

MATES Junior Activity Resource Guide

Goal: Relationship Building

Activity Type: Individual or group
Relationship Stage: Early

Activity Name:

"What We Have In Common"

Objective:

To get to know one another by establishing shared interests

Preparation Time:

10-15 minutes to make up the picture sheet

Activity Duration:

30-45 minutes, depending on number of people

Required Material:

- Picture sheet
- Pens/pencils/markers

Instructions:

- Before the mentoring session, you need to create a picture sheet. The picture sheet is a piece of paper with six headings (I like to play; My favourite thing to do is; I live with me; I love to eat; My favourite subject is; When I grow up I want to be), each with five or six images under the heading representing possible options for players to choose. For example, under "I like to play" you may have a picture of a rugby ball, a cricket bat, a tennis racket, a soccer ball, a hockey stick, etc.
- Each player gets a picture sheet and circles the things they like on the sheet.
- Players can then swap sheets with other people to see what things they have in common.

Further Notes:

- If multiple people are playing this game, try giving each person a different colour marker/pen and see how many colours (i.e., people with things in common) players can get.
- If you have a multiple people playing, try structuring it so people break into pairs and get 3-5 minutes with each person in the group, identifying similarities and talking with one another about them (e.g., if they both like to play video games, which games are their favourite? Do they like Xbox or PlayStation best?)