



WELCOME TO PHARMACY

2026

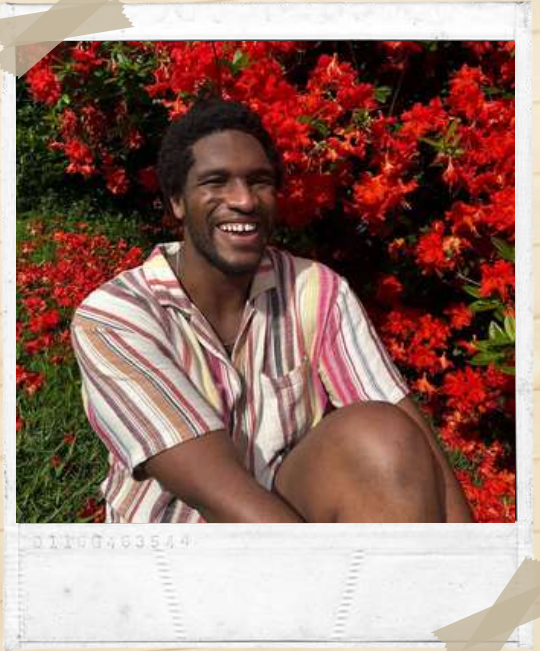


A LETTER FROM THE PRESIDENT:

- Prosper Momubaghan -

Kia ora and congratulations! I'm Prosper (PJ), and I have the privilege of serving as this year's President of the Auckland Pharmacy Students Association (APSA). You've worked hard, powered through those late nights, and now you're here, ready to begin an incredible journey toward a rewarding career in pharmacy. We're absolutely thrilled to have you join the "Pharmily"!

Your BPharm adventure is about to kick off, and trust me, it'll be equal parts challenging and rewarding.



But don't worry, APSA's got your back every step of the way! If you've got any questions about APSA or pharmacy life at Grafton, just flick us a message at apsaexec@gmail.com.

✨ Our amazing APSA team is here to help you settle in, find your feet, and feel right at home.

👉 Make sure to join the UoA Pharmacy 2nd Years (2026) Facebook page—that's where you'll find all the must-know APSA updates, connect with classmates, and share the highs (and the occasional lows) of pharmacy life.

And of course, we can't wait to officially welcome you at Freshers Camp! It's the highlight of the year, a weekend of fun, friendship, and unforgettable memories. Get ready to laugh, learn, and bond with your new Pharmily.

Until then, enjoy the rest of your break. May the New Year bring excitement, joy, and plenty of good vibes as you embark on this adventure.

See you soon,
Prosper (PJ)

WHAT IS APSA?

Auckland Pharmacy Student Association (APSA) is a non-profit, student-run organisation created by Pharmacy students for pharmacy students!!

APSA aims to make your Pharmacy school journey enjoyable by helping you form lasting memories, build meaningful connections, and feel part of a united **“Pharmily.”**

We offer a wide variety of social, sporting, and academic events throughout the year, including Freshers Camp, Round the Bays, Pub Crawl, and the annual APSA Ball!



THE APSA EXECUTIVE TEAM:

