

Welcome to Newsletter 15 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

We are excited to have reached another big milestone last month...600 C*STEROID babies recruited! Congratulations again to Carlene Farnhill and the rest of the team at Christchurch Hospital for recruiting the 600th participant.

It is great to see our recruitment numbers on the up in the past few months and we hope this amazing progress can continue.

How long until our next big milestone? Can we reach 700 babies by the end of the year?



PARTICIPANT STORY

Jane, one of our recent C*STEROID mothers, has kindly shared her experience about taking part in the trial with baby Oliver. Sharing participant stories can be helpful so that people considering taking part can see how others have found it.

*“We learnt about the C*STEROID trial when we elected to do a c-section and were sent all the information to read about it by Auckland hospital. I'm always interested in new improvements in a general context so reading about what the C*STEROID trial was trying to prove, I couldn't see a downside. I was interested from the outset but thought I was missing the risks involved so I discussed this with the researchers who suggested I also talk*

to my LMC. They were of the view it was safe and more about whether I could be bothered with the admin, so for the sake of a few injections and surveys, I felt helping provide medical advancements made sense. I found the experience easy and felt well supported. The heel pricks for baby can be tough but they are so little they don't really feel it. I would be happy to take part again following this experience.”



Photos not associated with C*STEROID participant. Story shared with consent.





WE HAVE A NEW SITE IN THE TOP SPOT OF THE LEADERBOARD!!

Congratulations Mercy Hospital for Women for exceeding their monthly target and taking first place on the recruitment leaderboard!

It is great to see Royal Hospital for Women also jump up the ranks and exceed their monthly target.

Well done St George and Christchurch Hospital for meeting their monthly targets.

We are also delighted that Ballarat Base Hospital Grampians Health have recruited their first 2 participants and jumped up 9 spots on the leaderboard.

Overall, we had **5 sites move up the leaderboard** this month!



Ranking	Start date	Site	Monthly Target	Total (babies)	Last month
1	Apr 2023	Mercy Hospital for Women (VIC)	4	9	5
2	Oct 2020	National Women's Health (Auckland)	16	311	5
3	Apr 2023	Royal Hospital for Women (NSW)	4	8	5
4	Feb 2021	Christchurch	4	65	4
5	Apr 2023	St George (NSW)	4	7	4
6	Feb 2023	Sunshine/Bacchus Marsh (VIC)	12	22	3
7	Oct 2021	Wellington	4	29	2
8	Jun 2022	Middlemore (Auckland)	4	17	2
9	Jun 2023	Ballarat Base Hospital Grampians Health (VIC)	4	2	2
10	Apr 2023	Royal Women's (VIC)	4	5	1
11	Jun 2023	Monash Health (VIC)	4	4	1
12	Nov 2020	Waikato	8	101	0
13	Mar 2021	Tauranga	Paused	28	0
14	Apr 2021	Northland	1	5	0
15	Apr 2023	Royal North Shore (NSW)	4	2	0
16	Jun 2023	Eastern Health Box Hill (VIC)	4	0	0
17	Jun 2023	Royal Brisbane and Women's (QLD)	4	0	0
18	Jun 2023	Women's and Children's Hospital Adelaide (SA)	4	0	0
19	Jun 2023	Liverpool Hospital (NSW)	4	0	0
20	Jun 2023	Northern Hospital (VIC)	4	0	0
21	Jun 2023	Townsville Hospital (QLD)	4	0	0
22	Jul 2023	Ipswich Hospital (QLD)	4	0	0
Total				615	34

 = New Australian sites  = Moved up the leader board

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