

## WELLBEING PUBLICATIONS (INCLUDING DEPRESSION): FIONA MOIR

### BOOKS

#### BOOK

Krägeloh, C. U., Henning, M. A., Medvedev, O. N., Feng, X. J., Moir, F., Billington, R., & Siegert, R. J. (In press). *Mindfulness-Based Intervention Research Characteristics, Approaches, and Developments*, (1st ed.). Singapore: Routledge.

#### EDITED BOOK

Henning, M. A., Krageloh, C. U., Dryer, R., Moir, F., Billington, D. R., & Hill, A. G. (2018). Introduction: Developing Meaning and Purpose. In M. A. Henning, C. U. Krageloh, R. Dryer, F. Moir, D. R. Billington, & A. G. Hill (Eds.), *Wellbeing in higher education: Cultivating a healthy lifestyle among faculty and students* (pp. 1-4). London, United Kingdom: Taylor & Francis Ltd..

### BOOK CHAPTERS :

Henning, M. A., Krageloh, C. U., Dryer, R., Moir, F., Billington, D. R., & Hill, A. G. (2018). Introduction: Developing Meaning and Purpose. In M. A. Henning, C. U. Krageloh, R. Dryer, F. Moir, D. R. Billington, & A. G. Hill (Eds.), *Wellbeing in higher education: Cultivating a healthy lifestyle among faculty and students* (pp. 1-4). London, United Kingdom: Taylor & Francis Ltd..

Henning, M. A., Krageloh, C. U., Dryer, R., Moir, F., Hill, A. G., & Billington, D. R. (2018). Conclusion: Synthesising wellbeing issues and higher education. In M. A. Henning, C. U. Krageloh, R. Dryer, F. Moir, D. R. Billington, & A. G. Hill (Eds.), *Wellbeing in Higher Education: Cultivating a Healthy Lifestyle Among Faculty and Students* (pp. 204-214). London, United Kingdom: Taylor & Francis Ltd..

Moir, F., Lyndon, M., Henning, M., Wang, G., Yields, J., & Hill, A. (2015). Preventing burnout in undergraduate and postgraduate students studying medicine. In T. N. Winston (Ed.), *Handbook on burnout and sleep deprivation: Risk factors, management strategies and impact on performance and behavior* (pp. 219-232). New York, NY, USA: Nova Science Publishers, Inc. Retrieved from [https://www.novapublishers.com/catalog/product\\_info.php?products\\_id=53180](https://www.novapublishers.com/catalog/product_info.php?products_id=53180)

Yields, J., & Moir, F. M. (2015). Health and wellbeing curriculum. In C. Gunn, T. Cairns, & L. Ramsay (Eds.), *Reflections on rethinking the classroom: Interactive teaching and learning - He kohinga whakaaro mō te ako. A collection of teaching cases from the 2014 CLear Fellows and colleagues* (pp. 68-72). Auckland, New Zealand: Centre for Learning and Research in Higher Education (CLear), The University of Auckland.

Moir, F., & Fernando, A. (2015). The computer assisted learning for the mind (CALM) website: Teaching skills to increase resilience. In M. A. Henning, C. U. Krägeloh, & G. Wong-Toi (Eds.), *Student motivation and quality of life in higher education* (pp. 149-157). Abingdon, Oxon, UK: Routledge. doi:[10.4324/9781315814070](https://doi.org/10.4324/9781315814070)

Henning, M. A., Krageloh, C. U., Moir, F., Hawken, S. J., Lyndon, M. P., & Hill, A. G. (2013). The quality of life of medical students and clinicians. In A. P. Giardino, & E. R. Giardino (Eds.), *Medical education: Global perspectives, challenges and future directions* (pp. 231-250). New York: Nova Science Publishers. Retrieved from [https://www.novapublishers.com/catalog/product\\_info.php?products\\_id=41078](https://www.novapublishers.com/catalog/product_info.php?products_id=41078)

## PEER REVIEWED JOURNAL ARTICLES:

**Moir, F.**, Yielder, J., Dixon, H., & Hawken, S. (2018). SAFE-DRS: Health and wellbeing in the curriculum in the Auckland Medical Programme. *International Journal of Innovation, Creativity and Change*, 4(3), 49-64.