THE BIG FOUR

VICE PRESIDENT
DONNA ROBERT

PRESIDENT
PROSPER
MOMUBAGHAN

SECRETARY
ZAARA UMRIGAR

TREASURER
GIO AGUILAR

SOCIAL



JONATHAN LEE



RACHEL KIM



JACK WOODHEAD

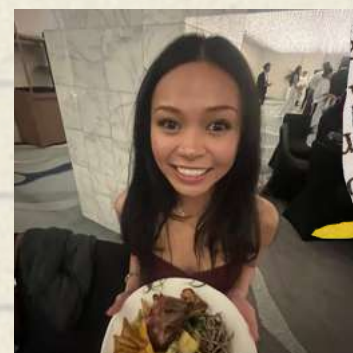
MEDIA



HELEN ZENG



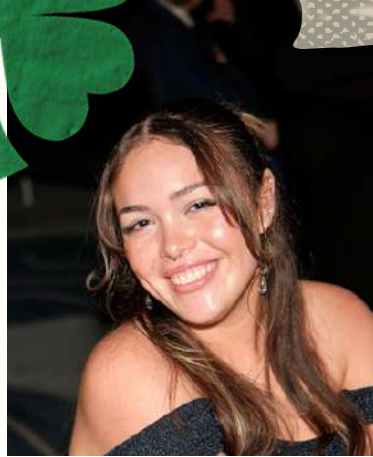
KAIYA JOHNSTON



BEATRICE DAR JUAN

THE APSA EXECUTIVE TEAM:

MAPAS



DILLON HOMES



WAIMANIA HOHUA

SPORTS



KHIARA CHI



IVAN LU



MARKETING



MINJU KIM



NAWAR IBRAHIM

THE APSA EXECUTIVE TEAM:

WELFARE



YARDLEY BARKER

PSNZ



KACEY MCCABE-SHAW

IPSF



CP
RYAN MATRAVERS



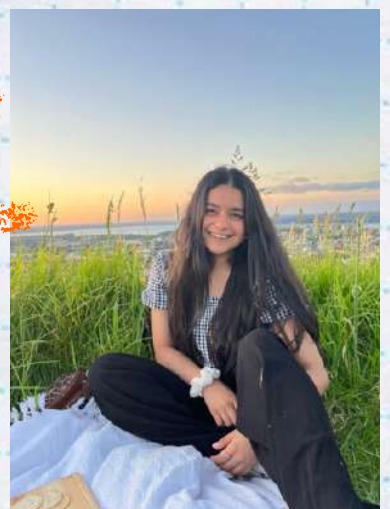
SEO
ALISON WU

EDUCATION



GLORIA FANG

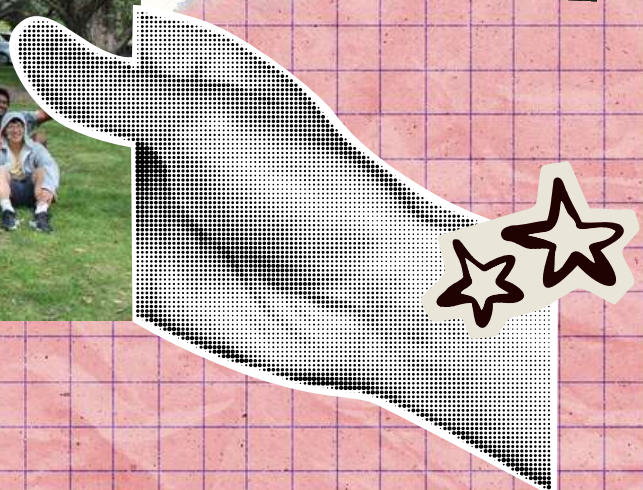
GRASSROOTS



ALINA KHANAL

freshers !! Camp

Dive into an unforgettable Freshers Camp — the perfect way to kick off the year! Spend a weekend packed with fun activities, team challenges, good vibes, and new friendships waiting to happen. Whether you're looking to step out of your comfort zone, meet awesome people, or just enjoy a break full of laughs and memories, Freshers Camp has it all. Join us for a weekend that brings everyone together and sets the tone for an amazing year ahead!



Social events

Get ready for an exciting lineup of social events that keep the good times rolling! From high-spirited pub crawls to iconic stein nights and lively mixers, there's something for everyone to enjoy. Meet new people, make unforgettable memories, and experience the vibrant social scene. Whether you're celebrating with friends or looking to connect with new faces, our future events promise great vibes, great company, and non-stop fun!

PUBCRAWL



Make sure you've got your costumes ready for a wild start to the semester with the APSA Pub Crawl. Known for its crazy themes and big reputation, this night is guaranteed to be one you won't forget!

