



## IFC Volleyball Rules

*Normal FIVB rules of volleyball apply in addition to and/or including the following:*

1. Teams consist of six players on the court with a maximum of 12 players used per game.
2. Teams must have a minimum of four and a maximum of six players on the court.
3. Teams are mixed and can have a maximum of three players from each gender on the court at a time.
4. Substitutions can only be made between points at the instruction of the referee.
5. Games are best of three sets.
  - a. The first two sets will be played up to 25 points.
  - b. A third set will only be played if required and is to 15 points.
  - c. A team must be ahead by two points to win the set (e.g. 25-27). A set shall continue until a team is ahead by two points.
6. Teams will swap ends at the completion of each set.
7. Appropriate footwear must be worn at all times.
8. All players must wear black shorts. IFC multisport shirts will be provided and must be returned.
9. In the case of a default, the non-offending team will be recorded as winning in two sets, each with a score line of 25-0.

*Standard IFC rules are as follows:*

- Competition points: Win = 3 points, Draw = 1 point, Loss = 0 points.
- No watches, earrings, rings or other jewellery are allowed to be worn during play.
- No person may take part in any match if they reveal any evidence of bleeding. If any person within the field of play shows any evidence of bleeding or exposure of an open wound that is likely to bleed or otherwise discharge body fluid they must leave the field of play without delay.



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