

Medical and Health Sciences
85 Park Road, Grafton
Ph: (09) 923 2760 www.fmhs@auckland.ac.nz
The University of Auckland
Private Bag 92019
Auckland
New Zealand



**CONSENT FORM FOR PARTICIPANTS
THIS FORM WILL BE HELD FOR A PERIOD OF 6 YEARS**

Project title: Eating Well for Likes – A study on social influence in healthy eating.

Research team:

- **Principal investigator:** Dr Rajshri Roy, Senior Lecturer
- **Associate investigator:** Ms Jessica Malloy, PhD candidate
- **Student researcher:** Ms Samantha Fung, Masters student

I have read the Participant Information Sheet. I have been given sufficient time to consider whether to participate in this study and to ask questions and was offered support from whānau/family or a friend to help me understand what the study involves. I am satisfied with the answers given to me, I understand the nature of the research and why I have been invited to participate.

I agree to take part in this research.

- I understand my participation is voluntary.
- I understand that the time needed is 12 weeks.
- I understand that I will be posting a photo of what I eat in a day for at least 7 days on my Instagram using the hashtag #EatingWellForLikes
- I understand I am free to withdraw any data traceable to me up to 2-weeks after participation without giving a reason.
- I understand that my participation in this study is confidential and that no material which could identify me personally will be used in any reports on this study.
- I agree / do not agree to participate in a semi-structured interview after the 12 weeks of the study and be recorded (please circle one).
- Even if I agree to be recorded, I understand that I can ask for the recording to be stopped at any time without giving a reason.
- I wish / do not wish to receive a transcript of my interview (please circle one).
- I understand that any identifiable data will be kept for 6 years and separate from the Consent Forms, after which they will be destroyed.
- I agree / do not agree that information collected from me up to the point when I withdraw may continue to be processed if I decide to withdraw from the study (please circle one).
- I wish / do not wish to receive the summary of findings (please circle one).
- Email/postal address: _____
- I know whom to contact if I have any questions about the study in general.

Name _____

Signature _____ Date _____

Approved by the University of Auckland Human Participants Ethics Committee on **28/02/2023** for three years. Reference Number **UAHPEC25428**.