FMHS STEIN & MIXER



It's time to pull out that outfit you've been waiting to wear and mix and mingle with the other faculties of FMHS. Bring your best dance moves and get ready for a night full of new faces, good vibes, and let the good times roll.

Social events

QUIZ NIGHT

Have you been waiting for an opportunity to show off the fun facts you know?

Well, our Quiz Night is your time to shine.

Put on that costume, grab some friends and battle it out to earn the title of the winning team.



PICNIC

Take a moment to slow down and join us for a cosy picnic with the APSA whānau. Enjoy a relaxed afternoon outdoors, share some kai, and spend time connecting with friends and new faces alike.

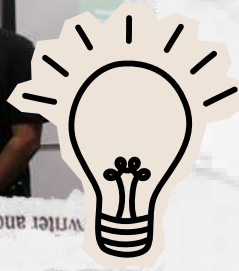
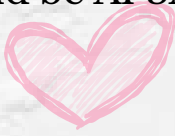


Marketing

RX FACTOR

Could this be your singing debut?
Show off your talents here, at the RX
Factor! Some performances from last
year include: magic tricks, dances,
musical performances and even a
surprise challenge ••.

Maybe you could be APSA's next
biggest Talent?



CAREER TALKS

Feeling stuck? Join us for our Career
Talks - your chance to hear directly
from leaders across the pharmacy
world. Discover various career
pathways, receive practical advice,
and ask your most pressing
questions.

Whether you're exploring your
options or planning your next step,
these sessions are the perfect way to
build clarity and make connections.



BALL

Get ready for the most glamorous night of the year!

APSA's annual ball is your chance to dress up, celebrate with friends, and enjoy an unforgettable evening of music, drinks, photos, and fun. From stunning themed decor to a lively dance floor and exciting prizes, this is the event everyone looks forward to.

Whether you're there for the vibe, the epic Instagram pics, the memories, or simply a great night out, the APSA Ball is one experience you won't want to miss.

Grab your tickets before they disappear!



sports

ROUND THE BAYS

Run, don't walk - Sign-ups for Round the Bays are open!! The theme this year is: Elements, so come dressed in attire resembling fire, water, air or earth.

Save the date: 8th March for a day packed with heightened energy, good vibes and amazing views - while running, walking or jogging with your fellow pharmacy students!



SPORTS NIGHTS

Multiple sports night!



Basketball night



Futsal night



Take a break from studying and join us in our sports nights! These include volleyball, badminton, and multiple sports night. Whether you're a pro or a beginner, come along for a good time!



WELLNESS WALKS

Join your fellow students and staff for a mental break, some fresh air and a little exercise for the School of Pharmacy Whakawhananungatanga Wellness Walk!



WELLNESS WEEK

Take a break, recharge, and prioritise yourself during Wellness Week! Join us for a series of feel-good events designed to support your mental, physical, and emotional well-being. From relaxing activities and mindfulness sessions to energising workshops and fun community events, it's the perfect opportunity to slow down, reset and connect with others.





MAPAS proudly uplifts Māori and Pasifika pharmacy students, ensuring their cultural identity and wellbeing are valued throughout the BPharm journey. They continue to strengthen Māori and Pasifika presence in the pharmacy profession and contribute meaningfully to APSA events, decisions, and community initiatives.

Some MAPAS events from last year included:

MATARIKI

Join us in celebrating Matariki with your APSA whānau! Our Matariki event is a special opportunity to come together for whakawhānaungatanga and meaningful reflection as we look ahead to the year to come. Connect with others, honour tradition, and take a moment to reset and refocus in a supportive and uplifting space.



LANGUAGE WEEK CELEBRATIONS

On the APSA social media platforms, we celebrate each Language Week with daily phrases, fun facts, and quizzes with prizes!

TAPU AE

Want some friendly competition? This traditional Māori ball game is all about teamwork, strategy, and good vibes. Whether you're a pro or just keen to give it a try, it's the perfect opportunity to get active, have some fun, and share in the spirit of whakawhānaungatanga.





