

MATES Junior Activity Resource Guide

Goal: **Relationship Building**

Activity Type: Individual
Relationship Stage: Early

Activity Name:

"Introduction Cards"

Objective:

To get to know each other using fun questions as prompts

Preparation Time:

10-20 minutes to write question cards

Activity Duration:

30-40 minutes

Required Material:

- Question cards

Instructions:

- Using blank cards approximately the size of a playing card, write a question designed to elicit personal, 'getting to know you' information from the mentee. Questions may include:
 - What is your favourite kind of music?
 - What is a fun memory from the summer?
 - If you could be any animal, what would you be?
 - If you could eat any food for dinner tonight, what would it be?
 - What is your favourite piece of clothing?
 - What is your favourite thing about your culture?
- Have approximately 20 questions written on cards.
- The questions should be friendly and not too intrusive. It's OK to NOT ask questions about school.
- Find a nice spot to sit alone with your mentee, and take turns pulling cards from the deck and answering the question on the card.

Further Notes:

- The questions are a guide for conversation. If your mentee shares something interesting, or something they are obviously excited about, try probing more into that topic by asking additional questions about it.
- After a few turns, ask your mentee if they have an answer to a question you answered. This is an opportunity to share, so allowing them to respond to your question/answer is important. Likewise, if you have a story which is related to something they have talked about, feel free to share it.