all our sites, taking our cumulative total to 1,355 babies.

Can you break your monthly target in May?

We are on the brink of reaching the 1,400 mark. **Can we collectively meet our site targets this month and surpass this exciting 1,400 mark?**

Congratulations to the **three sites who met their targets in April - Amazing work!**

Please remember check out the '❤️'s in the monthly leaderboard to see if you've met your target!

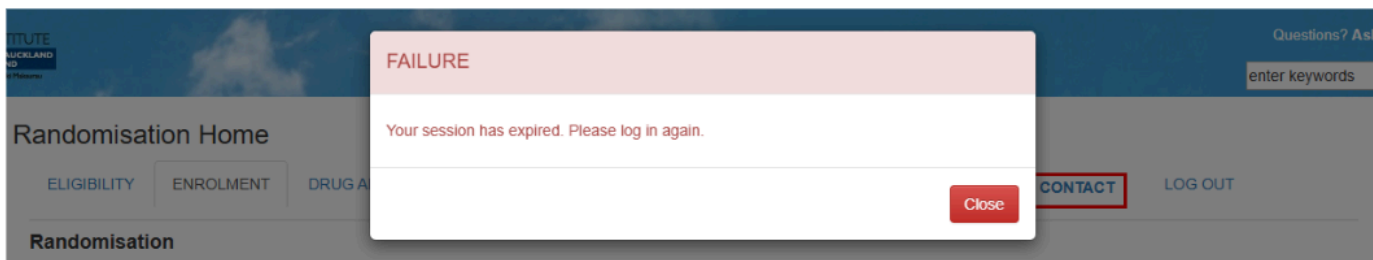


IMPORTANT REMINDER:

COMPLETE RANDOMISATION IN ONE GO

When randomising a participant, please ensure you complete the entire process without interruption. Pausing partway—such as taking a coffee break—may cause the randomisation website to time out.

If the session times out, you will be required to log in again using your access code (as shown below), and any data previously entered will need to be re-entered.



Should you encounter any issues that cannot be resolved by simply logging in again, please do not hesitate to contact our Coordinating Centre.



CELEBRATE CLINICAL TRIALS DAY

WITH C*STEROID AND PRECeDe

In honour of the International Clinical Trials Day (May 20th), we invite you to participate in organising a **local event to raise awareness about our two clinical trials - C*STEROID and PRECeDe.**

Throughout the month of May, plan and host an event at your C*STEROID/PRECeDe site. Use this initiative as an invaluable opportunity to highlight the importance of clinical research in mothers and babies health, while encouraging participation in the C*STEROID and PRECeDe trials.



CELEBRATE CLINICAL TRIALS DAY

with C*STEROID and PRECeDe

We invite you to join us in celebrating International Clinical Trials Day (20th May 2025) during May by organising a local event to increase awareness about the two clinical trials - C*STEROID and PRECeDe.

To support your efforts, we will provide you with useful resources on the latest evidence on antenatal corticosteroid use, including a recorded summary presentation '*Corticosteroids before late preterm and term birth: An update on the evidence for ongoing benefits or harms*' and one-pager summaries. These will be ideal to educate any hesitant local clinicians and encourage potential participants.

Need event ideas to start planning?

Host a "bring a plate" or "bring your own lunch" gathering to celebrate Clinical Trials Day, and discuss the latest evidence using our new resources.

Offer to sit in a clinic and share trial information with women to encourage participation.

Organise a drop-in session on C*STEROID/PRECeDe. Feat. sweet treats and trial supplies (pens, notepads etc).

Our library of resources, which includes event ideas, PI's summary and video on the latest evidence on antenatal corticosteroids titled '*Corticosteroids before late preterm and term birth: An update on the evidence for ongoing benefits or harms*' will be sent to you via email.

When you host your event, please remember to share your photos with our coordinating centres; we would be delighted to feature them in our next newsletter!

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Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1	Feb 2021	Christchurch	10	219	6
2	Oct 2023	Waitematā (Auckland)	2	17	5
3	Oct 2020	National Women's Health, Auckland	14	475	4
4	Jun 2023	Monash Health (VIC)	5	44	4
5	Jan 2025	Barwon Health (VIC)	4	10	3
6	Apr 2023	Royal Women's Melbourne (VIC)	5	39	3
7	Feb 2023	Sunshine/Bacchus Marsh (VIC)	9	105	2
8	Nov 2020	Waikato	4	144	2
9	Oct 2021	Wellington	3	52	2
10	Mar 2024	John Hunter Hospital (NSW)	1	2	1
11	Jun 2023	Northern Hospital (VIC)	1	2	1
12	Jun 2023	Royal Brisbane and Women's (QLD)	3	12	1
13	Apr 2023	St George (NSW)	2	24	1
14	Apr 2023	Royal Hospital for Women (NSW)	4	34	0
15	Jun 2022	Middlemore (Auckland)	3	34	0
16	Apr 2023	Mercy Hospital for Women (VIC)	4	34	0

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17	Mar 2021	Tauranga	-	28	0
18	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	3	19	0
19	Jul 2023	Ipswich Hospital (QLD)	3	19	0
20	Jun 2023	Women's and Children's Hospital Adelaide (SA)	3	18	0
21	Jun 2024	Campbelltown Hospital (NSW)	2	14	0
22	Apr 2021	Northland	-	5	0
23	Apr 2024	Fiona Stanley Hospital (WA)	1	1	0
24	Jun 2023	Townsville Hospital (QLD)	-	1	0
25	Mar 2025	Mater Mothers' Hospital (QLD)	1	0	0
26	Jun 2023	Liverpool Hospital (NSW)	-	0	0
27	Jun 2023	Eastern Health Box Hill (VIC)	-	0	0
*	Apr 2023	Royal North Shore (NSW)	-	3	-

= New sites = Moved up leaderboard

❤️

 = Met monthly site target

1355

35

Congratulations **Christchurch** for staying on top of the leaderboard this month!

A special acknowledgment goes to **Waitemata** for nearly claiming the top spot with an impressive five recruits. Well done on surpassing your monthly target! 🌟



Other sites to celebrate this month include:

- Barwon Health
- Wellington
- John Hunter
- Northern Hospital