

MATES Junior Activity Resource Guide

Goal: Relationship Building

Activity Type: Individual
Relationship Stage: Early

Activity Name:

"Illustrate Me!"

Objective:

To do introductions using illustrations of things important to you

Preparation Time:

5 minutes

Activity Duration:

30 minutes for creating and discussing

Required Material:

- Paper
- Scissors
- Markers/coloured pencils/crayons/paints

Instructions:

- Cut paper into squares of a generous size (4 squares max from an A4 sheet). Have enough squares for 6-8 per person.
- Independently, each person draws something which represents them in each square. Things which may be drawn include: favourite food, a pet or favourite animal, hobby or sport they enjoy, future job, or even an emotion/personal trait. It can be ANYTHING! Allow for a reasonable amount of time to do these, and encourage your mentee to do as much detail/colouring as they wish.
- When you have both finished your pictures, exchange squares and take turns discussing what you drew and why these things represent you.

Further Notes:

- Take note of what your mentee draws and why they chose those representations. This may provide useful information which can be included into future sessions.