

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

Welcome to Newsletter 5 for the C*STEROID Trial

RECRUITMENT UPDATE

During October, recruitment picked up across the majority of our New Zealand sites! We also managed to reach a milestone of

400 BABIES RECRUITED

a few days into November. By the end of the trial, we will have recruited more than 2,500 mothers and babies so it is important to celebrate small milestones along the way.

Site	Total (babies)	Last month
Auckland	232	6
Manukau	6	0
Waikato	78	3
Tauranga	28	0
Christchurch	32	2
Wellington	19	1
Northland	5	2
Total	400	14

Can we reach 500 babies recruited by the end of the year?

C*STEROID TEAM NEWS

We love hearing why our sites enjoy being part of the C*STEROID trial. Here is a short description from our Wellington team:

*"Team "C*STEROID- Pōneke – Wellington" are enjoying the teamwork involved in recruiting for the C*STEROID trial. We are well supported by the team in Auckland and have enjoyed working with Wellington LMCs, obstetricians, theatre & recovery staff, postnatal ward staff & NICU to facilitate women's progress through the trial. We are looking forward to summer after what has felt like a long, dark COVID affected winter!!"*

Meet the Wellington C*STEROID team!



From left to right: Hazel Irvine, Midwife. Dr. Judy Ormandy, Obstetrician. Rose Ann Yap, Nurse. Photo shared with consent

REDCAP REMINDERS

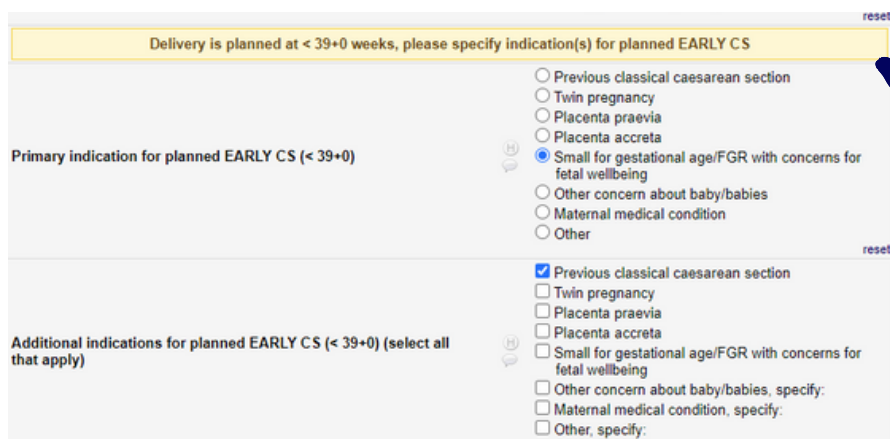
Following on from our last reminder, this month we have kept the focus on CRF3. This time highlighting completing the primary/secondary indication for planned EARLY CS (<39+0).



This months reminder:

C*STEROID CRF3 Baseline in Trial database

- Common error: Primary/secondary indication for planned EARLY CS (<39+0) not completed.
- These fields only appear in RedCap when the CS is planned <39+0 weeks, please complete accordingly. The additional indications should not be the same as the primary.



Delivery is planned at < 39+0 weeks, please specify indication(s) for planned EARLY CS

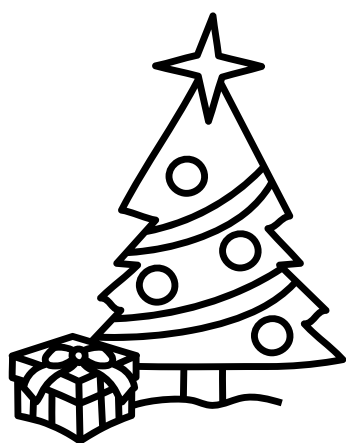
Primary indication for planned EARLY CS (< 39+0)

- Previous classical caesarean section
- Twin pregnancy
- Placenta praevia
- Placenta accreta
- Small for gestational age/FGR with concerns for fetal wellbeing
- Other concern about baby/babies
- Maternal medical condition
- Other

Additional indications for planned EARLY CS (< 39+0) (select all that apply)

- Previous classical caesarean section
- Twin pregnancy
- Placenta praevia
- Placenta accreta
- Small for gestational age/FGR with concerns for fetal wellbeing
- Other concern about baby/babies, specify:
- Maternal medical condition, specify:
- Other, specify:

Please keep an eye out for this section if applicable and fill out details accordingly



CHRISTMAS TEAM PHOTOS

As the countdown to Christmas is on, we want to see our C*STEROID sites get festive for the next newsletter!

Send us your best team picture dressed up in Santa hats or in front of your wards Christmas decorations and be in to win a prize for you and your team. **Winners for the best photo will be announced in the December newsletter.**

Send your photos to csteroid@auckland.ac.nz

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