

MATES Junior Activity Resource Guide

Goal: **Communication Skills**

Activity Type: Group (6+)
Relationship Stage: Any

Activity Name:

“Pass the Story”

Objective:

To practice telling short, impromptu stories in a fun, active way

Preparation Time:

None

Activity Duration:

20-40 minutes, depending on the number of players

Required Material:

- Ball

Instructions:

- Players all stand in a circle. The first person holds the ball and introduces themselves by saying their name and a word that starts with the first letter of their name (e.g., “my name is Mikayla and the word is moon”).
- The first person then throws the ball to another person in the group. That person then tells a short story about that word. The story can be made up or a true story about themselves, just as long as it lasts about 30 seconds.
- After telling the story, the player says their name and a new word beginning with the first letter of their name and passes the ball to someone else to tell a story about that word.
- Repeat until all players have had a turn.

Further Notes:

- This can also be a useful icebreaker at the start of the year.
- In smaller groups (less than 6 players), you can try going through 2 or 3 times using middle names or surnames.