



AUCKLAND UNIVERSITY MEDICAL STUDENTS' ASSOCIATION

# MBCChB Class of 2028 Welcome to Medical School!



# President's Welcome



**Kia Ora Koutou and Welcome to the UoA Medical School whānau Class of 2028!!!**

You're not dreaming and your eyes aren't playing tricks, you're actually in, and 330 of your colleagues across Aotearoa and the world are sharing this special moment with you right now. Just take a breath to soak this feeling in as you'll remember this exact moment for the rest of your life. The moment you embark on a lifelong journey as not just a medical student, but a doctor!!

My name is Lachlan Markovina, and I have the privilege of serving as president of AUMSA for 2024. Appreciate the journey that brought you here, and get excited for the road ahead. Med school isn't easy, it involves long hours of study, continuous learning and many emotional, intellectual, and spiritually challenging moments. But what gets you through those difficult times? The colleagues and life long friends you make along the way. They will be there to support you through the highs and lows of medical school as you share this journey together.

You may be asking, what the heck is an AUMSA? Well AUMSA is the Auckland University Medical Student Association, an organisation run entirely by fellow med students, providing entertainment, support, and advocacy for all UoA medical students (That now includes you!). While you're stressed out about the 20 lectures you missed, AUMSA is working tirelessly in the background advocating for you and making sure you have the best possible med school experience! Even better, by signing up as an AUMSA member you automatically join as a NZMSA member, both of which are advocating for you on a university and nation-wide level.

My biggest piece of advice for the next 5 years, is don't just be a med student, be an AUMSA medical student and get involved with everything med school has to offer. You no longer need to bury yourself in books to ace every exam, you've already put in the mahi to get here, just enjoy and embrace every experience and opportunity the next 5 years throws at you.

Congratulations again class of 2028, and we can't wait to personally welcome you with open arms to our AUMSA whānau at Freshers!!



**Ngā Mihi,**

**Lachlan (He/Him)  
President**

**[President@AUMSA.org.nz](mailto:President@AUMSA.org.nz)**



# What is AUMSA?

We act as a voice for medical students. Both at a University level by liaising with the faculty to constantly improve the curriculum, and at a Government level through our close involvement with NZMSA

We publish the infamous New Doctor (ND) magazine – packed with humour, photos, interviews with lecturers, and interesting stories about life at Grafton or med students abroad on their travels.

We organise a huge range of events. Examples include Social (the glamorous annual Ball, classy cocktail party, and rowdy pub-crawls), Sports (Round the Bays, AUMSA sports exchange between all years, inter-faculty sports), Educational (Medschool 101-201 (full of key information for the year), seminars from inspiring speakers, (AUMSA seminars), and Welfare (welfare week).

We offer services like the AUMSA Innovation fund to help pay for costs related to educational travel and can sometimes help to fund other costs.



## Membership Perks

- Substantial discounts on tickets to all AUMSA events
- First priority ticket sales to events that always sell out
- Eligibility for the AUMSA Innovation Fund
- Eligibility to run for the AUMSA Executive Committee



By becoming an AUMSA member you also become a member of our affiliate NZMSA, the New Zealand Medical Students' Association.

- NZMSA represents medical students on a national level.
- The annual NZMSA Conference is a highly anticipated every year!

# How to join AUMSA

Keep up with AUMSA!



@aumsanz



facebook.com/AUMSA.org



www.aumsa.org.nz

We think it's a no-brainer for you to sign up. With a membership fee of \$190 for your entire time at medical school the cost per year is minimal and easily made up for by savings on tickets for the ball and other events.

1

Fill in the Google Form

<https://forms.gle/chMX9Va7HapkNBdn9>

2

Pay your membership fee to

**12-3024-0640401-00**

(put the initial of your first name and your full last name in the Reference box e.g L Markovina)

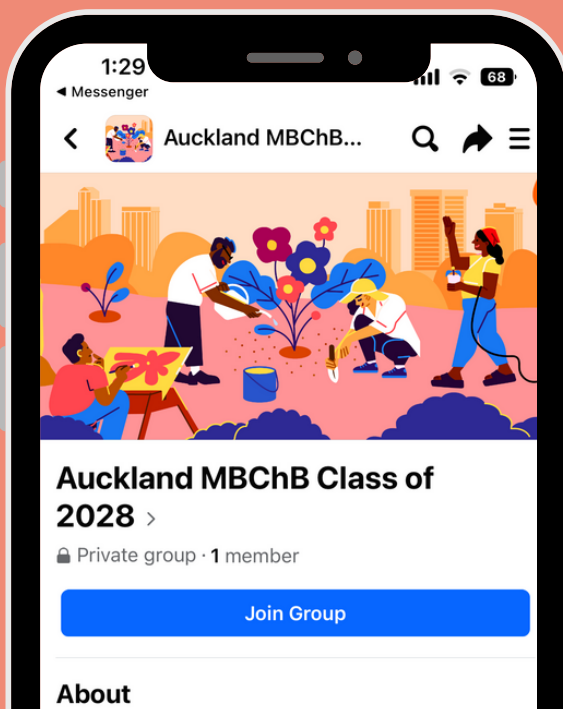
3

Email Samantha at [secretary@aumsa.org.nz](mailto:secretary@aumsa.org.nz) through your UoA email with your full name and AUID to confirm that you have paid

Split pay options are available as we understand some students may face financial burdens. Email Samantha ([secretary@aumsa.org.nz](mailto:secretary@aumsa.org.nz)) for details about available options.

