

Welcome to Newsletter 41 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE



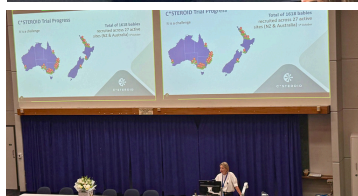
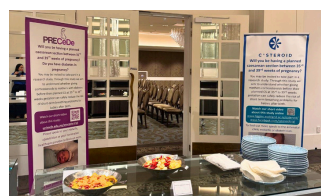
Can you believe Christmas is just seven weeks away? As we approach the close of 2025, our dedicated C*STEROID teams across both nations are enthusiastically working to achieve recruitment targets while also gearing up for exciting initiatives in 2026.

Last month, we have successfully recruited a **total of 42 babies** to the C*STEROID trial, bringing our cumulative total to 1660 babies. Congratulations to the four sites who have met their monthly targets in October! ❤️

We are grateful for the collective efforts of our C*STEROID teams in conducting this vital trial. **Let's continue to aim high to reach our highest recruitment goals before the year wraps up!**

ADIPS/SOMANZ Investigator Meeting 2025

C*STEROID gave a short update at the PRECeDe Investigator Meeting, held during the Joint ADIPS / SOMANZ Annual Scientific Meeting in Auckland. Thank you to those who joined us to hear the latest on both C*STEROID and PRECeDe trials.



NATIONAL WOMEN'S HEALTH, AUCKLAND CELEBRATES THEIR 500 PARTICIPANTS

Congratulations to the team at National Women's Health in Auckland for recruiting over 500 participants for the C*STEROID trial!

To celebrate this remarkable achievement, the team shared delightful C*STEROID-themed cakes with the hospital staff who have played a vital role in supporting the trial.

This accomplishment highlights the exceptional commitment of Team Auckland. A special shoutout goes to the outstanding research midwives, Hannah and Tracy, for their unwavering dedication to providing exceptional care and support to all C*STEROID mothers and their babies in Auckland.



PACU



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Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1	Feb 2023	Sunshine/Bacchus Marsh (VIC)	9	137	13
2	Oct 2020	National Women's Health, Auckland	14	529	5
3	Apr 2023	Royal Women's Melbourne (VIC)	5	63	4
4	Oct 2023	Waitematā (Auckland)	2	60	4
5	Jan 2025	Barwon Health (VIC)	4	35	4
6	Apr 2023	Mercy Hospital for Women (VIC)	2	42	3
7	Jun 2023	Monash Health (VIC)	5	68	2
8	Oct 2021	Wellington	3	59	2
9	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	3	24	2
10	Feb 2021	Christchurch	10	259	1
11	Nov 2020	Waikato	4	153	1
12	Apr 2023	St George (NSW)	2	28	1
13	Apr 2023	Royal Hospital for Women (NSW)	4	37	0
14	Jun 2022	Middlemore (Auckland)	3	37	0
15	Jun 2024	Campbelltown Hospital (NSW)	2	20	0
16	Mar 2024	John Hunter Hospital (NSW)	1	5	0



17	Jun 2023	Townsville Hospital (QLD)	1	2	0
18	May 2025	Frances Perry House (VIC)	1	1	0
19	Mar 2021	Tauranga	-	28	0
20	Jul 2023	Ipswich Hospital (QLD)	-	20	0
21	Jun 2023	Women’s and Children’s Hospital Adelaide (SA)	-	18	0
22	Jun 2023	Royal Brisbane and Women’s (QLD)	3	12	0
23	Jun 2023	Northern Hospital (VIC)	1	10	0
24	Apr 2021	Northland	-	5	0
25	Mar 2025	Mater Mothers’ Hospital (QLD)	1	4	0
26	Apr 2024	Fiona Stanley Hospital (WA)	1	1	0
27	Jun 2023	Liverpool Hospital (NSW)	-	0	0
28	Jun 2023	Eastern Health Box Hill (VIC)	-	0	0
*	Apr 2023	Royal North Shore (NSW)	-	3	-
= New sites = Moved up leaderboard = Met monthly site target				1660	42

Excellent!!

Congratulations to **Sunshine** for topping the recruitment leaderboard this month with 13 recruits! Woohoo, go team! 🎉🌟

Also, well done to **National Women’s Health** and **Royal Women’s Melbourne** for securing second and third place!

↑

Who moved UP the leaderboard this month?

- Mercy
- Wellington
- Grampians Health
- Waikato
- St George

GOOD WORK