

MATES Junior Activity Resource Guide

Goal: Relationship Building

Activity Type: Individual
Relationship Stage: Early

Activity Name:

"Same/Diff"

Objective:

Identify things you have in common with your mentee

Preparation Time:

10 minutes to make cards

Activity Duration:

20-30 minutes

Required Material:

- Same/Diff cards
- Category cards

Instructions:

- Make a deck of cards (approx.. 20) half of which say 'Same' and the other half 'Diff'/'Different'
- Make another deck of cards with one category on each card of things people like (categories may include: food, music, tv shows, school subjects, movies, sports, animals, and so on – be creative!)
- Shuffle both decks of cards and place face-down in separate piles.
- Turn one card from each deck over at a time, then name three things that fit that category, i.e., if you draw Same and School Subjects, you and your mentee name three school subjects you both enjoy; or, if you draw Diff and Sports, you have to name three sports you disagree on

Further Notes:

- Remember to make note of any interests you think may be integrated into future activities and sessions.
- If your mentee has a particular interest you already know about (e.g., is very engaged in rugby or music) try making the categories a little more specific (e.g., favourite current All Blacks/wingers/Auckland Blues players, or favourite artist/band/NZ musician/rapper)