## Join the Class of 2028 Facebook group!

<https://www.facebook.com/groups/mbchb2028/>



# AUMSA in February



Take a look at the Freshers 2024 document included in your acceptance email for more information!

Save the dates - you won't want to miss out!

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17 <b>Freshers</b>
18	19 <b>FIRST DAY OF YEAR 2</b>	20	21 <b>Quiz Night</b>	22 <b>Pub Crawl</b>	23 <b>Frat Party</b>	24
O-WEEK EVENTS						
25	26 <b>MED101</b>	27	28	29	1	2

Keep an eye out on the 'Class of '28' Facebook group closer to the date for more information!

**Round the Bays - Sunday 3 March**



# Interfaculty Sport

**Kia ora 2024 Freshers! We want to announce details for the Interfaculty Sports Tournaments for 2024 so you are prepared for the year ahead. This is an awesome opportunity to get out of the lecture hall and represent the FMHS Seabass in a variety of different sports and compete against all the other faculties at the university. Interfaculty sports consists of badminton, basketball, indoor cricket, futsal, hockey, Ki o Rahi, indoor netball, netball, touch rugby, ultimate frisbee, volleyball and esports. Sign up sheets and trials will be further announced at the beginning of the year so keep an eye out on the Class of 2028 Facebook page. Up the Seabass!!**

**Please fill in this link to express your interest:**

**<https://forms.gle/CvRgVvKMrgo7STKU9>**

**Tournaments vary in length. To give you an idea of the commitment involved:**  
Ki o Rahi, Indoor Netball, Indoor Cricket, Touch, Ultimate Frisbee, Badminton, Rugby, Hockey and the Great Waka Ama Race are one-day events  
Basketball is played over five weeks  
Netball and volleyball are played over four weeks  
Futsal is played over three weeks

## **Where will these sports be held?**

Basketball, Netball, Futsal and Volleyball – City Campus Recreation Centre  
Touch, Ultimate, Ki o Rahi and Rugby – Colin Maiden Park  
Indoor Netball and Indoor Cricket are hosted by Action Indoor on Dominion Road  
Badminton – Auckland Badminton on Gillies Avenue  
Hockey – Auckland Grammar School

Further information can be found from the uni website, including updated schedules for the different sports early on in 2024: <https://www.auckland.ac.nz/en/on-campus/facilities-and-services/sport-and-recreation/sport/interfaculty-sports-championship.html>

For any questions or concerns you may have please contact the AUMSA sports reps via Facebook or email (sports@aumsa.org.nz).

**Welcome to the team!**  
**Lily Fu and Peter Hartono,**  
**AUMSA Sports Reps 2024**



# Health-related student clubs

Search groups up on Instagram or Facebook to learn more, and keep an eye on the cohort Facebook page for notices about their events!



Anaesthesiology Interest Group



Pre-Vocational Obstetrics & Gynaecology Society



NZ Orthopaedic Education Group



Dermatology Interest Group



Women in Health Network



Young Auckland Chinese Medical Association



Oncology Interest Group



Student Psychiatry Interest Network



Campus Neuro Society



Students of Rural Health Aotearoa



Australasian Students' Surgical Association



Manaaki UoA



Auckland Medical Revue



Rainbow FMHS



Auckland University Surgical Society



Artificial Intelligence in Medicine



Paediatric Interest Group



Te Oranga Māori Medical Students' Association



Auckland Pasifika Health Initiative



Global Health Interest Group

# Join Grassroots!



## GRASSROOTS

RURAL HEALTH CLUB



### What is Grassroots?

We're a rural health club that promotes rural health careers and educates everyone about health disparities, rural lifestyle and so much more!



### What does Grassroots do?

We run a huge range of activities for EVERYONE and we're told they're some of the best, some of the highlights include:

- Rural Olympics - coming to you soon at freshers, we won't spoil the surprise...
- Noho maraes - get out of the city and experience what rural life has to offer. Stay on a marae, visit rural health providers, and make connections with students and professionals from all different health careers.
- Knees Up Stein - it's infamous and always sold out. An excuse to party like you're a bogan from Huntly.
- Conferences - learn about rural health and connect with people and clinicians from all over Aotearoa

... and plenty more!!!



### We want ewe!



Join a club like no udder

### How do you get amongst it?

Anyone can join and it's free to become a member! Sign up with the QR code!  
Give us a like on our Facebook page, or Instagram!  
And check out our website for more info!

