

Tohu Paerunga Mātai Hinengaro ā-Haumanu Postgraduate Clinical Psychology



Clinical Psychology is the branch of psychology concerned with the assessment, prevention and treatment of mental health and behavioural problems.

Clinical training is based on the Scientist Practitioner Model, with a strong foundation in research. You will apply this knowledge within the context of Aotearoa/New Zealand, in line with the universities commitment to respecting tangata whenua and the Treaty of Waitangi. All assessments, formulations and treatment interventions, will observe these and other cultural, social and economic origins of, and solutions to, mental health problems.

We welcome research proposals in topics relating to our key research specialisations:

- › Adult Mental health
- › Child and adolescent mental health
- › Forensic Psychology
- › Child abuse and trauma
- › Clinical neuropsychology – child and adult
- › Māori pēpi-māmā attachment and parenting
- › Digital wellbeing tools for rangatahi
- › Family psychology including divorce and step-families

Choosing your supervisor

Students who are offered a place in the clinical programme (following application and interview) are supported to identify a supervisor and research project.

Scholarships

You can apply for a range of scholarships when you apply for postgraduate study in Science.

auckland.ac.nz/science-scholarships



Career opportunities

Clinical Psychology is concerned with the assessment, prevention and treatment of mental health and behavioural problems.

A postgraduate qualification in Clinical Psychology sets you up for a career focused on the promotion of psychological health spanning a range of specialisations. Some of these include, professional practice, research, teaching and supervision, programme development and evaluation, consultation, public policy and other activities that promote psychological health in individuals, families, groups, organisations and communities.

Jobs related to this programme:

- › Clinical psychologist



Find out more about how your degree will be structured and what courses you need to take at

auckland.ac.nz/science/clinical-psychology

Applications close on 1 November.



Kuhua ki tō mātou hāpori, ā, Kimihia tōu Pūtaiao.
Join our community and find your Science.



Disclaimer: The information in this document is a general guide only for students and subject to alteration. All students enrolling at the University of Auckland must consult its official Calendar, to ensure that they are aware of and comply with all regulations, requirements and policies. [2026]

Have any questions?
Contact the Student Hub

auckland.ac.nz/student-hubs