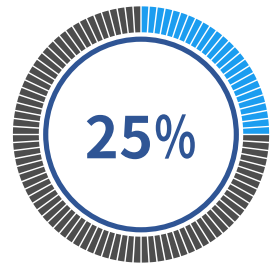


Welcome to Newsletter 16 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

Less than 2000 babies to go!! We have now recruited 638 babies to the C*STEROID trial which is just over 25% of our total target. Check out our leaderboard table on the next page for site recruitment updates and achievements.



GET TO KNOW THE AUCKLAND TEAM

We asked some of our Auckland C*STEROID team to tell us a bit about themselves and explain why they are passionate about research.

Hannah: I am a born and bred New Yorker and have been lucky enough to be living in NZ for the last 4 years. I love working as a midwife in Aotearoa and learning about a healthcare system that's so different from the one I was trained in. I am passionate about research because of the opportunity to address health inequities on a large scale and improve outcomes for all of the wāhine and whānau we serve.

Katie: I'm a MFM clinician and academic with a busy work and personal life. Getting the balance right can be tricky but my whānau keep me grounded, nothing like teenagers and my lovely old dad to make sure I keep on track!! What I love about research is that it provides opportunity to influence health beyond individual care. I also love the variety that research brings to my day and it's certainly made me a better clinician.

Caitlin: I was originally born in Scotland, but I have spent the majority of my life in New Zealand. My interests include running, participating in social sports, and crocheting. I am passionate about research because it enables me to connect with wāhine and whānau, while also making significant contributions to improving maternal and neonatal outcomes and advancing our understanding of perinatal care.

Rebecca H: I'm a NZ-born Kiwi and I enjoy reading, family time and swimming. I love working in research as I enjoy contributing to meaningful data that shapes the way we care for women and babies, and I also love meeting the amazing women who are keen to support research.

Elisa: I am originally from Hong Kong and migrated to NZ when I was 11. Since then, I've spent roughly equal amounts of time between the two places, and have now settled down in Auckland. I love reading, doing jigsaw puzzles and hiking. I like to be involved in research because it enables me to make a positive contribution to society, engage in continuous learning for personal growth, and explore new areas and ideas.



From left to right: Hannah Kasper, Katie Groom, Caitlin Woods, Rebecca Hay, Elisa Tam.

Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1	Nov 2020	Waikato	8	106	5
2	Oct 2020	National Women's Health (Auckland)	16	315	4
3	Jun 2023	Monash Health (VIC)	4	8	4
4	Feb 2021	Christchurch	4	68	3
5	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	25	3
6	Jun 2022	Middlemore (Auckland)	4	18	1
7	Apr 2023	Mercy Hospital for Women (VIC)	4	10	1
8	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	3	1
9	Jul 2023	Ipswich Hospital (QLD)	4	1	1
10	Oct 2021	Wellington	4	29	0
11	Mar 2021	Tauranga	6	28	0
12	Apr 2023	Royal Hospital for Women (NSW)	4	8	0
13	Apr 2023	St George (NSW)	4	7	0
14	Apr 2023	Royal Women's (VIC)	4	5	0
15	Apr 2021	Northland	1	5	0
16	Apr 2023	Royal North Shore (NSW)	4	2	0
17	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
18	Jun 2023	Royal Brisbane and Women's (QLD)	4	0	0
19	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	0	0
20	Jun 2023	Liverpool Hospital (NSW)	4	0	0
21	Jun 2023	Northern Hospital (VIC)	4	0	0
22	Jun 2023	Townsville Hospital (QLD)	4	0	0
Total				638	23

 = New Australian sites  = Moved up the leader board

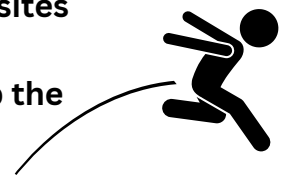


Amazing work **Waikato Hospital** for being our top recruiter for the

month and for moving into first place on the leaderboard!



Our other sites that have jumped up the ranks are:



- Monash Health
- Sunshine/Bacchus Marsh
- Middlemore
- Ballarat Base Hospital Grampians Health
- Ipswich Hospital

Also a big congratulations to Ipswich Hospital for their...



FIRST RECRUIT!!

In our next newsletter we will be doing an **Australia vs New Zealand** recruitment challenge! Can your site help your country turn out on top for November?



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