

School of Exercise, Sport and Rehabilitation Sciences

Guidance on research supervision for applicants and students

Before your application/enrolment can be approved, you are required to have come to an agreement with an academic staff member about a research topic and supervision for your dissertation or thesis.

Students are encouraged to consider as wide a range of options as possible, and to consult several staff before reaching a final decision.

To orient yourself on a topic, please have a look at our [research page](#). This page covers our research areas and specialist laboratories and includes further links to research profiles and contact details for our academic staff. To discuss options for supervision, please feel free to contact our staff members directly via email. Alternatively, you may contact the academic advisor for your programme for assistance and broader orientation:

- For Exercise Sciences: Dr Estelle Watson
Email: estelle.watson@auckland.ac.nz
- For Clinical Exercise Physiology: Dr Rebecca Meiring
Email: rebecca.meiring@auckland.ac.nz
- For Master of Physiotherapy Practice: Dr Marie-Claire Smith
Email: m-c.smith@auckland.ac.nz

Once you have found a topic and supervisor, please complete the [Exercise Science Expression of Interest form](#), along with email communication demonstrating proposed supervisor's interest in having you as part of their team.

Remember, if you are a bit nervous about contacting staff, don't be! They are used to PG students getting in touch. What they will be looking for is someone who will be a good "fit" for their lab. So be yourself and let them know why you are interested in working with them. It is good to get this sorted at least a few months before your intent to start your dissertation or thesis project, but it is also not unusual for students to still be sorting supervision in the weeks between the semesters.

Please remember that in some cases there may be limits on the availability of space and/or equipment and on the number of students that a particular staff member can effectively supervise, so if you know the area you want to work in, please start looking early.

When the Programme Director has approved your choice of research topic and supervision, your application/enrolment will be approved on Student Services Online.