

Further resources

- [Parental Leave Guide](#)
- [Parenting and a Career](#) website
- [Combining Parenting and a Career Toolkit](#)
- Expecting and new parents mutual support group, for university parents and their partners [contact Nick Matzke](#)
- [Our policies, guidelines and resources](#)
Find out more about parenting, work-life balance and recognition, parental leave, childcare, breastfeeding and working and carparking
- [Employment NZ - Parental Leave](#)

University website: [Equity/Staff/Combining Parenting and a Career](#)



Pregnant, breastfeeding and talking to young children during COVID-19

- Pregnant
- [Ministry of Health/COVID-19/Pregnant and Recently Given Birth](#)
- Breastfeeding advice
- [Ministry of Health/COVID-19/Breastfeeding Advice](#)
- Talking to young children
- [Ministry of Health/COVID-19 Wellbeing and taking care of children](#)

Contacts

- Your [HR Manager or HR Advisor](#)
- [Cathie Walsh](#)
Staff Equity Manager
- [Jane Kostanich](#)
TEU Branch Organiser
- [Frederique Vanholsbeeck](#)
TEU Women's Representative - especially for academic staff
- [Lynda Pitcaithly](#)
Group Services Manager – especially for professional staff