Grassroots is a club that is all about promoting rural health and inspiring healthcare careers. Open to every clinical student, it's the ideal space to mingle with others from diverse backgrounds!

Here's a sneak peek into the exciting events we have lined up for this year:

RURAL OLYMPICS

Step into the fun at Rural Olympics - a high-energy event packed with challenges, team games, and friendly competition! It's the perfect chance to get outdoors, try something new, and build connections. Bring your best game face, bring your mates, and get ready for a day full of laughter and unforgettable moments. And yes... there are some prizes waiting for the winners! ;)



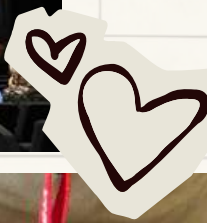
RURAL HEALTH WEEK

Join us at Grafton for Rural Health Week! A full week of learning, laughter, and community. With interactive workshops run by rural health professionals, free sausage sizzles and a Knees-up stein, there is an event designed for everyone. Come for the fun, stay for the connections, and celebrate rural health with us!



RURAL SCHOOL TRIP

Make sure your bags are packed for a fully-funded 5-day road trip. You'll be travelling to various rural areas and visiting rural schools to inspire students to consider pursuing a career in Pharmacy. This is a great opportunity to meet other clinical students from different degrees and create lifelong memories together. It's a rewarding experience that allows you to branch outside of the classroom.



FMHS RURAL NETWORK



Do you love meeting new people?

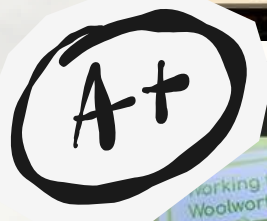
The FMHS Rural Network brings together students from all regions, cultures and clinical programs. It's an incredible opportunity to form meaningful connections with others, with whom you may have interprofessional relationships in the future. There are tons of fun activities and free food waiting for you.



education & psnz

PSNZ MEMBERSHIP AND CAREER EVENT

Unlock your free Pharmaceutical Society of New Zealand (PSNZ) membership and stay connected with the latest in pharmacy. Come along to our career evenings to discover the many pathways a BPharm can take you, meet industry professionals, and build the connections that can open doors to internships and future jobs!



OSCE WORKSHOPS & STUDY ROOMS

Level up your exam prep with our OSCE Workshops & Study Rooms! Designed to boost your confidence and sharpen your clinical skills, these sessions offer hands-on practice, guidance from experienced mentors (us 😊), and a supportive space to study with your peers!



The International Pharmaceutical Students' Federation (IPSF) is a global organisation that unites pharmacy students from around the world, empowering them to advance public health through education, advocacy, global collaboration, and meaningful international networking opportunities.



Last year, 8 APSA Representatives proudly took the international stage at the Asian Pacific Pharmaceutical Symposium (APPS) in Kuala Lumpur, Malaysia! Attending an in-person IPSF event has been a long-held dream for APSA, and we were incredibly honoured to make it a reality.

IPSF also proudly hosts "World Pharmacist Day," an annual event dedicated to honouring the vital role pharmacists play in healthcare. It's a chance for students to come together, recognise the impact of our profession, and celebrate the future of pharmacy.



Come to Grafton wearing your dispensing jacket on the day for a little sweet treat ;-)



THANK YOU FOR READING, AND WELCOME TO OUR PHARMILY!



FOLLOW US ON OUR SOCIAL MEDIA



<https://www.facebook.com/APSA.UOA>



<https://www.instagram.com/apsa.uoa/>



<https://www.tiktok.com/@apsa.tiktok>

We can't wait to meet all of
you! Have a great holiday,
get some rest and get
ready for an amazing year!
Love from, your 2026 APSA
Reps :)

XOXO

If you have any questions, send
us an email on
apsaexec@gmail.com or send us
a message on
Facebook/Instagram!