

WELCOME TO
Pharmacy
2024



MEET THE PRESIDENT

Kia Ora Whānau,
a warm welcome to the BPharm class
of 2026. I am Tiran, and I have the
privilege of being the President of the
Auckland Pharmacy Students
Association, aka APSA, for this year.



Tiran Archary

Congratulations on gaining entry into a promising career in Pharmacy. You should feel proud that all the hard work done has got you here. This is only the beginning of an intellectually challenging degree, and here at APSA, we are here to support you.

If you have any questions about APSA or just pharmacy life here at Grafton, please feel free to contact apsaexec@gmail.com, and one of our amazing team members will be happy to help. Notifications are done through the Facebook page: UoA Pharmacy 2nd Years (2024). I encourage everyone to join as this is where APSA updates are posted, and this page is a vital tool for connecting with your peers.

I really am excited to see you all at Freshers Camp, where we welcome you into the "Pharmily." Until then, enjoy the rest of your holidays and have a Happy New Year.

Ngā mihi maioha Tiran.

WHAT IS APSA?

Auckland Pharmacy Student Association (APSA) is a student-led, nonprofit association run by pharmacy students.

APSA is committed to making your time as a pharmacy student enjoyable by making new memories, building connections and creating a cohesive “pharmily”.

APSA is dedicated to offering students a diverse range of social, sporting and educational events, such as the Freshers camp, Round the Bays, Pub Crawl, and the APSA ball.





President
Tiran Archary



Vice President
Rose Akkerman



Secretary
Kajani Sivaloganathan

The Executive Team



Treasurer
Mitchell Wong



PSNZ
Jenessa Metcalfe



IPSF CP
Kelly Liang



IPSF SEO
Rachel Seo



Education
Aatika Prasad



Welfare
Sophie Koosache



Grassroots
Jihee Jeong



Social
Yerang Seo



Social
Fahim Masud

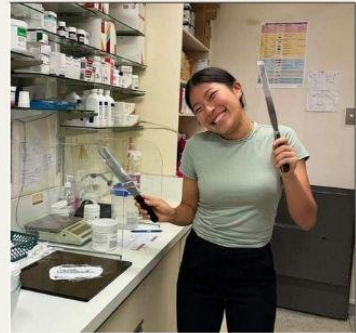


Social
Jenny Yan



Sports
Ben Cen

The Executive Team



Sports
Suzy Jung



MAPAS
Sionekau Lokeni



Marketing
Evan Telequido



Media
Anita Vongkhamdy



MAPAS
Florence Tauvae Tuiletufuga



Marketing
Hester Chen



Media
Ashley Chand

Freshers Camp

The freshers camp is the most exciting and memorable event of the year! Get to meet your fellow pharmacy students and participate in a range of fun activities planned by APSA. This is an amazing opportunity to make new friends and spend quality time with pharmily.



Date: 7-9th February 2024

Location: Martins Bay
Holiday Park

Price: \$100 APSA members
\$130 Non-members



SOCIAL EVENTS

Get your spirits high for a jam-packed year with some fun events coming your way. Ready to dance the night away at the Stein? Or get rowdy at the pub crawl? How about getting all glammed up for the ball? Or maybe you prefer to sit back and chill with some pizza on a movie night. Whatever it is you enjoy, APSA has events up their sleeve that you'll love. There's so much to look forward to!



PUB CRAWL



Bussing around pubs with drinks and pharmily! The very first event where you make connections and memories with all years :)



STEIN



Want to party after accomplishing end-of-module tests and assignments? Our annual Stein is for you! This is a perfect opportunity for a night out to dance the night away and mingle with other Medical and Health Sciences students.



SOCIAL EVENTS



RX FACTOR



If you've ever wished you could show off your hidden talents to your fellow classmates, this is the event for you!

Come ready with your talents, creativity and skills to impress the pharmacy cohort and sponsors at our annual talent show!



FMHS Mixer



Mix around and get to know your fellow health science, medical imaging, medicine, nursing, optometry and pharmacy students for a night of cocktails, food, dancing and fun!



Become an APSA member and receive benefits for our social events, such as discounts and more...

PHARMACY BALL

Step into a night of celebration and the biggest APSA event at our 2024 Pharmacy Ball! Join us for an evening filled with glamour, music, dancing, photos, food and an open bar.



SPORTS

Some of the few events we have in store this year is Round the Bays, Mr and Mrs Olympia, sports tournaments, wellness walks and many more!

★ ROUND THE BAYS ○○○

Round the Bays is lined up for the 3rd of March 2024. The theme for the year is Wai, meaning water in te reo, so dress up in your best beach-themed attire to run/walk/jog with your fellow pharmacy students!

Sign-ups are open, so be sure to join!



★ WELLNESS WALKS ○○○

Join your fellow students and staff for a mental break, some fresh air and a little exercise for the School of Pharmacy Whakawhananungatanga Wellness Walk.

