

Mātai Hinengaro Undergraduate Psychology



Are you fascinated by human behaviour? Do you wonder what motivates us? What about how we learn? Psychology is the study of the mind and behaviour.

What you will learn

As a psychology student, you'll investigate how people think, learn, perceive, feel, interact with one another, and understand themselves.

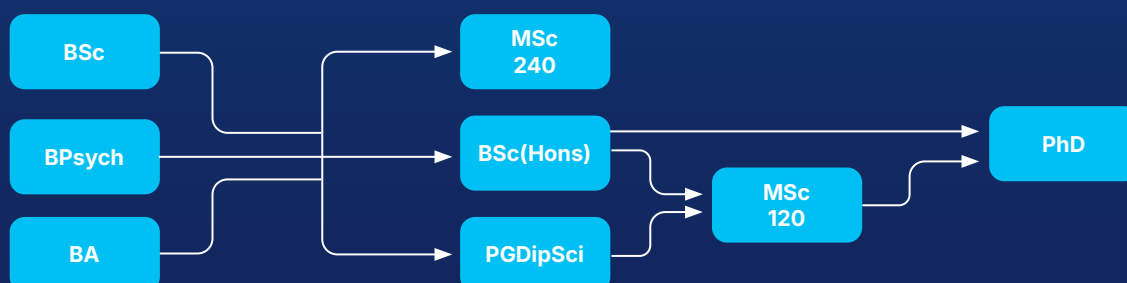
We offer three undergraduate options.

- › Bachelor of Psychology (BPsych)
- › Bachelor of Science (BSc) in Psychology
- › Bachelor of Arts (BA) in Psychology

What sets these qualifications apart

The Bachelor of Psychology is a structured, psychology-intensive degree designed to help you develop key academic, interpersonal, and cultural skills. You will gain knowledge and build the foundations for clinical training, people-intensive work roles, or a research career.

If you are looking for greater flexibility, majoring in psychology under the BSc or BA may be your best fit. These pathways offer the freedom to design a degree tailored to your broader interests, including the option to pursue a double major or a conjoint degree. Your choice between a BSc or a BA depends on the overall focus of your studies: choose the BSc to embed your psychology major within the sciences, or the BA to pair it with the social sciences and humanities.



Postgraduate study

Many students continue their studies after graduation.

The School of Psychology offers:

- › Doctor of Clinical Psychology*
- › Master of Behaviour Analysis*
- › Master of Speech Language Therapy Practice*
- › Postgraduate Diploma in Clinical Psychology*
- › BSc (Honours)/Postgraduate Diploma
- › Master of Science
- › Master of Organisational Psychology
- › PhD

* These programmes lead to professional registration as a Psychologist or Speech Language Therapist



Find out more about how your degree will be structured and what courses you need to take at

auckland.ac.nz/psychology

Applications close on 8 December.

Career opportunities

Our graduates work in a diverse range of professional fields, such as business, health services, research, and mental health.

Here are examples of where recent graduates have been employed:

- › Air New Zealand
- › Department of Corrections
- › Iwi Health Services
- › Kaupapa Māori Services
- › Auckland Council
- › Te Whatu Ora Health New Zealand
- › New Zealand and International Universities
- › NZ Defence Force
- › NGOs (e.g., Burnett Foundation Aotearoa, Greenpeace)



"I found that I loved to learn about why people do the things they do and how we can use this knowledge to understand people's everyday behaviours."

Jessie Houston
BSc in Psychology

Kuhua ki tō mātou hapori, ā, Kimihia tōu Pūtaiao.
Join our community and find your Science.



Disclaimer: The information in this document is a general guide only for students and subject to alteration. All students enrolling at the University of Auckland must consult its official Calendar, to ensure that they are aware of and comply with all regulations, requirements and policies. [2026]

Have any questions?
Contact the Student Hub

auckland.ac.nz/student-hubs