

MATES Junior Activity Resource Guide

Goal: **Relationship Building**

Activity Type: Individual
Relationship Stage: Early

Activity Name:

"Introduction Collage"

Objective:

To share information about each other in a visual, creative way

Preparation Time:

None

Activity Duration:

45 mins-1 hour minutes for creating and discussing

Required Material:

- A3 paper
- Pens/pencils/markers in many colours
- Magazines
- Scissors and glue

Instructions:

- Mentor and mentee each get a sheet of A3 paper. Fold the A3 paper in half, as if it is two A4 sheets of paper.
- Open the sheet of paper and on one half draw a large heart or star (or another shape) to fill up most of that half.
- On the same side, find some space outside the shape and write the following statements:
 - 1 – Goal, 2 – I'm good at, 3 – Describe me, 4 – Important to me
- Inside the shape, write one or two things about yourself for each of the four statements above using a different colour for each statement.
- On the other half of the A3 sheet, make a collage of pictures from the magazines. The pictures can be of:
 - Things you like (or would like to have)
 - People you think are cool or admire
 - Things that you think represent something important about you (e.g., a cat if you are a cat person or have a pet cat)
 - The pictures can be of ANYTHING as long as you can talk about why you chose it. Maybe you just like the colour of a picture!
- When you have both finished, take turns to discuss different parts of the A3 sheet. Have you chosen similar things? Different things? Surprising things?

Further Notes:

- If you have a shy or artistic mentee, this may be a more comfortable way for them to share with you.
- Think about the prior information you are given about them and bring a magazine catered to their interests (e.g., a sports or music magazine)