

### Can you volunteer for an hour?

We have teamed up with New Zealand National Volunteer Week to launch Volunteer Impact Week. During this week, June 16-22, we will encourage and support people like you who want to make a positive difference in the world.

The project you volunteer for is entirely up to you. All you have to do is pledge to volunteer for an hour, fulfil your pledge, and spread the word!

Make a difference



### Migrant experience shapes art

Iranian-Kiwi writer, filmmaker and academic Ghazaleh Golbakhsh discusses life as a young immigrant in New Zealand and how this has shaped her creative and academic work.

Read Ghazaleh's story



# Little penguins have big news

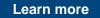
The pitter-patter of tiny feet and flippers is being heard throughout the Hauraki Gulf, after University alumni, staff and friends rallied together to buy nesting boxes for little blue penguins.

Find out more

# New tool could make aspirin safer



Auckland researchers have developed a new tool that could make aspirin a safer and better-targeted preventative for heart disease and stroke.





# What happens when you fall into a black hole?

In this podcast Richard Easther outlines the ways that Einstein changed our ideas about space and time and how this leads to deep ideas about the expanding universe and black holes.

Listen to podcast



## Do crows plan ahead just like humans playing chess?

New study shows crows have the ability to plan three behaviours ahead in a way that may be similar to humans planning moves in chess.

**Read more** 



### Take part in the ECOBABe Study

The ECOBABe Study (Early Colonisation with Bacteria After Birth) is investigating whether babies born by caesarean section can be protected from a greater risk of obesity, by being given bacteria from their mother's vagina soon after birth.

We are looking for women carrying twins who are having an elective caesarean section, as well as women having one baby who are planning a vaginal birth.

Can you help?

## What's on





#### Goldie Estate wine tasting event

Sample divine wines over lunch while listening to the latest wine research on March 31 at the glorious Goldie Estate.

#### **RSVP** here



#### **Curating Between Hope and Despair**

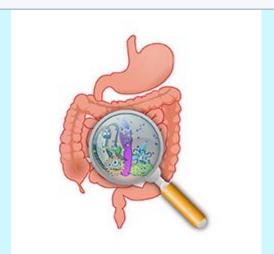
Barbara Kirshenblatt-Gimblett explores the creation of POLIN Museum and its multimedia narrative exhibition, A Journey of a Thousand Years.

Learn more

#### **The Carbon Challenge**

Join Oxford University's Professor Myles Allen for a public lecture examining human and natural influences on climate change.

#### **Register here**



#### Creating a gut-friendly environment

On March 16 join registered dietitian Vicki Martin Mackay in her upcoming course Irritable and Inflamed, Making Peace with your Bowel.

**RSVP** here

## In brief

#### Brain Awareness Day 2019

Experience brain science through interactive displays, public talks, brain games, and challenges on Brain Day, March 23.

#### Babysitting and survival of religion

A recently released collaborative study from researchers across New Zealand might have discovered a key to this religious resurgence. © 2019 Alumni Relations and Development