

MATES Junior Activity Resource Guide

Goal: Relationship Building

Activity Type: Individual
Relationship Stage: Early

Activity Name:

"Spider Web"

Objective:

For mentees to share information about themselves in a fun way

Preparation Time:

10 minutes to make flashcards

Activity Duration:

45 minutes – 1 hour

Required Material:

- Coloured flashcards
- A3 sheet of paper
- Markers, coloured pencils, paints

Instructions:

- Before your mentoring session, make flashcards with broad topics on them (such as food, family, friends, school, sports, music, careers, goals, movies, etc.). Draw a large spider in the middle of the A3 paper, with the mentees name inside the spider so it represents them. Then, draw a web surrounding the spider and filling the rest of the paper (if you have an artistic mentee, they may like to do this part themselves).
- Tell your mentee that they are the spider and the web is their world. The point of this exercise is to flesh out their world with details about themselves.
- Go through the flashcards and discuss some of the things they may like to add to the web. For example, for the 'food' flashcard, what is their favourite food? What do they like to cook? What did they have for lunch/dinner/breakfast?
- When the mentee adds items to the web, the closer the topic is to the spider, the more important it is the mentee (and therefore items further away are less important)
- The mentor should also share things about themselves as it pertains to their mentees views – do they like the same things or different things?

Further Notes:

- Flashcards are only a guide - encourage the mentee to add topics which you have not included.
- If your mentee is shy, start with less personal flashcards (e.g., food) before progressing to more intimate topics (e.g., family or personal goals)