



## IFT Rugby Rules 2016

1. Normal playing rules apply for IFT Netball 2015
2. Teams consist of 10 on the field and may register as many players as they wish
3. All players must be registered with Auckland Rugby and signed the participation agreement before taking field. These are to be handed back to Sport Manager. All players who have not registered with Auckland Rugby, do so at their own risk and will not be covered in the incident of a serious injury.
4. Games are 2 x 10 minute quarters with 2 minutes halftime break
5. Scrum are uncontested – no competing for the ball. The No. 8 is entitled to pick up the ball in the scum when it is at his feet.
6. Points: Win = 4 points, Draw = 2 points, Loss = 0 points
7. After the end of pool play if there are even points positions will be decision by points differentiation – total points scored minus total points scored against
8. Rolling substitutions can be made at any time
9. No women may play in the men's competition due to safety reasons and fairness in competition. As the IFT rugby tournament is affiliated with Auckland Rugby Union, we are obligated to follow their health and safety guidelines.
10. Injury time is at the Referee's discretion
11. In the event of a draw in semi's or finals, teams will play 5 minutes each way of extra time, golden point. If the game is still drawn then the winner shall be the team that scored the most tries. If both teams scored the same number of tries, the winner shall be the team that scored the first try. If no tries were scored in the game then the winner shall be the team that scored the first points
12. Disciplinary: 1 x yellow card - receive 10 minutes at the game, 2 x yellow cards - receive 10 minutes at game and contact by ARU with a warning about 3<sup>rd</sup> yellow resulting in judicial hearings
13. Any player ordered from the field of play by a referee receives an automatic suspension unless The Player or Players' Club requests a hearing or the Union Judicial Convenor or Union Complaints Review Officer requests a hearing
14. ARU Disciplinary hearings are held on Tuesday nights at 5.30pm unless advised by the Union Judicial Convenor to the contrary. The venue will be advised from time to time. Please consult with your ARU Delegate as to the venue