★ SPORTS TOURNAMENTS ○○○

Take a break from studying and join us in our sports tournaments, including volleyball, badminton and multiple sports night.

Whether you are a beginner or a pro, come along for a good time!



Feel free to give Ben and Suzy suggestions about what events you would like to do this year!

MAPAS

The MAPAS reps support and represent the interests of Māori and Pasifika pharmacy students in the BPharm programme and advocate for Māori and Pacific cultural competencies and cultural identity.

We also aim to increase Māori and Pasifika involvement in pharmacy and provide guidance and input during APSA meetings. We are also keen to collaborate with Māori and Pacific student associations and health organisations.

Be on the lookout for some of our planned events throughout the year, which include:

Celebration of the various cultural language weeks via our social media platforms with daily phrases, fun facts, and prizes!

Our annual Cultural Safety evening where various distinguished speakers shed light on the significance of cultural safety as future health professionals.



GRASSROOTS

Grassroots is a club dedicated to promoting rural health and healthcare careers. This is not just for students from a rural area but all clinical students, giving everyone a great opportunity to mingle with others with diverse backgrounds.

Here's a sneak peek into the exciting events we have lined up for this year:

✦ RURAL OLYMPICS ○○○

Get ready to unleash your competitive spirit! We've got some fun games and challenges on the field that will put you in places you've never been before. Rural Olympics is an excellent opportunity to bond with your cohort mates and senior students. Prizes for the winner!



✦ RURAL HEALTH WEEK ○○○

Join us for a week-long event at the Grafton campus, promoting rural health for all FMHS students. Keep an eye out for educational and fun events throughout the week, including free Sausage Sizzles, Rural Health Professionals Workshop, Knees-Up Stein, and more!

GRASSROOTS

RURAL SCHOOL TRIP ○○○

Would you like to go on a 5-day fully funded road trip? You get to visit various rural schools in rural areas to inspire the students to consider pursuing a health career. This incredible opportunity allows you to get to know other clinical students and create unforgettable memories together. It's a fulfilling and rewarding experience that you've never had before!

If you are interested, please feel free to contact Jihee.



FMHS RURAL NETWORK ○○○

Introducing a new Grassroots event this year - the FMHS Rural Network. Our goal is to bring together students from different regions, cultural backgrounds, and clinical programs. Through fun activities and free food, we aim to foster connections that will be invaluable, especially as you may find yourself working inter-professionally with some of them in future practices!



Our Grassroots rep will also organise various initiatives, such as Rural Placement Scholarships and a Rural Health Careers Evening, to reinforce the importance of rural health and ensure that pharmacy students have all the opportunities to thrive in their Bpharm degree.

Education & PSNZ

OSCE Workshops

Come along to our student-led tips and tricks workshop to learn the insider secret on how to excel throughout the BPharm programme! There will be opportunities to learn study techniques and how to approach exams and OSCES!

Book Sales

We will also be keeping on the lookout for pharmacy-related book sales throughout the year to avoid denting wallets!

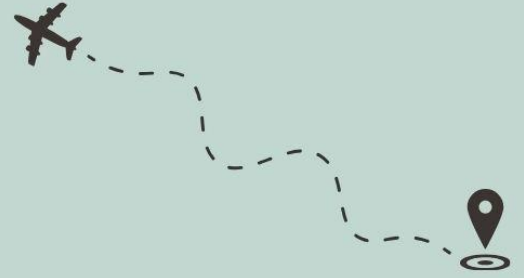
CV Workshops

Our CV workshops aim to teach students how to build a strong CV to improve their career prospects as newly graduated pharmacists! It is an amazing opportunity to learn how to thrive in interviews and land your dream internship!





IPSF



International Pharmaceutical Students' Federation (IPSF) is a global organisation promoting improved public health through information, education and networking opportunities with various pharmacy students worldwide.

We plan to update you on various educational initiatives and opportunities organised by IPSF through APSA's Instagram account, and we encourage you to stay tuned and express your interest!

Additionally, IPSF conducts a student exchange programme, and APSA is currently in the process of establishing it. We are very committed to making an effort to launch the program within the current year.



Congratulations you are now part of the pharmily !

FOLLOW US ON OUR SOCIAL MEDIA:



<https://www.facebook.com/APSA.UOA>



<https://www.instagram.com/apsa.insta/>



[@apsa.tiktok](https://www.tiktok.com/@apsa.tiktok)

**BE SURE TO JOIN YOUR
FACEBOOK GROUP!**



**Any questions?
Contact us via email:
apsaexec@gmail.com or flick us a
message on Facebook/Instagram
and we'll get back to you as soon
as possible!**

**You've done so well to
make it this far and you
have such an exciting year
ahead of you.**

**Lots of love from APSA
Created by your Media Reps**



Become an APSA member!

Membership Prices:

1 year - \$25

2 year - \$45

3 year - \$65

Note: Valid from
the day you sign up