

MATES Junior Activity Resource Guide

Goal: **Academic skills**

Activity Type: Individual
Relationship Stage: Any

Activity Name:

"Reading Log"

Objective:

Encourage regular reading and provoke discussion of mentee reading

Preparation Time:

None

Activity Duration:

Ongoing, 10-15 minutes per session for discussion

Required Material:

- Reading log (see supplementary materials)

Instructions:

- Print off the blank reading log for your mentee
- The mentee keeps the reading log in their school bag, and records any reading they do during the week. This includes the name and author of the book, the number of pages read, their thoughts on what they read, and a record of difficult words found within the text.
- Each session, set some time aside to discuss the reading log of the previous week with your mentee. Ask them to expand on the thoughts they jotted down, and work through the definition and spelling of challenging or unknown words they came across.

Further Notes:

- Reading logs will not be appropriate for all mentees – it may feel like additional homework for them, which is not the purpose of the programme. However, if improved reading skills is a goal they are motivated to achieve, the reading log may encourage them to read regularly and to reflect on their reading.