Arroll, B., Chin, W. Y., **Moir, F.**, & Dowrick, C. (2018). An evidence-based first consultation for depression: nine key messages.. *The British journal of general practice: the journal of the Royal College of General Practitioners*, 68(669), 200-201.  
doi:[10.3399/bjgp18x695681](https://doi.org/10.3399/bjgp18x695681)

Henning, M. A., Park, T. J., **Moir, F.**, Krageloh, C., Mysko, C., Hobson, J., & Webster, C. S. (2018). Integrating mindfulness and physical exercises for medical students: A systematic review. *OBM Integrative and Complementary Medicine*, 3(4).  
doi:[10.21926/obm.icm.1804027](https://doi.org/10.21926/obm.icm.1804027)

**Moir, F.**, Yielder, J., Sanson, J., & Chen, Y. (2018). Depression in medical students: current insights.. *Advances in medical education and practice*, 9, 323-333.  
doi:[10.2147/AMEP.S137384](https://doi.org/10.2147/AMEP.S137384)

Henning, M. A., Zhou, C., Adams, P., **Moir, F.**, Hobson, J., Hallett, C., & Webster, C. S. (2017). Workplace harassment among staff in higher education: A systematic review. *Asia Pacific Education Review*, 18(4), 521-539. doi:[10.1007/s12564-017-9499-0](https://doi.org/10.1007/s12564-017-9499-0)

Arroll, B., **Moir, F.**, & Kendrick, T. (2017). Effective management of depression in primary care: A review of the literature. *BJGP Open*, 16(32), 7 pages.  
doi:[10.3399/bjgpopen17X101025](https://doi.org/10.3399/bjgpopen17X101025)

Webster, C. S., Luo, A. Y., Krägeloh, C., **Moir, F.**, & Henning, M. (2016). A systematic review of the health benefits of Tai Chi for students in higher education. *Preventive Medicine Reports*, 3, 103-112. doi:[10.1016/j.pmedr.2015.12.006](https://doi.org/10.1016/j.pmedr.2015.12.006)

Yielder, J., & **Moir, F.** (2016). Assessing the development of medical students' personal and professional skills by portfolio. *Journal of Medical Education and Curricular Development*, 3, 9-15. doi:[10.4137/JMECD.S30110](https://doi.org/10.4137/JMECD.S30110)

**Moir, F.**, Henning, M., Hasted, C., Moyes, S. A., & Elley, C. R. (2016). A peer-support and mindfulness program to improve the mental health of medical students. *Teaching and Learning in Medicine*, 28(3), 293-302. doi:[10.1080/10401334.2016.1153475](https://doi.org/10.1080/10401334.2016.1153475)

**Moir, F.**, Fernando, A. T., Kumar, S., Henning, M., Moyes, S. A., & Elley, C. R. (2015). Computer assisted learning for the mind (CALM): The mental health of medical students and their use of a self-help website. *New Zealand Medical Journal*, 128(1441), 51-58. Retrieved from <https://www.nzma.org.nz/journal/read-the-journal/all-issues/2010-2019/2015/vol-128-no-1411-27-mar-2015/6480>

Hawken, S. J., Huggard, P., Alley, P., Clark, A., & **Moir, F.** (2012). Consensus statement from the Health of the Health Professional Conference, November 2011. *N Z Med J*, 125(1353), 165-169. Retrieved from <https://www.ncbi.nlm.nih.gov/pubmed/22522281>

Henning, M. A., Krageloh, K., **Moir, F. M.**, Doherty, I., & Hawken, S. (2012). Re-print: Quality of Life: international and domestic students studying medicine in New Zealand. *New Zealand Medical Student Journal*, (15), 19-20.

Henning, M. A., Krageloh, C. U., **Moir, F.**, Doherty, I., & Hawken, S. J. (2012). Quality of life: International and domestic students studying medicine in New Zealand. *Perspectives on Medical Education*, 1(3), 129-142. doi:[10.1007/s40037-012-0019-y](https://doi.org/10.1007/s40037-012-0019-y)

Sisley, R., Henning, M. A., Hawken, S. J., & **Moir, F.** (2010). A Conceptual model of workplace stress: The issue of accumulation and recovery and the health professional. *New Zealand Journal of Employment Relations*, 35(2), 209-236

Arroll, B., & **Moir, F.** (2010). Time for a rethink of treatment for patients with depression in primary care.. *The British journal of general practice : the journal of the Royal College of General Practitioners*, 60(578), 641-642. doi:[10.3399/bjgp10X515331](https://doi.org/10.3399/bjgp10X515331)

O'Brien, A. J., **Moir, F. M.**, & Thom, K. A. (2009). The provision of mental health care by primary health organisations in the northern region: Barriers and enablers.. *Journal of Primary Health Care*, 1(2), 120-127.

**Moir, F.** (2008). What could we have done for her now?. *BMJ*, 337(oct15 1), a2106. doi:[10.1136/bmj.a2106](https://doi.org/10.1136/bmj.a2106)

#### **INVITED PUBLICATIONS**

Moir, F. M. (2017). Health matters - Not Fade Away. *Safeguard OSH Solutions*, (161).